Blood Pressure Monitor Survey

Thank you for participating in Alabama WISEWOMAN. We would like to know if your WISEWOMAN blood pressure monitor is helpful. Please complete this survey.

My Provider: __ Franklin  ___ Mobile  ___ Tuscaloosa CHD ___ Shelby CHD

1. Did your doctor/nurse/social worker say you have high blood pressure?
   □ Yes
   □ No

2. Do you think monitoring your blood pressure is important?
   □ Yes
   □ No

3. How often do you use your blood pressure monitor?
   □ Never (If never, you have completed the survey)
   □ Daily
   □ Few Times per Week
   □ Once Weekly
   □ Once Monthly

4. Are you more aware of your blood pressure due to self-monitoring?
   □ Yes
   □ No

5. Did you increase your physical activity due to your blood pressure readings?
   □ Yes
   □ No

6. Did you change your diet based on your blood pressure reading?
   □ Yes
   □ No

7. Did you reduce your smoking due to your blood pressure readings?
   □ Yes
   □ No
   □ Not Applicable
   If yes, How? _______________________________________________________

8. Does knowing your blood pressure readings help remind you to take your medications as prescribed?
   □ Yes
   □ No

9. Do you share your blood pressure readings with your doctor?
   □ Yes
   □ No
   If no, Why? _______________________________________________________

10. Do other members of your family use your blood pressure monitor? It is encouraged.
    □ Yes
    □ No

11. On a scale 1-5, how has the blood pressure monitor been helpful to you?
    □ 5 (Excellent)
    □ 4 (Good)
    □ 3 (Fair)
    □ 2 (Bad)
    □ 1 (Poor)

12. How has the blood pressure monitor been helpful to you? ________________________
    ______________________________________________________________________