Use Plain, Non-Medical "living room" Language

Medical Term	Translation into Plain Language
Analgesic	Will help control your pain
Anti-inflammatory	Will decrease swelling and irritation
Benign	Not cancer
Carcinoma	Heart problem
Cardiac problem	Skin infection
Cellulitis	Skin infection that swells and may drain
Contraception	Birth control
Enlarge	Get bigger
Heart failure	Heart is not pumping hard enough