

## **Alabama WIC Food Package Training Video for Staff**

## **Outline**

- Background
- Overview of food package changes
- New Alabama WIC approved foods list
- New Cash Value Voucher

## **Outline**

- New food packages
- Special formula food packages and medical documentation
- New manual food instrument
- New forms and brochures

## **The Changes**

- Implementing
  - Monday, September 28, 2009
- First major food package change since 1974
- Our goal?
  - Smooth transition!

## **How Did We Get Here?**

- Efforts to change packages began in 2003
  - Institute of Medicine (IOM) conducted study on WIC participant's nutrition needs
    - USDA published Interim Final Rule
      - We're implementing 9/28/09

## **New Food Packages**

- Meet the 2005 *Dietary Guidelines for Americans*
- Consistent with American Academy of Pediatrics recommendations on infant feeding
- Address emerging nutrition-related issues
  - Obesity, poor iron status

### **New Food Packages**

- **Strengthen breastfeeding promotion and support in WIC**
- **Increase overall food choices for more appeal to diverse populations**

### **Overview of Food Changes**

- **Fresh fruits and vegetables**
- **Whole grains**
- **Less milk, cheese, and juice for children and women**

### **Overview of Food Changes**

- **Milk with lower fat content**
  - **Women, children 24 months and older**
- **Whole milk**
  - **Children 12 – 23 months**

### **Infant Food Packages**

- **Three infant feeding options**
  - **Fully formula feeding**
  - **Fully breastfeeding**
  - **Partially breastfeeding**

### **Infant Food Packages**

- **Formula amounts**
  - **Based on infant's age and feeding option**
- **Complementary foods**
  - **Delayed until 6 months**

### **Infant Food Packages**

- **Baby food**
  - **Fruits and vegetables for all infants**
  - **Meats for fully breastfeeding infants**
- **No juice in infant food packages**

## Why Now?

- Implementing September 28, 2009
- Start educating by June 29
- Provide information on infant and breastfeeding
  - More information from your Nutrition Director
- Five new handouts
  - Kinds and amounts of food in each package

## New AL WIC Approved Foods



## Cereals

- Changes
  - Jim Dandy Grits & General Mills Corn Chex have been removed
  - Honey Kix replaces Kix
  - Half the cereals must be whole grain

## Cereals

- Changes
  - Can choose any combination not exceeding 36 ounces
    - 12 oz. + 12 oz. + 12 oz. = 36 oz.
    - 14 oz. + 18 oz. = 32 oz.
    - 18 oz. + 18 oz. = 36 oz.

## Cereals

- Buy only these cereals
  - Rice Chex
  - Corn Flakes
  - Rice Krispies
  - Special K
  - Quaker Instant Grits (Original)
  - Honey Bunches of Oats
    - Honey Roasted & Almond
  - King Vitamin
  - Crispix

## Cereal

- Buy only these cereals (whole grain)
  - Cheerios
  - MultiGrain Cheerios
  - Wheat Chex
  - Honey Kix
  - Total
  - All-Bran

## **Cereal**

- Buy only these cereals (whole grain)
  - Frosted Mini-Wheats
  - Post Selects Banana Nut Crunch
  - Quaker Instant Original Oatmeal

## **Eggs**

- No proposed changes
- Remember
  - Large only (white or brown)
  - Eggland's Best and other specialty eggs are not WIC approved

## **Milk**

- Changes
  - “Least expensive” vs. “store brand or least expensive”
    - Reduce confusion
  - May purchase the following in gallon or half gallon sizes
    - Fat free
    - 1% fat reduced
    - 2% fat reduced
    - Whole

## **Milk**

- Milks may be
  - Calcium enriched
  - Lactose free
  - Lactose reduced
    - Lactose free or lactose reduced milk no longer has to be specified on food instrument

