## Cribs For Kids Referral Form

Email to: SafeSleep@adph.state.al.us





BAMA

Today's Date: \_\_\_\_\_ /\_\_\_\_\_/

Baby's Birth/Due Date: \_\_\_\_/\_\_\_/ (If an induction is scheduled for sooner, please give that date)

**To the Referring Agent:** Please complete ALL three forms before submitting in order to prevent delays in receiving a crib. In order to refer a client for a crib, the mother must be within 4 weeks of her due date or have already delivered. The agency referring the client for a crib will be responsible for providing safe sleep education, ensuring delivery of the crib and that the client understands how to set up and take down the crib. The referring agency is responsible for submitting all required forms to the email address above.

## **PARENT/CAREGIVER INFORMATION:**

Relationship to Infant: O Mother O Father O Gra	andparent OFoster Parent OOther
Name (First, Middle Initial, Last):	
Parent/Caregiver's Date of Birth:///	Best Contact Number:
Alternate Phone Number:	Email Address:
Street Address (no P.O. Boxes):	Apt #:
City/State:	Zip Code:
Alabama County of Residence:	
Primary Spoken Language: • C English • O Spanish • O Other (please state)	
Ethnicity: OHispanic ONot Hispanic	
Health Insurance: OCHIP OMedicaid ONone	OPrivate/Other OUnknown
Race: O White O Black O Asian/Pacific Islander	O American Indian/Alaska Native O Biracial/multiracial
	RING SOURCE
Name:	Agency:
Address (no P.O. Boxes):	
City:	Zip Code: Phone:
Email Address:	ponding with the referring agent or their proxy.
Comments:	

## Alabama Safe Sleep Program Enrollment and In-Service Form





Parent/Caregiver Name:		
Mother's Date of Birth://Baby's Birth/Due Date:/_	/	
Street Address:		
City/State: Zip C	ode:	
Email: Phone:		
	Initials of Referring Agent	Initials of Mother
<b>SIDS-What is it?</b> Leading cause of death among infants, most SIDS deaths happen mostly between 2-4 months of age, premature infants, higher rate among African Americans.		
<b>Leading SIDS risk factors:</b> 1. Stomach sleep, 2. maternal smoking, 3. infant exposure to smoke, 4. lack of prenatal care, 5. premature/low birth weight babies, less than 5 lbs. 8 oz., 6. soft, fluffy bedding, 7. bed-sharing.		
Lowering the danger of SIDS (Preventions)		
#1 and the best – <b>Place infants on their backs to sleep.</b> Problems with stomach sleep: 1. under-developed muscles to support sufficient breaths when lying on stomach; 2. mouth and nose trapped in soft or loose bedding or soft, fluffy toys; 3. carbon dioxide exchange; 4. overheating; 5. apnea – pauses in breathing, 6. roll-over/suffocation.		
<b>Smoke-free environment.</b> Don't smoke around your baby. Don't take your baby around others who smoke. Anyone holding your baby should be wearing smoke-free clothing. Second-hand smoke has cyanide and other poisons. Babies in smoke-free homes have fewer colds and infections.		
<b>Closeness.</b> Keep your sleeping baby nearby, but in a separate safe bassinette/crib or Pack-N-Play. Be sure you can hear her/him if she/he cries or is in distress.		
<b>Bedding.</b> Only use a firm mattress with a tightly fitted crib sheet. Do not put your baby to sleep on or around soft or fluffy things, such as a pillow, quilt, waterbed, soft or loose bedding or stuffed animals. If a blanket is needed, place your baby at the foot of the crib and tuck a blanket under three sides of the mattress. The blanket should not be above the nipple line of your baby.		
<b>Temperature.</b> Make sure your baby is warm, but not too hot. Keep the room at a temperature that is comfortable for an adult and use light sleep wear for baby.		
<b>Doctor visits.</b> Take your baby in for regular checkups. Any time your baby is sick or has trouble breathing (panting or grunting), take her/him to the doctor or clinic.		
<b>Unsafe beds</b> – No sleeping on sofas, recliners, waterbeds, bean bags, air mattresses, soft mattresses, nursing pillows, or adult beds. Babies can get trapped and unable to breathe in places such as cracks between sofa cushions, an adult mattress and headboards or footboards, loose bedding such as bedspreads and comforters, soft areas such as waterbeds and bean bags. Babies can roll off sofas, recliners, and adult beds.		
<b>Bed-Sharing</b> – Do not bed-share. Another child or an adult can easily roll too close to your sleeping infant or your infant might roll too close to the child/adult and cause their air passages to be blocked. Tired, worn-out, or medicated adults are dangerous sleeping partners even on a couch or in a recliner with baby.		
<b>Tummy Time</b> – Do not forget it! Do it while your infant is awake and being watched. Tummy time strengthens chest, back, neck, and arm muscles. It prevents a flat spot on back of your baby's head.		
<b>Child Care Away from Home</b> requires the same precautions as at home – Check It Out! Be sure your baby is sleeping safely. Take your crib with your baby. Always let others know these rules.		
Comments		
l have received and understand the information presented to me on SIDS prevention, Back to Sleep, o	and Bed-	sharing

I have asked questions about anything that I do not understand and have had my questions answered.

Crib Recipient Signature

**Referring Agent Signature** 

Date



Please scan this QR code or visit alabamapublichealth.gov/perinatal/cribs-for-kids.html and watch the video, which shows how to properly set up the crib.



## **Hold Harmless Agreement**

In exchange for the grant of a "Pack-N-Play" portable baby crib, receipt of which is hereby acknowledged, I,

(Recipient of Crib)

agree to indemnify, defend, and hold harmless the State of Alabama, the Alabama Department of Public Health,

and the \_\_\_\_\_

(Referring Agency)

as well as officers, agents, and employees of the above from all claims or losses accruing or resulting to any person, firm, or corporation who may claim to be injured or damaged as a result of acts or omissions involving the placement and/or use of the portable cribs provided within this program.

Signed: \_\_\_\_\_

Print name: \_\_\_\_\_

Witness/Referring Agent:\_\_\_\_\_

Print name: \_\_\_\_\_

Date: \_\_\_

Funding from the federal Maternal and Child Health Services Title V Block Grant has allowed Alabama to purchase a limited number of portable cribs for families who meet qualifications and need a safe sleep environment for their infants under one year of age.