

RECOGNIZING RISK FACTORS

FOR FALLING:

Fall Prevention Session One

Satellite Conference and Live Webcast

Wednesday, July 13, 2011, 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) 1:00-3:00 p.m. (Mountain) 12:00-2:00 p.m. (Pacific)

Faculty:

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Program Objectives:

1. Explain the overall goals of fall prevention.
2. Explain how falls can be prevented by managing personal risk factors and safety issues in the client's environment.
3. Describe concrete ways that elders and their families can address common risk factors.
4. Describe how the Home Health Aide/Attendant can assist the client to reduce their risk of falling.
5. Describe the communication skills to explore the fear of falling with an elder.

Conference Details:

Target Audience: Home health aides, home attendants, physical therapists, and other professionals and family workers who administer and care for patients in the home setting.

Continuing Education: None for this program.

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

Every year, thousands of people are injured while falling. These falls, particularly in adults aged 65 and older, can lead to severe injuries such as hip fractures, head trauma, and even death. The good news though, is falls like these are preventable, and a little bit of planning, especially in the home setting, can go a long way in providing a safe environment for your client. Program faculty will discuss ways to address and reduce risk factors as well as provide tips on communicating with your patient on their fears of falling.

