BASIC RADIATION TRAINING

Personnel & Equipment Monitor

Alabama Department of Public Health • Office of Radiation Control • 334.290.6244 • alabamapublichealth.gov/radiation

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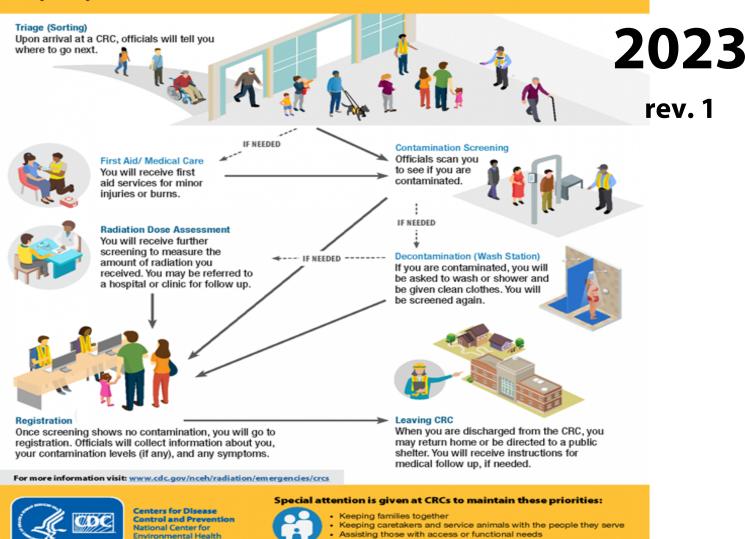
Radiation Emergencies: What to Expect at a Community Reception Center (CRC)







Each CRC may be a little different. These are the services that you may receive at a CRC, but you may not need to receive all of these services.





SCAN ME

For a digital download of this book! https://www.alaba.ma.public.health.gov/radiation/assets/basic-rad-pern.PDF

Name: ______Telephone #: _____



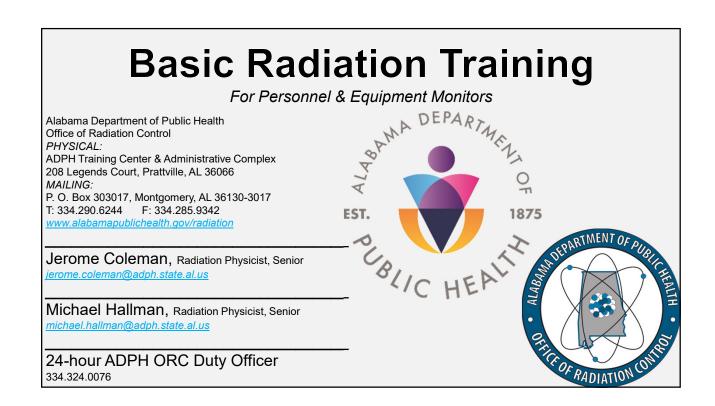






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The Federal Emergency Management Agency (FEMA), an agency of the Department of Homeland Security (DHS), is required to interview a certain number of emergency workers, personnel and equipment monitors to ensure that they are aware of their radiation dose limits, equipment, and the basics of radiation. The training manual has the following features:

• Table of contents for looking up the answers for exercises, evaluations, real-time emergency situations

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- •Forms located in the back of the book that can be used for reception centers, personal radiation exposure records, equipment setup, etc.
- •Maps for the two nuclear power plants' 10-mile Emergency Planning Zones (EPZ) and the 50-mile Ingestion Pathway Zones (IPZ).
- •Glossary in the back of the book with radiation terms not routinely used.

Formatting for this guide is as follows:

- 1. Information on the PowerPoint slide
- 2. Information below the PowerPoint slide in the Notes section
- 3. Information discussed in the Basic Radiation Training course by the instructor

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Everything you need to know about protecting yourself from radiation can be found in this manual. Therefore, please place this manual in a readily accessible location. For example, law enforcement might place it in a patrol car, or firemen might place a copy in each fire engine.

EWS = Emergency Worker Station (where you get your equipment) EWD = Emergency Worker Decontamination CRC = Community Reception Center

MCF = Mass Care Facility (where people are sheltered after going through the CRC, a.k.a. "shelter")

Potassium Iodide (KI) will be administered for Emergency Workers at each EWS and to the general public in affected areas at each CRC.

Henry: EWS = Henry County EMA Parking Lot EWD = Houston County Farm Center CRC = Houston County Farm Center MCF = Westgate Recreation Center

Houston:

EWS = Houston County Farm Center EWD = Houston County Farm Center CRC = Houston County Farm Center MCF = Westgate Recreation Center

Lauderdale: EWS = Lauderdale County High School EWD = Lauderdale County High School CRC = Brooks High School MCF = Florence High School

Lawrence:

EWS = Lawrence County EMA EWD = Moulton Recreation Center CRC = Moulton Recreation Center

MCF = Moulton Church of Christ, Moulton Elementary School, Moulton Middle School

EMS = Athens/Limestone County Rescue Squad EWD = all CRCs CRC = Ardmore High School, Elkmont High School MCF = all CRCs

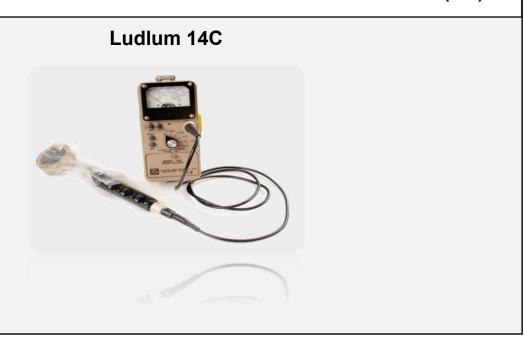
Madison:

EWS = N/A EWD = N/A

CRC = Dr. Richard Showers Recreation Center; Dublin Park Recreation Center, Madison; UAH, Spragins Hall MCF = all CRCs that are activated.

Morgan:
EWS = Morgan County EMA (however, some equipment is prepositioned)
EWD = Decatur FD/PD Training Center
CRC = Priceville High School, Hartselle Intermediate School
MCF = Priceville High School, Hartselle Sparkman Civic Center

RADIOLOGICAL SURVEY METER(S)

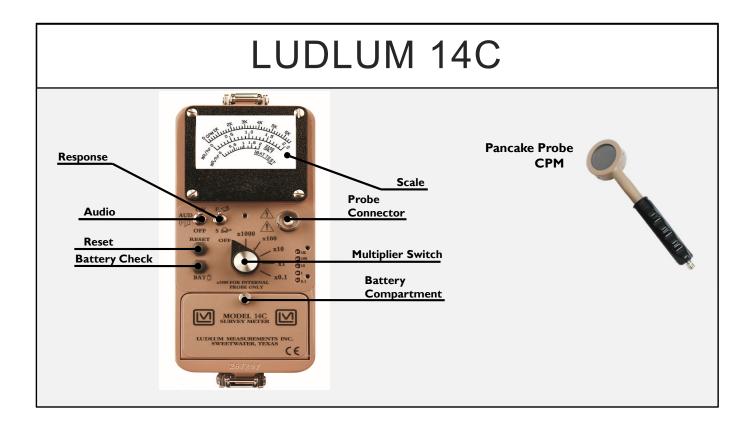


The Ludlum 14C survey meters are highly sensitive broad range radiation detectors.

