# Regulation of Fresh Produce with a Case Study

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#### **Caveats**

- The data only represent those outbreaks and illnesses associated with FDA-regulated foods.
- The data do not contain information on outbreaks/illnesses where the point of contamination is the retail food setting or home.
- The data do not include illnesses transmitted from person-to-person.
- Illness data represent only the number of illnesses reported to CDC, FDA, and state/local health departments in association with an outbreak. The data do not include illnesses that may have occurred but were not reported.
- Information on outbreaks/filnesses reported prior to 2004 has been compiled from paper records; information on outbreaks/filnesses since 2004 has been entered into the CFSAN Outbreak Surveillance Database.
- The data do not include sporadic Vibrio infections.
- The outbreaks tracked by FDA are a subset of all the outbreaks tracked by CDC. Due to lags in reporting of illnesses, some differences in numerical tallies may exist between FDA and CDC data.

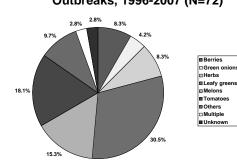
#### Outbreaks in FDA Regulated Foods 1996 - 2007

Year	Outbreaks	Illnesses
1996	69	3,379
1997	49	3,609
1998	41	2,096
1999	56	1,939
2000	45	1,806
2001	44	1,830
2002	34	1,653
2003	40	2,305
2004	34	1,691
2005	24	1,503
2006	18	1617
2007	24	335
Total	478	23,763

#### Vehicle Categories 1996 - 2007

CATEGORY	OUTBREAKS	ILLNESSES
Eggs	207	6,609
Processed Foods	57	3,947
Produce	72	8,791
Sprouts	27	1,633
Seafood	115	2,783

# Types Of Produce Associated With Outbreaks, 1996-2007 (N=72)



# 5 commodity groups make up >75 percent of produce related outbreaks

1998-2007 Produce Outbreaks

 Commodity
 % produce outbreaks

 Lettuce/leafy greens
 31%

 Tomatoes
 18%

 Cantaloupe
 13%

 Herbs (basil, parsley)
 8%

 Berries
 \_

 Total % of 5 top commodities
 78%

#### 1998-2007 Fresh Cut Produce Outbreaks

<ul> <li>Romaine lettuce</li> </ul>		2
• Lettuce		6
<ul> <li>Mixed lettuce</li> </ul>		1
<ul> <li>Spinach</li> </ul>	2	
<ul> <li>Roma Tomatoes</li> </ul>		2
<ul> <li>Tomatoes</li> </ul>		3
<ul> <li>Mixed melons</li> </ul>		2

Total = 18 outbreaks

#### History of Leafy Greens Outbreaks

• 1995	3 - <i>E. coli</i> O157:H7	105 cases	
• 1996	2 - E. coli O157:H7	68 cases	
• 1997	1 - Cyclospora	12 cases	
• 1998	2 - E. coli O157:H7	6 cases	
• 1999 cases	6 - <i>E. coli</i> O157:H7	127	
• 2002	2 - E. coli O157:H7	53 cases	
• 2003	3 - <i>E. coli</i> O157:H7	48 cases	
• 2004	2 – Cyclospora	95 cases	
	1 - Salmonella	79 cases	
	1 - <i>E. coli</i> O157	7:H7	
	6 cases		
• 2005	1 - <i>E. coli</i> O157:H7	32 cases	
• 2006	3 - E. coli O157:H7	356 cases	
• 2007	0 outbreaks	0 cases	

#### History of Tomato Outbreaks

•	1998	S. Baildon	86 cases
•	2000	S. Thompson	29 cases
•	2002	S. Newport	512 cases
		S. Newport	12 cases
		S. Javiana	90 cases
•	2004	S. Javiana	471 cases
		S. Braenderup	123 cases
•	2005	S. Newport	71 cases
		S. Braenderup	76 cases
		S. Enteritidis	77 cases
•	2006	S. Typhimurium	186 cases
		S.Newport	107 cases
•	2007	S. Newport	57 cases

