



It doesn't matter how quickly EMS providers get to a scene—bystanders will always be there first. Save-A-Life Day empowers the general public to learn and apply steps that can be taken to help save a life. To celebrate Save-A-Life Day, consider one of the following:

- Plan to participate in the World CPR Challenge. A nation-wide campaign during EMS Week 2018 to train citizens in Compression-Only CPR. Additional information at [emsstrong.org](http://emsstrong.org).
- Organize a community hemorrhage control program by placing bleeding control kits in public places like near an AED and offer training programs for citizens.
- Host a child restraint inspection event where EMS professionals can teach families how to transport children safely.

Click on the icon for:



**[Train your communities in hands only CPR](#)**



**[EMSC New Mexico Child Ready Home Safety Tool](#)**