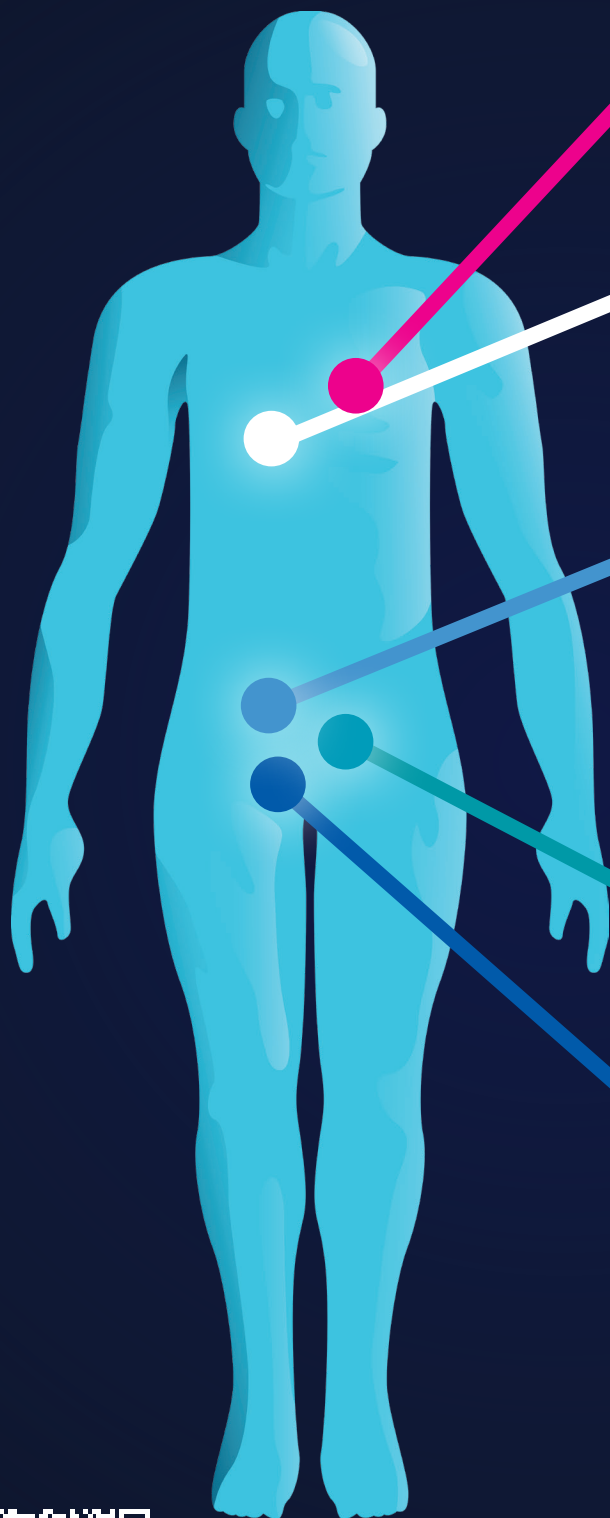


# WHEN DO I NEED TO GET MY CANCER SCREENINGS?



## **BREAST CANCER: 40**

Yearly screening starts at age 40 with a mammogram for women.

## **LUNG CANCER: 50+**

Screening for current or former smokers starts at age 50 or older with a low-dose CT scan. (Referral required)

## **COLORECTAL CANCER: 45**

Screening starts at age 45 for men and women. Ask your doctor about screening options, including a colonoscopy or some simple low-cost take home options. (FIT & Stool DNA)

## **CERVICAL CANCER: 25**

Women should get a Pap and/ or HPV test regularly starting at age 25.

## **PROSTATE CANCER: 50/40**

Men should begin screening at age 50 with a PSA (blood) test or digital rectal exam (DRE). African American men should start screening as early as age 40. Speak with your doctor about risks and symptoms to determine when to get screened.



For more information, please scan the QR code or visit:  
[alabamapublichealth.gov/cancer](http://alabamapublichealth.gov/cancer)