#### Produce Outbreak Reservoirs 1996 - 2007

1550 2007		
<u>Zoonotic</u>	<u>Human</u>	
21 E. coli O157:H7	16 Cyclospora	
29 Salmonella sp.	3 Hepatitis A	
	2 Shigella	
Source	-	
27 Domestic	1 Domestic	
7 Foreign	12 Foreign	
15 Unknown	8 Unknown	
49 Total	21 Total	

### 206 Cases of E. Coli O157:H7 Infection Were Detected in 26 U.S. States and Canada



Outbreak 2: Nov – Dec 2006 Cases in 5 states + Canada Suspect cases in 3 additional states

Outbreak setting: Restaurant (Taco Bell)
First illness onset date: Nov. 20, 2006
Last illness onset date: Dec. 8, 2006

No. ill\*: 71
No. hospitalized\*: 53
No. HUS\*: 7
No. deaths\*: 7
Vehicle: Shredded Lettuce
Agent: *E. coli* O157:H7

\* All data are preliminary.

#### Outbreak 3: Nov – Dec 2006 Cases in 3 states – MN, IA, WI

Outbreak setting: Restaurant (Taco John)
First illness onset date: Nov. 27, 2006
Last illness onset date: Dec. 10, 2006

 No. ill\*:
 81

 No. hospitalized\*:
 26

 No. HUS\*:
 3

 No. deaths\*:
 0

 Vehicle:
 Shredded Lettuce

 Agent:
 E. coli O157:H7

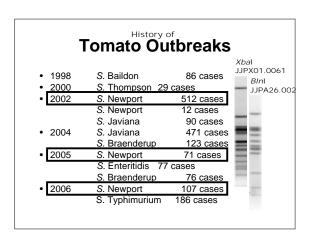
\* All data are preliminary.

#### Findings for Spinach and TJ

- Not just Salinas Valley
- The implicated ranch and several suspect ranches were not following GAPs
- Pollution sources were found on ranches or adjacent to ranches
  - Animals, Water
- TJ positives on one ranch
- Post-harvest processing doesn't remove contamination

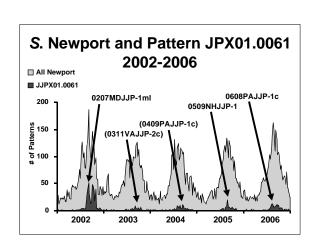
#### E. Coli O157:H7 and Leafy Greens

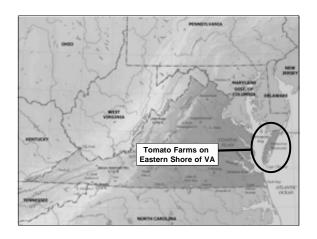
- 22 leafy green associated E. coli O157:H7 outbreaks in the last 12 years.
  - Of the 12 that have been traced, all 12 indicate a California source of the leafy greens.
  - Most, but not all, have traced to fields in the Salinas Valley.



#### Lab Results Summary

- Packinghouse
  - All negative for Salmonella
- Tomatoes
  - All negative for Salmonella
- Matching PFGEs Salmonella Newport
  - 2002 Cantaloupe Sample
  - 2002 Patients / Cases
  - 2002 Salad from PA
  - 2003 Pond Sediment Farm A
  - 2005 Patients / Cases
  - 2005 Pond Sediment Farm B
  - 2006 Patients / Cases
  - 2007 Patients/Cases

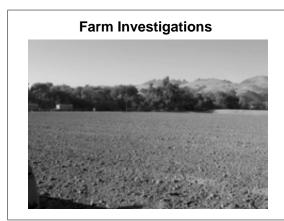




### Characteristics of Produce Outbreak Investigations

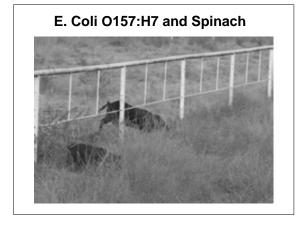
- Widely dispersed, individual patient-cases in many states
- Low attack rates
- Epidemiology is tedious
- Intermittent, low level contamination
- Tracebacks are difficult due to complexity of the supply chain
- Implicated produce is rarely still available
- S. Newport outbreaks extend over several months

