

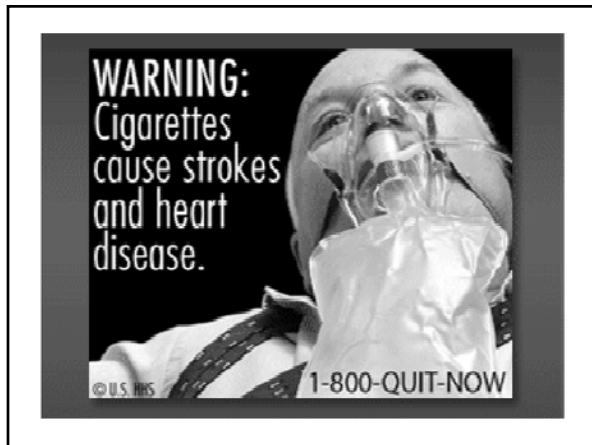
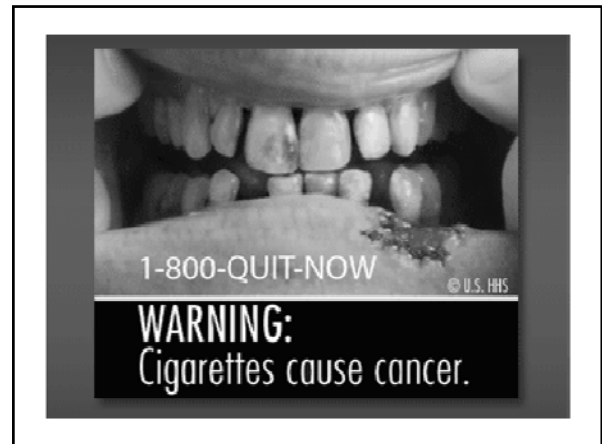
**Clinical Care Guidelines for
Caring for Patients with
Diabetes and
Cardiovascular Disease in
the Ambulatory Setting**
Satellite Conference and Live Webcast
Wednesday, November 9, 2011
2:00 – 4:00 p.m. Central Time

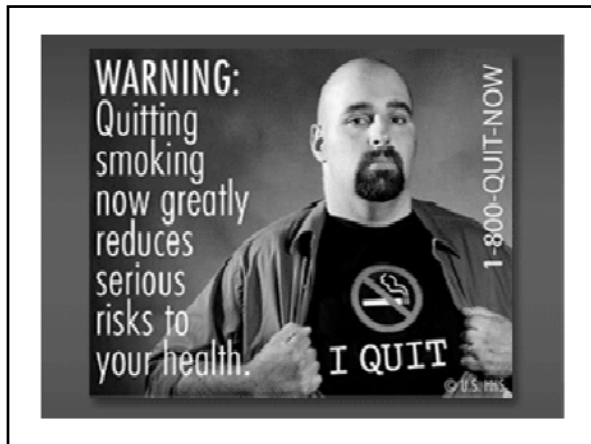
Produced by the Alabama Department of Public Health
Video Communications and Distance Learning Division

Faculty

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Getting Help to Quit

Cessation Services

- ### What Is the Tobacco QUITLINE?
- A free telephone-based tobacco cessation service
 - Master's-level counselors
 - Individualized telephone counseling
 - Answer questions
 - Determine readiness to quit
 - Establish individualized plan

- ### What Is the Tobacco QUITLINE?
- Provide support
 - Set quit date
 - Provide nicotine replacement therapy, if eligible and in counseling
 - 1 – 800 – QUIT – NOW
7848 – 669

- ### What Is the Tobacco Online Service?
- A free online cessation program for Alabama residents launched in July 2010
 - Master's level counselors facilitate help through electronic communications on www.alabamaquitnow.com

- ### What Is the Tobacco Online Service?
- The services offered include
 - Support materials
 - Counseling services
 - Nicotine replacement therapy patches
 - If medically eligible and enrolled in counseling

**Behavioral Health:
Health Promotion and
Chronic Disease Prevention**

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