The Ludlum 14Cs may have two probes. The "pancake" probe (Ludlum 44-9) is used to survey for radiation contamination. The HP "hotdog" probe (Ludlum 44-38) is used to measure radiation exposure rate. The broad range of the Ludlum 14C is 0-6,600,000 cpm or 0-2,000 mR/hr.

The Ludlum 14C can detect radiation contamination and discriminate between beta and gamma radiation. When using the pancake probe, face the window toward the equipment/personnel being surveyed, thus the Ludlum 14C will detect both beta and gamma radiation. By flipping the probe over and facing the window away from the equipment/personnel being surveyed, the Ludlum 14C will detect gamma radiation only.

When using the hotdog probe with the shield open, the Ludlum 14C will detect beta and gamma radiation. By closing the shield, the Ludlum 14C will detect gamma radiation only.



Parts of the Ludlum 14C:

- 1. Response Switch Turn to the "F" position for a fast response.
- 2. Audio Switch Turn to the "ON" position to hear the clicks.
- 3. Reset Button Press this button when you change the multiplier switch for the meter to read a different scale.
- 4. Battery Check Button Press this button to ensure batteries are good. The hairline will peg to the "BAT Test" or "BAT OK" area on the scale.
- 5. Scale Use the top scale when monitoring for contamination (CPM). Use the middle scale when measuring dose rate when the meter is set on the X0.1, X1, and X10. And use the bottom scale when measuring dose rate when the meter is set on the X100 and X1,000.
- 6. Probe connector Connect cable to probe connector and the probe.
- 7. Multiplier Switch A 6-position switch marked OFF, x1000, x100, x10, x1, x0.1. Always set switch at X0.1 to check background and to monitor for contamination.
- 8. Battery compartment Two "D" size batteries.

RADIATION CONTAMINATION

Survey Meter = Speedometer



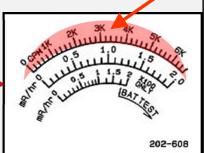
It can go up and down.

Look for a <u>sustained</u> reading.

0-6,600 CPM Pancake Probe

Only Use Top Scale (Counts per minute a. k. a. CPM)





A contamination reading from a survey meter can be compared to the rate of speed registered on an automobile speedometer. A speedometer tells us our rate of speed in miles per hour.

We can use a survey meter to determine if radioactive contamination is present. Radioactive contamination is measured in COUNTS PER MINUTE (CPM) and can be measured with a survey meter such as a Ludlum 14C (top scale).

The face plate of the Ludlum 14C has three (3) scales and a hairline. The top scale is used when monitoring for contamination. The middle scale is used for measuring exposure rate. The bottom scale is also used for measuring exposure rate but only when the multiplier switch is in the X100 or X1,000 position.

Contamination is <u>always</u> measured in CPM (Counts Per Minute). Use the pancake probe (44-9) for contamination survey. Always start on the lowest scale of X0.1.

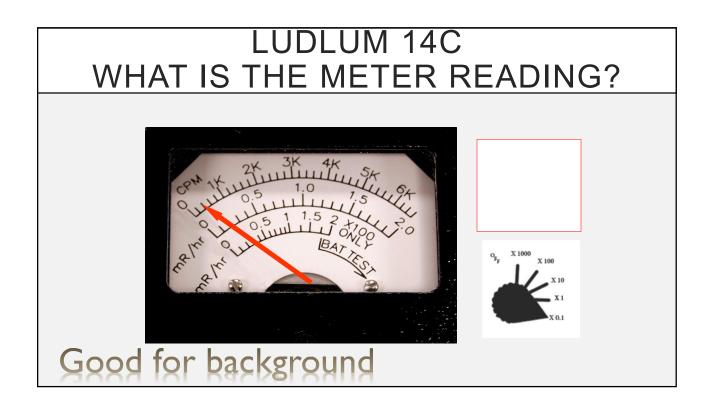
NOTE: With the dial set on the X0.1 (lowest), the CPM scale is reading 0-600 CPM.

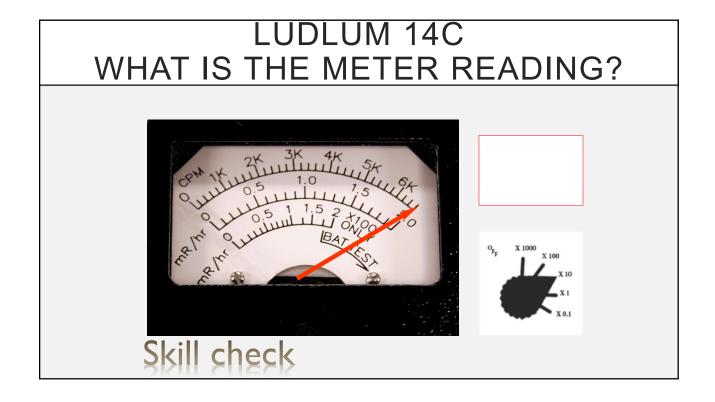
Dial set on X1, the CPM scale reads 0-6,000 CPM.

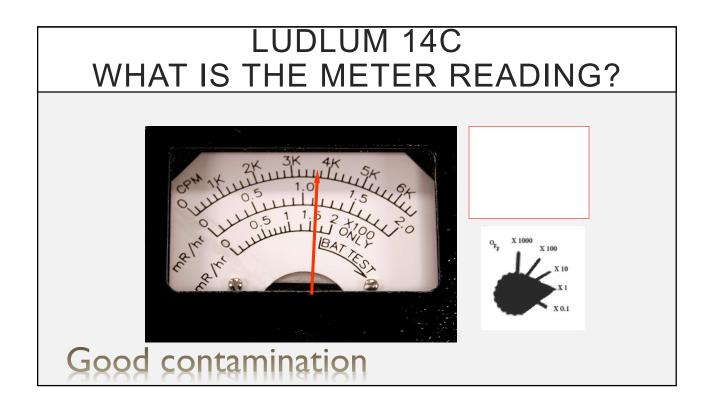
Dial set on X10, the CPM scale reads 0-60,000 CPM.

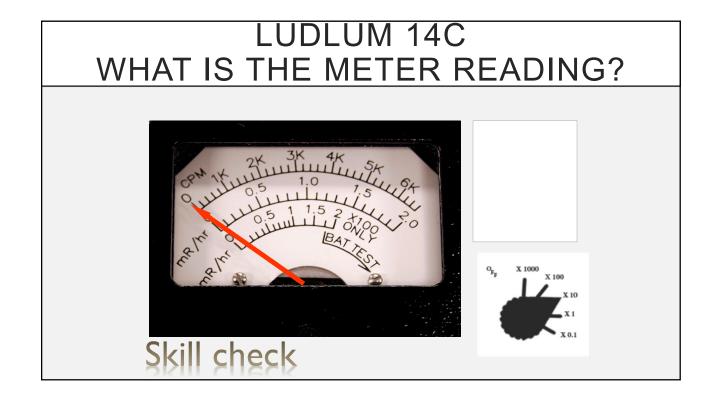
Dial set on X100, the CPM scale reads 0-600,000 CPM.

