

Diabetes Resources

Call: 1-800-DIABETES

(342-2383)

Online: www.diabetes.org

Diabetes Print Resources

Call: 1-800-438-5383

Online: www.ndep.nih.gov

Smoking Cessation Assistance

Call: 1-800-QUITNOW

(784-8669)

Online: www.alabamaquitnow.com