

**Clinical Care Guidelines for  
Caring for Patients with  
Diabetes and  
Cardiovascular Disease in  
the Ambulatory Setting**

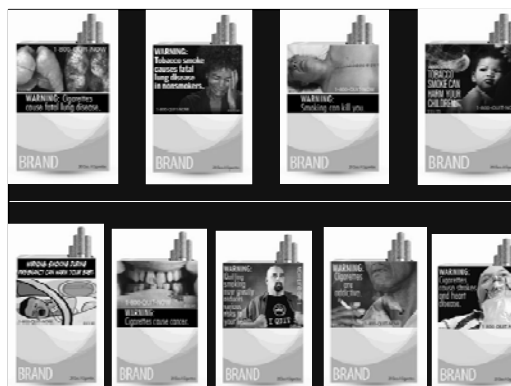
**Satellite Conference and Live Webcast  
Wednesday, November 9, 2011  
2:00 – 4:00 p.m. Central Time**

Produced by the Alabama Department of Public Health  
Video Communications and Distance Learning Division

**Faculty**

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Cessation Program Manager  
Statewide Tobacco Control  
Alabama Department of Public Health**

— NEW FDA —  
**CIGARETTE  
HEALTH  
WARNINGS**



**WARNING:  
Cigarettes  
are  
addictive.**

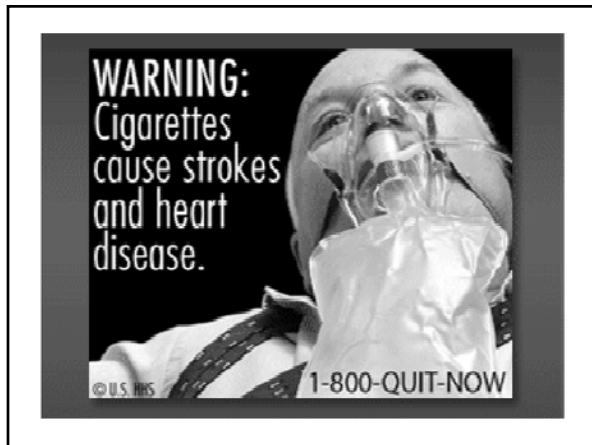
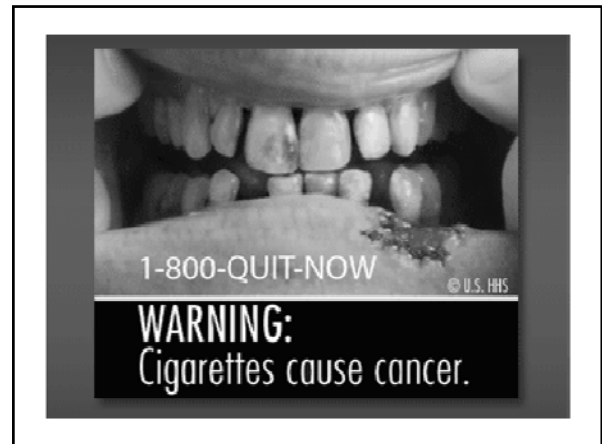
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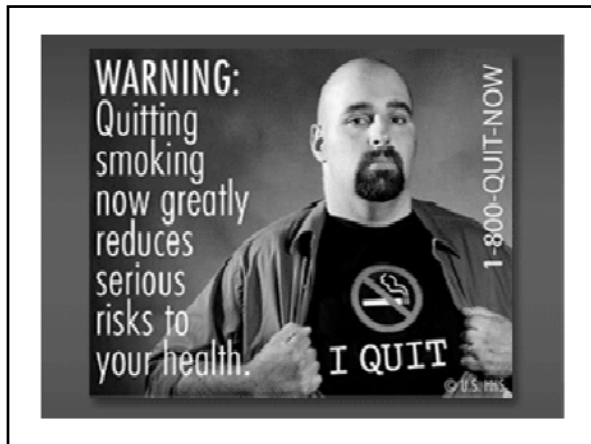
1-800-QUIT-NOW

**WARNING:  
TOBACCO  
SMOKE CAN  
HARM YOUR  
CHILDREN.**

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1-800-QUIT-NOW





## Getting Help to Quit

Cessation Services



- ### What Is the Tobacco QUITLINE?
- A free telephone-based tobacco cessation service
  - Master's-level counselors
  - Individualized telephone counseling
    - Answer questions
    - Determine readiness to quit
    - Establish individualized plan

- ### What Is the Tobacco QUITLINE?
- Provide support
  - Set quit date
  - Provide nicotine replacement therapy, if eligible and in counseling
  - 1 – 800 – QUIT – NOW  
7848 – 669

- ### What Is the Tobacco Online Service?
- A free online cessation program for Alabama residents launched in July 2010
  - Master's level counselors facilitate help through electronic communications on [www.alabamaquitnow.com](http://www.alabamaquitnow.com)

- ### What Is the Tobacco Online Service?
- The services offered include
    - Support materials
    - Counseling services
    - Nicotine replacement therapy patches
      - If medically eligible and enrolled in counseling

**Behavioral Health:  
Health Promotion and  
Chronic Disease Prevention**

**Kenya Dillard, MPH  
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