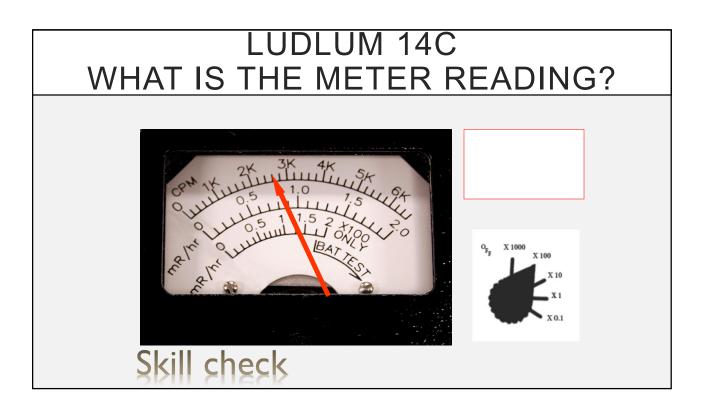
Dial set on X1000, the CPM scale reads 0-6,000,000 CPM.





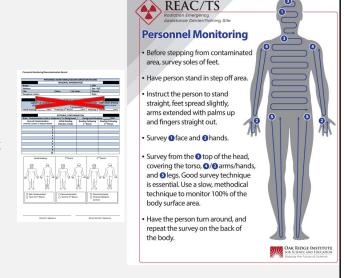






SURVEY METERS: MONITORING FOR CONTAMINATION

- Ludlum 14C
 - Use 44-9 "Pancake" Probe
 - Open windows
- Hold probe 1 inch away
- Start at the head
 - · Move probe 1-2 inches per second
- Always monitor "top-side"
 - Avoid having the meter face upward to prevent contamination from falling onto probe
- Remember soles of feet
- Contamination
 - 2 X background



Monitoring for contamination using a Ludlum 14C:

- 1. Using the pancake probe, face the window toward the equipment/personnel.
- 2. Start at the top of the head.
- 3. Hold pancake probe 1 inch away.
- 4. Move at a rate of 1-2 inches per second.
- 5. Pay close attention to the hair and soles of the shoes.
- 6. When contamination is detected, record on a personnel/monitoring record where the contamination was found.

NOTE: If the hairline reaches the max amount, step away from the person, switch the dial to the next position, push the reset button then continue monitoring. Repeat steps if needed. Once contamination is no longer present in that area and has been recorded on the personnel/monitoring record, remember to turn the scale back to the lowest scale and continue the survey.

Typical background radiation using a Ludlum 14C is 50 cpm. Twice background radiation warrants decontamination.

REMINDERS FOR PERSONNEL & EQUIPMENT MONITORS

FOR EWs and PEMs

- -All emergency workers are advised to make a reasonable effort to limit their total dose, while at the same time accomplishing their emergency responsibilities.
- -Read dosimeters and record at least every 30 minutes.
- -Do not take Potassium Iodide (KI) until instructed by your county EMA.
- -Control your exposure to radiation by your time, distance and shielding.

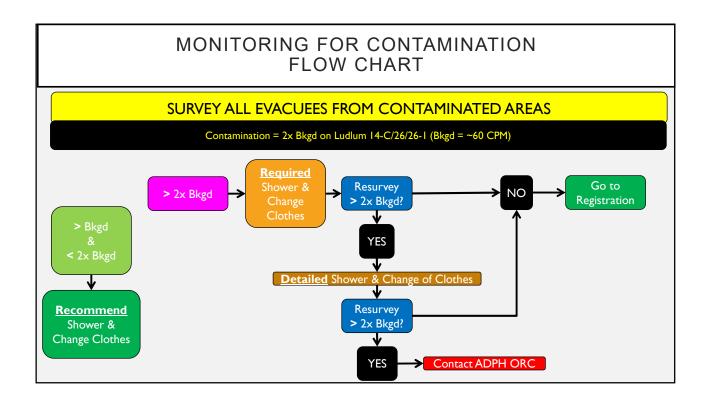
FOR PEMs ONLY

- -Contamination level in Alabama is (2x) twice background (open window) and will warrant decontamination.
- -Monitoring technique: 1 inch away and move 1-2 inches per second.
- -On lowest scale (x0.1), the Ludlum 14C meter scale will read 0-600 cpm.
- -Do a response check and calibration verification, cover probe, and obtain background.
- -Use CPM scale when monitoring for contamination.

Alabama Radiation Control

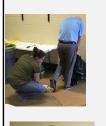
The back of the green wallet size card shows key reminders for both EWs and PEMs as well as key reminders for just PEMs.

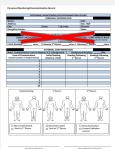
Remember – You can carry/have the green wallet-sized card at all times. This green card lists all your limits and keynotes since you may not have access to the manual.



- 1. If survey readings are greater than (>) background radiation but less than (<) twice background radiation , a shower and change of clothes is recommended.
- 2. If survey readings are greater than twice background radiation (2x), a shower and change of clothes is required. Contamination can be localized therefore required actions maybe limited to washing hands, removal of shoes, etc. for decontamination.
- 3. After a shower and change of clothes, a survey reading of twice (2x) background will require a detailed decontamination.
- 4. Conduct another survey of individual and if greater than (>) background radiation then contact the Office of Radiation Control

PORTAL MONITORS







Used to screen large populations for radioactive contamination





Portal monitors look similar to metal detectors in court houses and are used in the Radiological Emergency Preparedness (REP) program counties to quickly screen large populations for contamination. Portal monitors can be used to screen personnel <u>and</u> vehicles for radiation contamination.

- Establish a boundary line at least ten (10) feet for people and vehicles. Verify contamination does not exist on shoes using a hand-held instrument; if contamination is found, then bag and label.
 - O Document survey for people on appropriate form. <u>Note</u>: a chair may be necessary to assist with the individual's balance when requested to pick up feet in order to monitor the soles of a shoes.
- Unpack and assemble portal monitor per instructions. Power for portal is 110v AC, 6 "D" cell batteries, DC adaptor, or generator.
- Set the base on the ground and insert corresponding labeled sections to base. Detector screens must be facing in and latched.
- Connect horizontal crossover piece to the vertical legs.
- Connect the power cord to the bottom of the Controller Module; then align Controller Module to bottom left section with black connectors. Ensure the pin on back of the bottom left section goes into hole of Controller Module.
- Check for the annual accuracy label which should be affixed to the monitor.
- · Connect power cord to 110v AC outlet and turn on the Controller Module using the rocker switch.
- Background count (YELLOW light) will be initialized by portal followed by a GREEN light. The Controller Module has a digital display which is illuminated in RED or GREEN when the beam is broken by a person or vehicle.
- Verify all detectors are operating by taking a 1 µCi beta/gamma-emitting check source (e.g. Cs-137) and pass through
 portal at <u>five points</u> as a minimum check. Each location is operationally checked when the **RED** light and digital display
 correspond to the location of the check source.
 - Hold check source at waist level (center line) then step into the portal; an audible alarm with a flashing RED light should be heard when detection occurs.
 - Conduct a separate check for all four quadrants, which include both upper (right and left) and lower (right and left) panels.
- Wrap entire portal monitor with plastic wrap for contamination control, and place appropriate step-off pad(s) for monitoring.
- A RED light and a digital display showing location will trigger the need for a hand-held instrument survey process to be performed.

