## "Caring For The Arthritic Patient In The Home"

**August 8, 2007** 

2:00 p.m. - 4:00 p.m. Central Time

## **FACULTY**

## Sandi Falkenhagen

VP/Health Promotion Alabama Chapter Arthritis Foundation

## **OBJECTIVES**

**Learning Objectives:** At the conclusion of this period of instruction, the participants will be able to:

- ♦ Identify the warning signs associated with an acute exacerbation of arthritis.
- State the three common forms of arthritis.
- ♦ Describe three forms of self-management for the arthritic patient.
- Explain the type of exercises arthritic patients can perform to help maintain mobility.
- ♦ Identify three different barriers to ADLs for arthritic patients.