## **Milk**

- Varieties approved only when specified on food instrument
  - 12 oz. can evaporated milk
    - Carnation or Pet brands
  - 9.6 oz. box dry milk
  - 8 oz. ultra high temperature milk
  - 12 oz. can goat milk
    - Meyenberg evaporated brand only

## **Milk**

- More changes
  - May substitute one 16 oz. package of cheese and 1 quart of buttermilk for one gallon of milk
    - Only allowed when specified on food instrument
    - Must be least expensive

## **Milk**

- Varieties not allowed for purchase
  - Flavored
  - Soy
  - Acidophilus treated
  - Condensed
  - Organic

## **Cheese**

- Must be “least expensive”
- Can be purchased in 16 oz. packages only
- Varieties remain the same
  - Processed American, Cheddar, Colby, Monterey Jack, Mozzarella, Swiss
  - Low fat, low cholesterol, low sodium, sliced, hoop or block

## **Juices**

- 64 oz. and 48 oz. containers added
  - Select size as specified on food instrument
- May now contain added calcium
- Must be 100% juice without added sweeteners
- No fruit punch, fruit drink or drink-ades

## **Juices**

- Only the following 64 oz. juices
  - All flavors Juicy Juice
  - All Northland Cranberry juice blends
  - Seneca 100% Apple Juice
  - Welch’s 100% Grape, White Grape & Red Grape Juice
  - Orange
  - Grapefruit

## **Juices**

- Only the following 48 oz. juices
  - All Northland Cranberry juice blends
  - Lucky Leaf 100% Apple juice
  - Seneca 100% Apple juice

## **Juices**

- Only the following 46 oz. juices
  - All Juicy Juice flavors
  - Dole Pineapple juice
  - Essential Antioxidants V8 juice
  - Lucky Leaf 100% Apple juice
  - Welch’s Grape & White Grape juice
  - Whitehouse 100 % Apple juice
  - Orange, grapefruit & orange grapefruit juices

### **Juices**

- Only the following 11.5oz – 12 oz. frozen juices
  - Dole 100% Pineapple juice
  - Seneca 100% Apple & Grape juices
  - Welch’s 100% Grape, White Grape, White Grape Peach, White Grape Pear, White Grape Raspberry Juice
  - Grapefruit, orange, orange grapefruit

### **Whole Wheat & Whole Grain Breads**

- A new addition
  - Must be purchased in 16 oz. packages
  - Refer participants to brochure to see which brands of breads can be purchased

### **Brown Rice**

- Can be purchased instead of whole wheat or whole grain bread
  - 16 oz. bag of any brand of plain brown rice
  - No gourmet or organic blends

### **Peanut Butter**

- No changes
- Purchase any 18 oz. brand
- No whipped, spreads, low fat, organic, combinations with jelly, honey, etc.

### **Dried Peas or Beans**

- No changes
- Any brand
- 16 oz. bag
- No added flavorings

### **Tuna**

- Fully breastfeeding woman
- New 5 oz. can size
  - Light tuna, chunk style, packed in water
  - No solid white

### **Salmon**

- Canned salmon now an option
  - Any brand of pink salmon in 14.75 oz. can
  - Amount specified on food instrument
- No red or sockeye salmon

### **Infant Cereals**

- Infant whole wheat cereal added
- Any brand
- 8 oz. box
  - May be rice, oatmeal, barley, mixed or whole wheat
  - No fruit, organic or DHA and other additives

### **Infant Juice**

- No longer WIC approved

### **Infant Food Package Additions**

- Fruits & vegetables
  - Any brand of 2<sup>nd</sup> stage infant fruits & vegetables
  - 4 oz. single varieties only
- No fruits & vegetables containing sugars, starches, salt or DHA
- No organic

### **Infant Meats**

- Fully breastfed infants
  - Any brand of 2<sup>nd</sup> stage infant meats
  - 2.5 oz. jars
- No DHA or organic

### **Infant Formula**

- Continue to purchase brand, type, size and quantity specified on the food instrument
- No substitutions allowed