LUDLUM 52-1-1 INSTRUCTIONS & VIDEO (PERSONNEL CONFIGURATION):

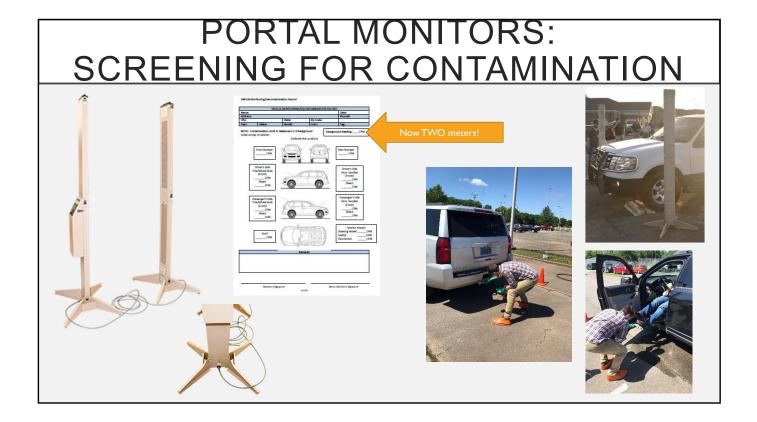


https://youtu.be/4-6IYR3fQrE

THERMO SCIENTIFIC TPM-903B INSTRUCTIONS & VIDEO (PERSONNEL CONFIGURATION):



https://youtu.be/s5PbB2LCBYg



Screening Personnel:

- Establish a boundary line at least ten (10) feet for people and vehicles. Verify contamination does not exist on shoes using a hand-held instrument; if contamination is found then bag and label.
- Document survey for people on appropriate form. <u>Note</u>: a chair may be necessary to assist with the individual's balance when requested to pick up feet in order to monitor the soles of a shoes.
- If the person is contaminated using the portal monitor, the individual will be surveyed using a Ludlum 14C handheld survey meter (1 inch away and 1-2 inches per/second) and then directed to the showers.
- If the person is not contaminated, the individual will be directed to go to registration.

Screening Vehicles:

- Assemble portal monitor per instructions except base and top plate will not be needed for surveillance of vehicles.
- Base plate will be replaced by two (2) stands connected by cables.
- Protect cables by using a vehicle ramp or available material.
- Instruct drivers to drive slowly through the portal.
- Portals are to be used in tandem with a hand-held instrument. Refer to Vehicle/Monitoring Record for areas to be scanned.
- Document survey for vehicles on appropriate vehicle form.
- Refer to survey form and those in charge for decontamination methods.
- For problems or questions, contact local EMA official.

Contamination level is twice the background (2 X BKG).

VEHICLE DECONTAMINATION: SPOT CHECKS USING SURVEY METER

OUTSIDE

- Air intake/filters
- radiation grills
- front bumper
- Hood
- Windshield
- Roof
- back windshield
- Trunk
- back bumper
- wheel wells
- door handles





<u>INSIDE</u>

- driver's seat (passenger, too, if known to be occupied)
- Pedals (gas, brake, clutch, emergency brake)
- Floorboard
- any handles that could have been touched (e.g., fuel door, truck handle, gear shift)
- steering wheel
- · dashboard under windshield
- center console
- · any radio/air controls
- air vents

PET MONITORING, DECONTAMINATION, & REGISTRATION

•For Community Reception Centers, follow the plans for your county's EMA.



SAFETY BRIEFING

Equipment Dose limits PPF



All Emergency Workers will be issued the following equipment:

- Radiation Exposure Record
- Thermoluminescent Dosimeter (TLD card)
 - Fill out Radiation Exposure Record information
 Low Range Pocket Dosimeter (0-200mR): black or silver
- - o Fill out Radiation Exposure Record information
- High Range Pocket Dosimeter (0-20R): yellow
 - Fill out Radiation Exposure Record information
- Maximum Radiation Dosage Limit Card (green card)
 Potassium Iodide (KI) will be issued by ADPH KI Nurse. <u>DO NOT TAKE UNTIL TOLD TO DO SO BY EMA.</u>
- When reading your dosimeter, point toward a good light source. Read through the clip end. Keep the scale in the horizontal position to assure an accurate reading.
- Read your dosimeters every 30 minutes, and record on your radiation exposure record.
- The TLD card is your permanent record and cannot be read in the field.
- Read your dosimeters and record on the Radiation Exposure Record at least every 30 minutes.
 - Seek relief at 100mR (black dosimeter)
 - Do not wait until the dosimeter is on 100mR before requesting relief; call when it's approaching 100mR.
- Your TLD and dosimeters should be worn in your black pouch on the outside of your clothing.
- If you reach the limit on your black low range dosimeter (200mR), use your yellow high range dosimeter (20R). Authorization to exceed emergency worker exposure guidelines must be obtained from the State Health Officer prior to any exposure limit being exceeded. This will be done through the local EMA office.
- Remember to stay in contact with your department's safety officer.
- If you have any questions, contact the local EMA office for assistance.

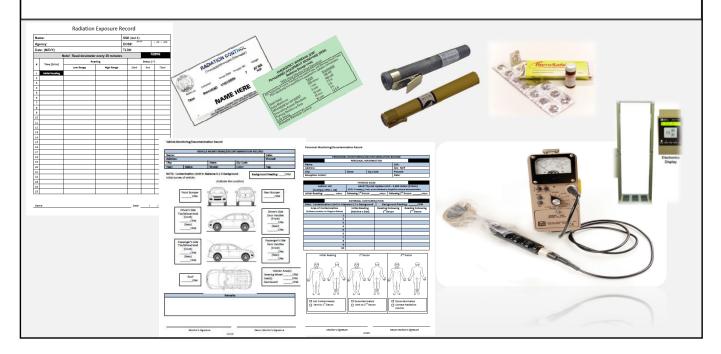
<read the green card dosimetry limits>

Outside Vehicle Decontamination:

- All outside personnel will wear turnout fire gear or OREX water resistant coveralls with face shield, water repellant booties, and
- Follow all donning and doffing directions when putting PPE on and taking PPE off.
- Do not eat, drink, chew gum, smoke, apply make-up, or put on lip balm while on duty as an emergency worker.

- All inside personnel will wear OREX coveralls with face shield, shoe covers, and gloves.
- Follow all donning and doffing directions when putting PPE on and taking PPE off.
- Do not eat, drink, chew gum, smoke, apply make-up, or put on lip balm while on duty as an emergency worker.

