Quick Guide for Influenza Specimen Submission

AL Healthcare Providers Submit Flu Specimens Today!

Help determine if flu activity is increasing or decreasing; what flu viruses should be included in the seasonal flu vaccine; and detect a rare event like novel flu or antiviral resistance.

COLLECT specimens from:
- All hospitalized patients with influenza-like illness (ILI*)
- All pregnant females with ILI*
- All patients with recent international travel and ILI*
- Any healthcare provider can submit influenza specimens year round
  - Sampling as directed from outpatient visits with ILI*
  - Do not collect more than one specimen per family, household, or close contact.

*ILI symptoms include 100.4°F fever along with cough or sore throat with no other known cause

SUBMIT specimens:
- Log in to the facility’s State Lab’s Web Portal account and print out a bar code for shipping. You will receive the patients’ results electronically.
- If you have not signed up for the Web Portal yet, contact Ron Howard at the BCL to be set up. (334-260-3409 or ron.howard@adph.state.al.us)
- Or you complete the ADPH BCL Requisition, http://www.adph.org/bcl/assets/BCL_Requisiton_Form.pdf

SHIP specimens on Monday through Thursday (must be received within seven days of collection) or drop off at your local county health department to be couriered to:

Bureau of Clinical Laboratories
8140 AUM Drive
Montgomery, AL 36117

ORDER a flu test kit email flutestkit@adph.state.al.us
- Enter in Subject line “flu test kit”
- Explain what you need (i.e., entire flu test kit or individual items, like cooler, ice packs, Dacron swabs, viral/universal transport media, etc.)

For detailed information on laboratory testing for influenza, please go to www.adph.org/bcl, Seasonal Influenza or call 334-260-3429.