## Fresh Fruits and Vegetables

- Big addition
- Fresh only
- Whole or cut
  - Sweet potatoes and yams allowed
- No
  - White potatoes, herbs, spices, edible blossoms or flowers (broccoli, cauliflower and artichokes are allowed)

## Fresh Fruits and Vegetables

- No
  - Salad bar items
  - Party trays or fruit baskets
  - Nuts
  - Ornamental or decorated
  - Bagged lettuce/salad greens with dressing or croutons
  - Canned, frozen or dried fruits or vegetables

## Fresh Fruits and Vegetables

- \$6, \$8, and \$10 cash vouchers will be provided
  - Dependent upon participant's status

## Cash Value Voucher

Alabama Department of Public Health		WIC Program		75489253
Barney Rubble CHR. 001995990		First Day To Use Oct 1, 2009	Last Day To Use Oct 30, 2009	
Package CHI-5		Vendor Stamp	Pay Exactly	
Fresh Fruits and Vegetables-Not to Exceed \$6.00			\$	Corrected Amount
No Cash Back		Must be deposited within 60 days of first day of use.		
Whole or Cut - Organic Allowed See AL WIC Approved Foods Brochure Cannot Use at Farmers Markets or Roadside Stands		Authorized Signature **Present ID**		
WIC is your #1 source for nutrition information!		First Day to Use: Oct 1, 2009		

\*75489253\* 1061119684 2507986\*

## Cash Value Voucher

- Instrument for fresh fruits and vegetables
- Given in \$6, \$8 and \$10
  - Determined by WIC status
- Infants not eligible
- Can only be used at grocery stores
- Separate from Farmer's Market Nutrition Program

## Cash Value Voucher

- If cost exceeds value of voucher participants pay the difference
  - Cash
  - Credit/debit
  - Store gift cards
  - Food stamps
- If cost is less than voucher participants do not receive any money back



## Cash Value Voucher

- Review new brochure with participants
- Review Alabama WIC Guide for Using the Cash Value Vouchers

## New Food Packages

- Brand new
- Name changes on package codes
  - Easier to remember
  - Based on status
- New codes
  - CH1
  - CH2

## CH1

- For children 12-23 months
- CH = child
- 1 = 1-year-old

## CH1

- Total monthly amount
  - Milk must be whole
    - 4 gal. whole milk OR 3 gal. whole milk + 16 oz. cheese & 1 qt. buttermilk
  - No code for lactose reduced and lactose free milk
    - Can purchase these with any food instrument allowing milk

## CH1

- Total monthly amount
  - Two 64 oz. containers of juice
  - Two 16 oz. whole grain/whole wheat bread OR two 16 oz. brown rice
  - 1 dozen eggs
  - 36 oz. cereal
  - 18 oz. peanut butter OR 16 oz. dried beans/peas

## CH1

- Total monthly amount
  - \$6.00 value food instrument for fresh fruits/vegetables
  - Continue offering information on choking precautions
    - Refer to Feeding Your Toddler brochure for reminders

Patient: CHILD ONE SAMPLE INTERIMRULE - (002120904)  
 Patient Search/Add | Patient | Encounters | Enrollment | Notes | Insurance Status: Active  
 Add | Add WIC Pickup  
 Find  
 Child Health Growth Charts  
 WIC Growth Charts  
 CS INTERIMRULE  
 02/12/2009  
 WIC  
 Services Performed  
 Service Type: WIC/WOMEN INFANTS CHILDREN | Age: 14 Month(s)  
 Visit Type: 01 - INITIAL | Service Status: CCOMPLETE  
 Service Time Begin: 00:00 AM | End Time: 00:00 AM  
 Eligible: Yes | Service Completed: 02/12/2009  
 WIC Certification Data  
 Status: CHILD | Birth Information  
 Elig Exp Date: 08/12/2009 | High Risk: NEE:  Not Required  Deferred  Clear  
 Measure Date: 02/12/2009 | Ht: 31.0 | Wt: 25.00 | Hwb: 12 | Het: | BwD: 02/12/2009  
 Risks 1: 904 - E | 2: NONE | 3: NONE | 4: NONE | 5: NONE | Priority III - PRIORITY III  
 Frequency: 3 - THREE MONTH | Food Inst 1: CH1 | 2: CH1 | 3: CH1 | Food Instrument...  
 CH1 | CH1 | No | Check Pickup Date: 00:00/0000  
 WIC Serv Performed:  PNE  BP/ED  SNE/Class  Ind  Kickoff  Web  Select Providers  
 Original CHR: 002120904 | Updated By: CS80ADMIN | Update Date: 2/12/2009 10:15  
 Ready | 2/13/09 12:51:09