PERSONNEL MONITORING EQUIPMENT



- 1. KI tablet
- When do you take the KI? (when your county EMA has instructed you to)
- How often and how many should you take? (one (1) 130 mg tablet or two (2) 65 mg tablets every 24 hours as needed)
- Who should not take KI? (a person who has a known medical history to iodine)
- 2. Thermoluminescent Dosimeter (TLD Card)
- Can you read a TLD card? (No)
- What does the TLD card serve as? (Your legal permanent record)
- 3. Two Pocket Dosimeters. One low range and one high range.
- By color, which is the high range? (Yellow)
- What units are used by the high range dosimeter? (0-20 Roentgen) or (0-5 Roentgen)
- How often would you check and record your dosimeters? (Every 15-30 minutes; Read 15 minutes in > 1 mR/hr field or every 30 minutes < 1 mR/hr field)
- What is your seek relief limit? (100 milliroentgen)
- Which dosimeter would you be reading? (Black or Silver- Low range, 0-200 milliroentgen)
- 4. Record your pocket dosimeter readings on the Radiation Exposure Record.
- 5. Ludlum 14C
- How fast and how far should you monitor for contamination? 1 inch away and 1 inch per/second.
- What is the contamination level in Alabama? 2 x background.
- Is the probe open or closed to monitor for contamination? Open.
- When is the only time the probe is closed? Checking the thyroid for the uptake of radioactive iodines.
- 6. Record survey readings on the "Personnel Monitoring/Decontamination Record" and "Vehicle Monitoring/Decontamination Record".

Survey Meter Calibration Cal Date Due Date Model Serial # **Range within 10% **Range within 10% **Act. Ded. Ck. Source S/N Act. Bange 4-20% Calibration 4-adiation. Control Montgomery, AI * 334-206-5351

Before any possibly contaminated individuals arrive at the reception center, check the operation of the survey meter and record background radiation at that location. Then follow the steps below:

- 1. Verify annual calibration due date has not expired.
- 2. Conduct a physical inspection of meter.
- 3. Turn the multiplier switch to the "Off" position.
- 4. Turn toggle switches to "AUD ON" and to "FAST RESPONSE."
- 5. Open battery compartment beneath handle and install 2 D-cell batteries.
 - 1. Correct polarities are engraved on inside of lid. (+) should touch the positive side of battery. (-) should touch the negative side of the battery.
- 6. Connect cable to unit and a pancake (44-9) probe. Remove protective cover from probe.
- 7. Turn Multiplier Switch to lowest scale (X0.1) and press and hold "BAT" button. Needle should deflect to "BAT OK" or "BAT TEST."
- 8. Open the source window and place open probe against source while looking for visual needle deflection and listening for an audible sound. Then remove the probe from the source. This is a "response check."
- Turn toggle switches to "AUD OFF."
- 10. Place open probe against source for visual needle deflection, then scale up with Multiplier Switch until a steady reading is obtained that is not off-scale. This is a "calibration check."
 - a. Each probe shall read within +/- 20% of the reference reading found on the calibration sticker.
- 11. Cover probe with plastic wrap, non-freezer plastic bag, or latex/nitrile glove. This prevents the probe from being contaminated. If using bag, secure to probe tightly using rubber band to ensure nothing is hanging down. If using glove, fold back fingers and tape down toward handle.
- 12. Turn toggle switches to "AUD ON" and to "SLOW RESPONSE." Close source windows. Change multiplier switch to X0.1 and press "RESET."
- 13. Take a background radiation reading with probe open window (X0.1 position) using the pancake probe (44-9). Average background using a Ludlum is typically 50 counts per minute (cpm).
- 14. Turn toggle switch to "FAST RESPONSE."
- 15. For problems, contact the local EMA.

^{*}Follow instructions attached to Ludlum for reference

LUDLUM 14-C JUST IN TIME WEBSITE



http://bit.ly/ludlum14cjit

- 1. Assembly instructions (PDF)
- 2. Assembly video



LUDLUM 26:

POWER ON: BATTERY INSTALLATION



- 1.Grab the ring on the screw.
- 2.Turn the ring one quarter turn counter-clockwise.
- 3.Release and remove the battery cover.
- 4.Install two AA batteries.

 Positive polarities point toward the pancake probe.
- 5.Firmly insert the barb of the battery cover completely into the body of the Model 26.
- 6.Replace the cover and turn ring one quarter of a turn clockwise to secure.

Battery Installation

A low-battery indicator appears at the bottom of the LCD when less than 16 hours of battery life remain.

When this indicator is present, follow the above steps to replace the two standard AA batteries.



LUDLUM 26: CALIBRATION CHECK

- Remove plastic protective filter
- Calibration check
 - · Calibration check source...
 - · Keep in case and hold probe directly over
 - Wait for stabilization
 - · Match value to calibration certificate
 - ±20% of calibrated value

Instrument Operational Test

Turn the instrument ON by pressing the ON/ACK button for about a second, and then releasing.

The instrument should activate all the LCD segments and the audio. Observe the device during this time.

If any LCD segments are missing, or audio fails to work, the device is in need of repair. The instrument then displays the firmware version number and activates the Alarm LED briefly. Should the Alarm LED fail to turn on, the device is in need of repair.

Response Check

A reference reading with a check source, 1 μ Ci (37 kBq) of Cs-137 for example, should be obtained at the time the instrument is received in the field. If at any time the instrument fails to read within 20% of the reference reading when using the same check source, it should be sent to a calibration facility (i.e., ADPH ORC) for recalibration and/or repair.









- Cover probe with cling wrap
 - · Form smooth/tight surface
 - Nothing hanging down from probe (i.e., rubber band it tightly in place)
- Get background reading

Normal Operation & Changing Units

The instrument will then move to normal operation, displaying the current rate for the Primary units (default: cpm).

Malfunction Diagnostic

If the detector stops detecting radiation for 60 seconds, normally through a puncture of the thin mica window, the Model 26 will flash a zero reading for the currently selected units.

Detector Over Range

If the unit has an internal malfunction that causes it to count high or excessively, the unit flashes the maximum rate for the currently selected units as a warning.

The user should ensure whether this is being caused by a high radiation field or by internal malfunction.



LUDLUM 26: **MONITORING TECHNIQUE**

- Attach band to wrist/forearm
 - · Does not allow for hanging objects
 - · If meter is dropped, does not hit ground
- Maintain grip on meter at all times
- 1/2 inch away @ 1 inch/second for a radiation
- 1 inch away @ 1-2 inches/second for b radiation
- 1 inch away @ 1-2 inches/second for g radiation
 - · Pause if count rate increases.
 - · Re-survey to find location of highest count.
- cpm / kcpm (contamination)
 - 2 X Background (cpm) = contamination level in **Alabama**
 - Do NOT use the dose equivalent filter.







TRAINING VIDEO

https://youtu.be/ybLKYksin6s





LUDLUM 26-1: **POWER ON: BATTERY INSTALLATION**



- 1.Grab the ring on the screw.
- 2.Turn the ring one quarter turn counter-clockwise.
- 3.Release and remove the battery cover.
- 4.Install two AA batteries.

 Positive polarities point toward the pancake probe.
- 5.Firmly insert the barb of the battery cover completely into the body of the Model 26-1.
- 6.Replace the cover and turn ring one quarter of a turn clockwise to secure.

Battery Installation

A low-battery indicator appears at the bottom of the LCD when less than 16 hours of battery life remain.

When this indicator is present, follow the above steps to replace the two standard AA batteries.



LUDLUM 26-1: CALIBRATION CHECK

- · Remove plastic protective filter
- Calibration check
 - · Calibration check source...
 - · Keep in case and hold probe directly over
 - Wait for stabilization
 - Match value to calibration certificate
 - ±20% of calibrated value

Instrument Operational Test

Turn the instrument ON by pressing the ON/ACK button for about a second, and then releasing.

