

# CLINICAL CARE GUIDELINES FOR CARING FOR PATIENTS WITH DIABETES AND CARDIOVASCULAR DISEASE IN THE AMBULATORY SETTING



## Satellite Conference and Live Webcast

Wednesday, November 9, 2011; 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) 1:00-3:00 p.m. (Mountain) 12:00-2:00 p.m. (Pacific)

**Cardiovascular diseases account for approximately 65% of all deaths in individuals with diabetes. Complications include coronary heart disease, stroke, peripheral arterial disease, nephropathy, retinopathy, cardiomyopathy and possibly neuropathy. And the stroke mortality rate is three-fold in people with diabetes versus individuals with no diabetes. In Alabama, research data indicates nearly 40% of our population has both high blood pressure and high cholesterol levels. Program faculty will discuss treatment guidelines and clinical practice recommendations as well as health promotion campaigns and the benefit of integrating educational material in the clinic setting.**

### FACULTY

#### **Narinda Bhalla, MD, FACC**

Cardiologist  
River Region Cardiology  
Montgomery, Alabama

#### **Kenya Dillard**

Cessation Program Manager  
Statewide Tobacco Control  
Alabama Department of Public Health

#### **LaMont Pack, PA, MPA**

Director  
Diabetes Prevention and Control Branch  
Alabama Department of Public Health

#### **Neil Schaffner, MD**

Endocrinologist  
VA - Montgomery, Alabama Campus

### PROGRAM OBJECTIVES

1. Discuss the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC7) for primary care providers.
2. Review the 2011 Clinical Practice Recommendations for Diabetes Care in the Primary Care Setting.
3. Provide an overview of the Target 95 campaign criteria.
4. Identify the negative impact of tobacco use on different populations and how to access cessation information.
5. Understand how to utilize various health promotion curriculums.

### CONFERENCE DETAILS

**Target Audience:** Physicians, nurses, social workers, dietitians, emergency responders, paramedics, EMTs, any health care workers or providers caring for individuals living with diabetes

**Continuing Education:** Nurses 1.6 hours, social workers 1.5 hours, dietitians 2 hours

**Registration:** Available at [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphntn](http://www.adph.org/alphntn).

**Satellite** - Live satellite conference on C band (analog)

**Webcast** - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphntn](http://www.adph.org/alphntn)

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

**On Demand** - Available on our website two days after live broadcast.

**Conference Materials:** Available at [www.adph.org/alphntn](http://www.adph.org/alphntn) approximately one week before the program.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphntn@adph.state.al.us](mailto:alphntn@adph.state.al.us)