About half of all U.S. adults have at least one chronic disease: 75 million have high blood pressure, 84 million have pre-diabetes, and 30.3 million individuals have diabetes. Team-based care that includes a diverse group of health professionals and community health workers is essential to any chronic disease prevention or management program. Upon completion of this program, you will have a better understanding of the roles professionals play in team-based care as well as their effectiveness in reducing A1C’s, diabetes complications, and better improvement of blood pressure. Program faculty will also provide information on the Diabetes Prevention Program, the Diabetes Self-Management Education Program, and the YMCA’s Self-Monitoring Blood Pressure Program and the criteria for enrollment into each program.

**Program Objectives:**

1. Provide an overview of the YMCA’s Partnership in Prevention Program.
2. Discuss the criteria for enrolling in the YMCA’s Partnership in Prevention Program.
3. Describe how health equity impacts the community.
4. Identify the benefits of a team-based approach to diabetes care.
6. Describe the integration of medical nutrition therapy (MNT) with a DSME program.
7. Describe the role of the pharmacist in team-based care.
8. Describe the diabetes prevention program (DPP).

**Conference Details:**

**Target Audience:** Nurses, Social Workers, Pharmacists, and other healthcare providers

**Continuing Education:** Nurses and Social Workers (pending)

**Registration:** [www.alabamapublichealth.gov/alphtm](http://www.alabamapublichealth.gov/alphtm)


**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: alphtm@adph.state.al.us

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