The instrument should activate all the LCD segments and the audio. Observe the device during this time.

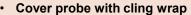
If any LCD segments are missing, or audio fails to work, the device is in need of repair. The instrument then displays the firmware version number and activates the Alarm LED briefly. Should the Alarm LED fail to turn on, the device is in need of repair.

Response Check

A reference reading with a check source, 1 μ Ci (37 kBq) of Cs-137 for example, should be obtained at the time the instrument is received in the field. If at any time the instrument fails to read within 20% of the reference reading when using the same check source, it should be sent to a calibration facility (i.e., ADPH ORC) for recalibration and/or repair.



LUDLUM 26-1: PROTECTION & BACKGROUND



- · Form smooth/ tight surface
- Nothing hanging down from probe (i.e., rubber band it tightly in place)
- Get background reading
 - · Monitoring for contamination
 - · Acquire background
 - Exposure rate
 - · Acquire background





Normal Operation & Changing Units

The instrument will then move to normal operation, displaying the current rate for the Primary units (default: cpm).

The user may select the Secondary units (default: mR/hr) by pressing the Units button.

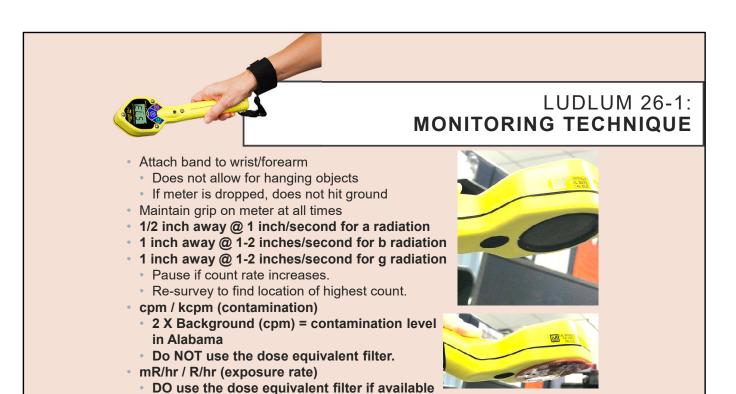
Malfunction Diagnostic

If the detector stops detecting radiation for 60 seconds, normally through a puncture of the thin mica window, the Model 26-1 will flash a zero reading for the currently selected units.

Detector Over Range

If the unit has an internal malfunction that causes it to count high or excessively, the unit flashes the maximum rate for the currently selected units as a warning.

The user should ensure whether this is being caused by a high radiation field or by internal malfunction.





GLOSSARY

- ALPHA RADIATION A positively charged particle emitted from the nucleus of a radioactive element. It has a low
 penetrating power and has a short range a few inches. Alpha particles are not an external hazard but are extremely
 hazardous when introduced into the body.
- ALARA An acronym for As Low As Reasonably Achievable. An approach to radiation protection to control or manage
 exposures as low as social, technical, economic, practical, and public policy considerations permit. ALARA is not a dose
 limit but a process to keep dose levels as far below applicable limits as reasonably achievable.
- BACKGROUND RADIATION The radiation in the natural environment, including cosmic rays and radiation from the
 naturally radioactive elements, both outside and inside the bodies of humans and animals. It is also called natural
 radiation. The average individual exposure from background radiation is 620 millirem per year.
- BETA RADIATION A negatively charged particle emitted from the nucleus during radioactive decay. It has a medium
 penetrating power and a range of up to a few feet. Large amounts of beta radiation may cause skin reddening, and are
 harmful if they enter the body. Beta radiation is an external and internal hazard.
- CONTAMINATION The deposition of unwanted radioactive material on the surface of structures, areas, objects, or personnel. Radioactive material in a location where it is unwanted.
- **CPM** An acronym for counts per minute and is associated with contamination surveys. The pancake probe (44-9) with the Ludlum 14C is used when detecting for contamination.
- DECONTAMINATION The reduction or removal of radioactive material from a location where it is unwanted.
- **DOSIMETER** A portable instrument or device used for measuring and registering the total accumulated exposure to ionizing radiation. Examples are pocket dosimeter, TLD or film badge.
- EMERGENCY CLASSIFICATION Levels 1. Notification of an Unusual Event (NOUE), 2. Alert, 3. Site Area Emergency, 4. General Emergency.

GLOSSARY

- **EMERGENCY WORKER** An individual performing duties to protect the health and safety of the public during a radiological emergency (e.g., firemen, school bus driver, police, highway personnel, medical personnel, etc.)
- EXPOSURE The absorption of radiation or ingestion of a radionuclide.
- EXPOSURE RATE The measure of radiation by a device (survey meter) over some time period, usually an hour.
- **GAMMA RADIATION** A high energy photon emitted from the nucleus of an atom. It has the most penetrating power and a range of up to hundreds of feet. Gamma rays will penetrate the internal organs; therefore, they are an internal and external hazard.
- GEIGER-MUELLER COUNTER A radiation detection and measuring instrument. It consists of a gas-filled tube containing
 electrodes, between which there is an electrical voltage but no current flowing. When ionizing radiation passes through a tube, a
 short intense pulse of current passes from the negative electrode to the positive electrode and is measured or counted. The
 number of pulses per second measures the intensity of radiation.
- **ION** An atom that has too many or too few electrons, causing it to be chemically active; an electron that is not associated (in orbit) with a nucleus.
- IONIZING RADIATION Any radiation capable of displacing electrons from atoms, thereby producing ions. Examples: alpha, beta, gamma, x-rays, neutrons and ultraviolet light. High doses of ionizing radiation may produce severe skin or tissue damage.
- INVERSE SQUARE LAW The law states the gamma rays intensity is inversely proportional to the square of the distance from a point source. Therefore, doubling the distance from a point source of gamma radiation decreases the exposure rate to one-fourth (1/4) the original exposure rate.

GLOSSARY

- IONIZATION The process of adding one or more electrons to, or removing one or more electrons from, atoms or molecules, thereby creating ions. High temperatures, electrical discharges, or nuclear radiation can cause ionization.
- LITHIUM FLUORIDE A chemical compound used in thermoluminescent dosimeters.
- KCPM An acronym for kilo counts per minute (thousands of counts per minute).
- MILLI A prefix meaning one-thousandth (1/1000) or divides a basic unit by 1000. For example, millirem is one-thousandth part of a rem)
- **PERSONNEL MONITORING EQUIPMENT** Devices designed to be worn by a single individual for the assessment of dose equivalent such as film badges, thermoluminescent dosimeters (TLDs), and pocket dosimeters.
- POTASSIUM IODIDE (KI) A chemical form of stable iodine that can be used by the body to block absorption of radioiodine by the thyroid gland.
- RAD An acronym for Radiation Absorbed Dose. The special unit of absorbed dose. One (1) rad is equal to an absorbed dose of 100 ergs/gram or 0.01 joule/kilogram (0.01 gray).
- RADIATION Is energy in the form of rays or high-speed particles. Radiation occurs naturally as in sunlight. Radiation is also manmade in the form
 of x-rays, medical treatments, nuclear weapons, and commercial nuclear power facilities. All forms of electromagnetic radiation make up the
 electromagnetic spectrum.
- RADIOACTIVE MATERIAL Any material which spontaneously emits particle or photon radiation in an effort to expend excess energy.
- RADIOACTIVITY The spontaneous emission of radiation, generally alpha or beta particle often accompanied by gamma rays from the nucleus of an unstable isotope.

