

# BE YOUR OWN HERO

GET READY FOR EMERGENCIES

COLLECT AND STORE THESE 10 ESSENTIAL  
ITEMS TO GET READY FOR AN EMERGENCY.

WATER  
FOOD  
CAN OPENER  
MEDICATIONS  
FIRST AID  
FLASHLIGHT  
RADIO  
CLOTHING  
PERSONAL CARE ITEMS  
IMPORTANT DOCUMENTS



get10 IN 2010

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