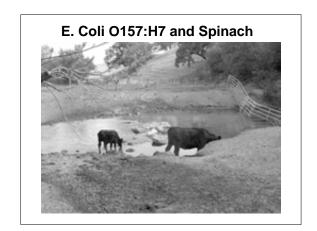




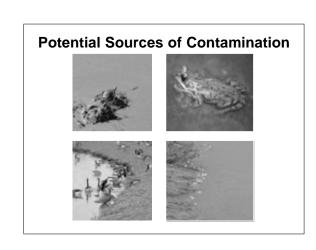


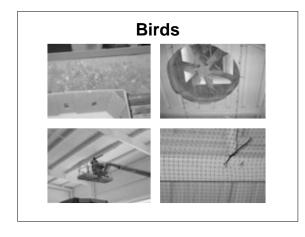
#### **Animals**





**FARM INVESTIGATIONS** 



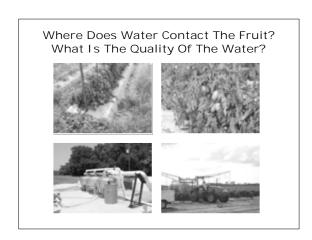


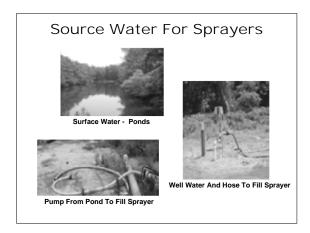


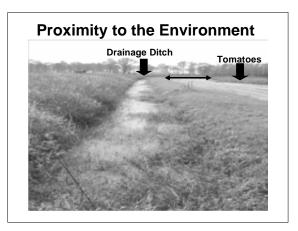


#### Water

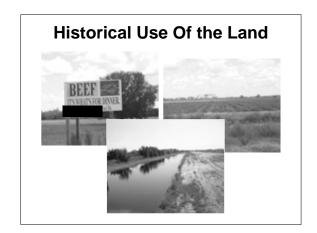












Workers



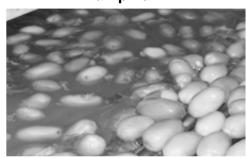


**Packing House** 

Fluming into the Dump Tank



Heavy Organic Load in the Dump Tank



## Outbreak Investigation Findings

- Animals/Environment
- Water
- Workers
- Processing
- Equipment

Good Agricultural Practices

- Good Manufacturing

Practices

(GAPs/GMPs)

#### **History**

- 1970s -1990s CDC reports increased FBIO associated with fresh produce
- 1998 Guide to Minimize <u>Microbial</u> Food Safety Hazards for Fresh Fruits and Vegetables (GAPs/GMPs Guide)
- 2004 Produce Safety Action Plan (PSAP)
- 2004 Implementing PSAP
- 2007 Produce Safety Hearings
- 2007 Food Protection Plan

#### Fresh Produce - Concerns

- Grown in a non-sterile environment
- Opportunities for contamination
- Likely to be consumed raw
- Presence of Pathogens is NOT the natural state of fresh produce
- practices can minimize risk



#### The GAPs/GMPs Guide

Broadscope - practices common to the growing and packing of most fresh produce consumed in the U.S.

Risk – may result from interaction of several factors

**Risk Reduction - not elimination** 

Guidance - not a regulation

#### **GAPs/GMPs Guide**

**Table of Contents** 

- Water
- Manure and Municipal Biosolids
- · Worker Health and Hygiene
- Sanitary Facilities
- Field/Packing Facility Sanitation
- Transportation
- Traceback

#### **Produce Safety Actions**

- Communicating Concerns
- Working Collaboratively
- Produce Safety Action Plan
- Commodity Specific Supply Chain Guidance
- Leafy Greens Safety Initiative
- Tomato Safety Initiative
- Farm Investigations
- Produce Surveys
- Consumer Education
- Research

#### **Summary**

- Produce outbreaks are a major food safety issue
- Fresh cut produce is a significant component
- Animals/Environment and Water play an important role
- Research is needed to explain the mechanisms of contamination