GLOSSARY

- RCA An acronym for Radiation Control Agency.
- REM Roentgen Equivalent in Man. The special unit of dose equivalent in man. It is measurement of the effect of all types of radiation on the human body.
- ROENTGEN (R)-A unit of exposure to ionizing radiation in air. It is radiation effect in air from x-rays or gamma rays.
- SHIELDING Any material or obstruction that absorbs radiation and thus tends to protect personnel or material from the effects of ionizing radiation
- SURVEY METER Any portable radiation detection instrument adapted for inspecting an area to establish the existence and amount of radioactive material present.
- TEDE An acronym for Total Effective Dose Equivalent. Total Dose = External Dose + Internal Dose.
- THERMOLUMINISCENT DOSIMETER (TLD) An extremely accurate device used to measure and provide a permanent record
 of exposure to radiation.
- X-RAY A photon originating from the electron cloud rather that from the nucleus of an atom. One form of electromagnetic radiation. It has penetrating power like gamma radiation. X-rays will penetrate the internal organs; therefore, they are an internal and external hazard.

JUST IN TIME VIDEOS

- Portal Monitor: Ludlum 52-1 (Assembly for Personnel Configuration Only)
 - https://youtu.be/4-6IYR3fQrE
 - Note: wrap in plastic before turning on for background and doing response checks
 - Note: AC adaptor optional
 - Note: check calibration date on label performed by ADPH
- Portal Monitor: TPM-903A (Assembly for Personnel & Vehicle Configurations)
 - https://youtu.be/s5PbB2LCBYg
 - Note: wrap in plastic before turning on for background and doing response checks
- Frisker: Ludlum 26 Training (Personnel & Vehicle Monitoring)
 - https://youtu.be/qHRozznOdRk
 - Note: wrap probe in plastic
 - Note: check calibration label from ADPH
 - Note: Alarms are set for 2x background







JUST IN TIME VIDEOS

- Frisker: Ludlum 26-1 (overview only)
 - https://youtu.be/ijaxIBZjdbE
 - Follow all training for Ludlum 26, but note features of 26-1
- Survey Meter: Ludlum 14C (overview only)
 - https://youtu.be/Im16jXwxRP0
 - Note: Follow ADPH Just In Time training sheet for instructions of assembly & ADPH protocols for monitoring
- Pocket Dosimeter Zeroing: Using CDV-730 Charger (quick overview)
 - https://youtu.be/0yxneFugDQE
- Pocket Dosimeter: Usage of Low & High Range Dosimeters
 - https://youtu.be/Nez1_pi_8z4
 - Note: Although many protocols in the video are in line with ADPH protocols, always follow ADPH protocols



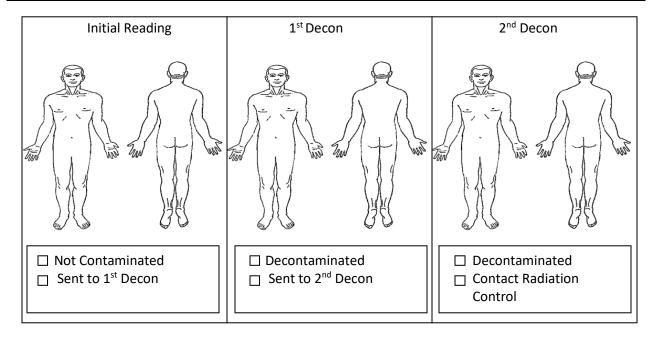






PERSONAL INFORMATION					
Name:	SSN:				
Address:	Sex: M F				
City:	State:	Zip Code:	Phone#:		
Reception Center:			Date:		

EXTERNAL CONTAMINATION			
Note: Contamination Limit in Ala	Background Rea	ding:CPM	
Area of Contamination (Indicate Location on Diagram Below)	Initial Reading (CPM)	Reading Following 1st Decon (CPM)	Reading Following 2 nd Decon (CPM)
1			
2			
3			
4			
5			
6			
7			
8			_
9			
10			

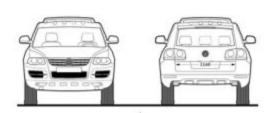


Name:				Date:	
Address:			Phone#:		
City: State:			State:	Zip Code:	
Year: Make: Model:			Color:	Tag:	

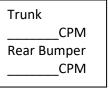
NOTE: Contamination Limit in Alabama is 2 X Background

Background Reading Meter A: _____CPM **Background Reading Meter B:** ____CPM

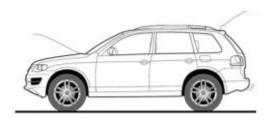
Front Bumper CPM	Air Intake/Filters (specify location)
Front Grill	
CPM	CPM
Hood	
СРМ	CPM



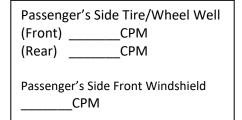
(Indicate the Location)

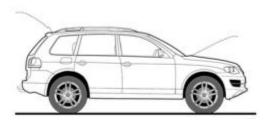


Driver's Side Tire/Wheel Well				
(Front)	CPM			
(Rear)	CPM			
Drivor's Cida	. Frant Windshield			
Driver's Side Front Windshield				
CPM				

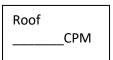


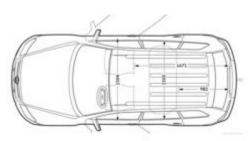
Driver's Side Door Handles			
(Front)	CPM		
(Rear)	CPM		
	de Back Windshield PM		





Passenger's Side Door Handles				
(Front)	CPM			
(Rear)CPM				
Passenger's Side Back Windshield				
CPM				



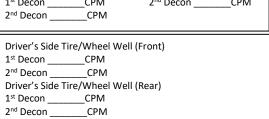


Remarks	

Interior Area(s)			
Steering Wheel	CPM		
Pedal (gas)	CPM		
Pedal (brake)	CPM		
Pedal (clutch)	CPM		
Pedal (emerg. brake)	CPM		
Driver's Seat	CPM		
Passenger's Seat	CPM		
Back Seat (specify)			
	CPM		
Dashboard	CPM		
Center Console	CPM		
Radio/air controls	CPM		
Air vents	CPM		
Interior handle (specify)			
	CPM		
Floorboard	CPM		

2 Decontamination of vehicle:

Front Bumper		Air Intake/Filter	rs
1st Decon	CPM	(specify location	n)
2 nd Decon	CPM		
Front Grill		1st Decon	CPM
1st Decon	CPM	2 nd Decon	CPM
2 nd Decon	CPM		
Hood		1st Decon	CPM
1st Decon	CPM	2 nd Decon	CPM
2 nd Decon	CPM		



2nd Decon _____CPM
Driver's Side Front Windshield
1st Decon ____CPM
2nd Decon ____CPM

Passenger's Side Tire/Wheel Well (Front)

1st Decon _____CPM

2nd Decon ____CPM

Passenger's Side Tire/Wheel Well (Rear)

