

Interim Heartsaver Testing Checklist Adult/Child CPR and Infant CPR

Released: November 2010

Student Name: _____ Date of Test: _____

Skill Step	Critical Performance Steps	If you teach AED, do not do this test; go to AED test on other side	
		Adult/Child CPR <input checked="" type="checkbox"/> if done correctly	Infant CPR <input checked="" type="checkbox"/> if done correctly
1	Checks for response		
2	Tells someone to phone emergency response number (or 911) and get an AED		
3	Checks for no breathing or no normal breathing		
4	Bares victim's chest and locates correct hand (infant: finger) position		
5	Delivers first cycle of compressions at correct rate <i>Acceptable <18 seconds for 30 compressions</i>		
6	Opens the airway and gives 2 breaths (1 second each)		
7	Delivers second cycle of compressions at correct hand position <i>Acceptable >23 of 30 compressions</i>		
8	Gives 2 breaths (1 second each)		
<i>The next step is done only with a manikin with a feedback device, such as a clicker or a light. If no feedback device, STOP THE TEST.</i>			
9	Delivers third cycle of compressions of adequate depth with full chest recoil <i>Acceptable >23 of 30 compressions</i>		
		STOP THE TEST	STOP THE TEST

RECORD ALL TEST RESULTS HERE. SIGN WHERE INDICATED.		Test only one of these				This test is only if you teach infant CPR	
Test Summary	PASS = Above steps are all checked (done correctly) NR = Needs remediation Indicate PASS or NR:	CPR + AED		A/C CPR		INF CPR	
		PASS	NR	PASS	NR	PASS	NR
Instructor signature affirms that skills tests were done according to AHA guidelines. <i>Save this sheet with course record.</i>		Instructor Signature: _____					
		Print Inst. Name: _____				Date: _____	