MEASLES

WHAT IS MEASLES?

- Measles is a highly contagious viral illness that spreads through droplets in the air or direct contact with nasal or throat mucus from the infected person.
- Complications may include pneumonia, hearing loss, or even death.

HOW TO PROTECT YOURSELF

- Vaccination with 2 doses of the measles, mumps, and rubella (MMR) vaccine is the best prevention.
- Children can get their first dose at 12 months old.
- If you have not been vaccinated, it is not too late to get vaccinated as an adult.

SYMPTOMS

- Runny Nose
- High Fever (> 101 °F)
- Red or Watery Eyes
- Coughing

- Tiny white spots inside the mouth
- Rash that may spread from the face to the neck, chest, arms, legs, and feet

If you have symptoms, please call your doctor or primary care provider.

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