1st Decon ____CPM

2nd Decon ____CPM

Passenger's Side Front Windshield

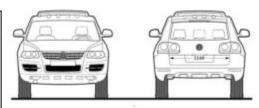
1st Decon ____CPM

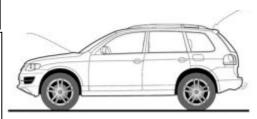
Roof

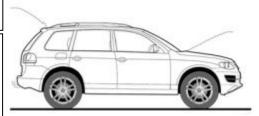
1st Decon _____CPM

2nd Decon ____CPM

2nd Decon ___



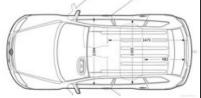




Trunk	
1st Decon	CPM
2 nd Decon	CPM
Rear Bumper	
1st Decon	CPM
2 nd Decon	CPM

Driver's Side Do	oor Handles (Front)
1st Decon	CPM
2 nd Decon	CPM
Driver's Side Do	oor Handles (Rear)
1st Decon	CPM
2 nd Decon	CPM
Driver's Side Ba	ick Windshield
1st Decon	CPM
2 nd Decon	CPM

Passenger's Side Door Handles (Front)		
, ,		
1 st DeconCPM		
2 nd DeconCPM		
Passenger's Side Door Handles (Rear)		
1 st DeconCPM		
2 nd DeconCPM		
Passenger's Side Back Windshield		
1 st DeconCPM		
2 nd DeconCPM		



NOTE: In event that after the 2nd attempt to decon still remains above the established contamination limit, isolate vehicle and contact Radiation Control.

METHOD OF DECONTAMINATION:

Wipe inside with damp cloth Vacuum floorboards Wash outside with soap and water

FURTHER ACTION REQUIRED:

Decon complete. Refer to Clean Parking Area Further Decon required. Refer to Secured Parking Area

	Interi	or Area(s)		
Steering Wheel	1st Decon _	CPM	2 nd Decon	CPM
Pedal (gas) 1st Decon	CPM	2 nd Decon	CPM	
Pedal (brake)	1st Decon _	CPM	2 nd Decon	CPM
Pedal (clutch)	1st Decon _	CPM	2 nd Decon	CPM
Pedal (emerg. brake)	1 st Decon _	CPM	2 nd Decon	CPM
Driver's Seat	1 st Decon _	CPM	2 nd Decon	CPM
Passenger's Seat	1 st Decon _	CPM	2 nd Decon	CPM
Back Seat (specify)				
	1 st Decon _	CPM	2 nd Decon	CPM
Dashboard 1st Decon	CPM	2 nd Decon	CPM	
Center Console	1 st Decon _	CPM	2 nd Decon	CPM
Radio/air controls	1 st Decon _	CPM	2 nd Decon	CPM
Air vents	1 st Decon _	CPM	2 nd Decon	CPM
Interior handle (specify)				
	1 st Decon _	CPM	2 nd Decon	CPM
Floorboard	1st Decon _	CPM	2 nd Decon	CPM

Remarks

LUDLUM 14C SURVEY METER





Pancake Probe (44-9)



Response Check



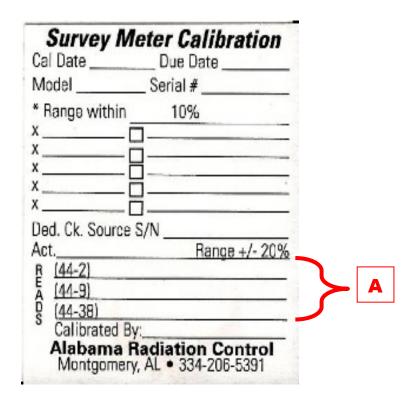
Calibration Label

LUDLUM 14C GUIDE

PRE-OPERATIONAL CHECK

- Verify annual calibration due date has not expired.
- Conduct a physical inspection of meter.
- Turn the multiplier switch to the "Off" position.
- Turn toggle switches to "AUD ON" and to "FAST RESPONSE."
- Open battery compartment beneath handle and install 2 D-cell batteries. Correct polarities are engraved on inside of lid. (+) should touch the positive side of battery. (-) should touch the negative side of the battery.
- Connect cable to unit and a pancake (44-9) probe. Remove protective cover from probe.
- Turn Multiplier Switch to lowest scale (X0.1) and press and hold "BAT" button. Needle should deflect to "BAT OK" or "BAT TEST."
- Open the source window and place open probe against source while looking for visual needle deflection and listening for an audible sound. Then remove the probe from the source. This is a "response" check."
- Turn toggle switches to "AUD OFF."
- Place open probe against source for visual needle deflection, then scale up with Multiplier Switch until a steady reading is obtained that is not off-scale. This is a "calibration check."
- Each probe shall read within +/- 20% of the reference reading found on the calibration sticker. (see "A" on next page)
- Cover probe with plastic wrap, non-freezer plastic bag, or latex/nitrile glove. This prevents the probe from being contaminated. If using bag, secure to probe tightly using rubber band to ensure nothing is hanging down. If using glove, fold back fingers and tape down toward handle.
- Turn toggle switches to "AUD ON" and to "SLOW RESPONSE." Close source windows. Change multiplier switch to X0.1 and press "RESET."
- Take a background radiation reading with probe open window (X0.1 position) using the pancake probe (44-9). Average background using a Ludlum is typically 50 counts per minute (cpm).
- Turn toggle switch to "FAST RESPONSE."
- For problems, contact the local EMA.

CALIBRATION LABEL



Card to be attached with Ludlum 14C

LUDLUM MODEL 14C ASSEMBLY INSTRUCTIONS		
Probe	Setting	Upper Scale - Reads CPM
Pancake 44-9	X 0.1	100 200 300 400 500 600
Contamination	X 1	1,000 2,000 3,000 4,000 5,000 6,000
	X 10	10,000 20,000 30,000, 40,000 50,000 60,000
	X 100	100,000 200,000 300,000 400,000 500,000 600,000
Internal Probe	X 1000	1,000,000 2,000,000 3,000,000 4,000,000 5,000,000 6,000,000

- Verify, Inspect, and Turn Off
- AUD ON + FAST
 - Response check
 - Battery check
- AUD OFF + FAST
- Calibration check
- AUD ON + SLOW
 - Cover probe
 - Background
- AUD ON + FAST
 - Monitor

Detailed instructions (PDF) and a video can be found at https://bit.ly/ludlum14cjit





RADIOLOGICAL EMERGENCY ASSISTANCE CONTACTS



FOR USE WITH... EMERGENCIES & INCIDENTS INVOLVING RADIOACTIVE MATERIAL (NON-REACTOR EMERGENCY)

LICENSEES & REGISTRANTS	FIRST RESPONDER
NON-EMERGENCY: Alabama Radiation Control Office (M-F, 8AM - 5PM CT) 334.290.6244 800.582.1866 EMERGENCY: Alabama Radiation Control Office 24-hour Duty Officer 334.324.0076	CALL #1: County EMA (

*Current as of January 1, 2023

*Destroy all Earlier Editions Alabama Department of Public Health
Office of Radiation Control
Prattville, AL

Copies of this document available at https://www.alabamapublichealth.gov/radiation

23ADPH-RAD-1/REV.23.2