## CH1

- Monthly allowances divided on to 5 food instruments
  - First 4
    - Food
  - Fifth
    - Cash Value Voucher

## CH1

- Food Instrument 1 (CH1-1)
  - 1 gallon whole milk
  - 1-64 oz. juice
  - 1-16 oz. whole grain/whole wheat bread
  - OR
  - 1-16 oz. brown rice

## CH1

- Food Instrument 2 (CH1-2)
  - 1 gallon whole milk
  - 1-64 oz. juice

## CH1

- Food Instrument 3 (CH1-3)
  - 1 gallon whole milk
  - 36-oz. cereal
  - 1-18 oz. peanut butter
  - OR
  - 1-16 oz. dried peas/beans

## CH1

- Food Instrument 4 (CH1 - 4)
  - 1 gallon whole milk
  - OR
  - 1-16 oz. cheese & 1 qt. buttermilk
  - 1 dozen eggs (large only)
  - 1-16 oz. whole grain/whole wheat bread
  - OR
  - 1-16 oz. brown rice

# CH1

- Food Instrument 5 (CH1 - 5)
  - \$6.00 Cash Value Voucher
  - Used to purchase fresh fruits and vegetables at grocery stores only
- Partial month food instruments
  - PHALCON will start omitting at the 4th food instrument, then 3rd, then 2nd

# CH 1

- When to tailor food packages
  - Medically or nutritionally warranted
  - Patient cannot use maximum amounts or refuses a food item

## CH2

- For the child who is 24 months through 60 months of age
- CH = child
- 2 = 2 years and older

## CH2

- Total monthly amount
  - 4 gallons 2%, 1%, fat-free milkOR
  - 3 gallons 2%, 1%, fat-free milk + 16 oz. cheese & 1 qt. buttermilk
  - 2-64 oz. containers of juice
  - 2-16 oz. whole grain/whole wheat breadOR
  - 2-16 oz. brown rice

## CH2

- Continue offering information about choking precautions
- Feeding Your Toddler and Feeding Your Preschooler brochures

WIC Certification Data

Status: C-CHILD

Elig Exp Date: 08/12/2009 High Risk:  NEE:  Not Required  Deferred  Clear

Measure Date: 02/12/2009 Hgt: 35.0 Wt: 30.00 Hwb: 12 Hct: BWD: 02/12/2009

Risks 1: 904 - E 2: NONE 3: NONE 4: NONE 5: NONE Priority: PRIORITY III

Frequency: 3-THREE MONTHL Food P g 1: CH2 2: CH2 3: CH2 Food Instrument: CH2

WIC Serv Performed:  PNE  BF ED  SNE: Class  Ind  Kiosk  Web

Original CHR: 002126905 Updated By: CS80ADMIN Update Date: 02/12/2009 10:17

## CH2

- Monthly allowances divided on to 5 food instruments
  - First 4
    - Food
  - Fifth
    - Cash Value Voucher

## CH2

- Food Instrument 1 (CH2 - 1)
  - 1 gallon 2%, 1%, fat-free milk
  - 1-64 oz. juice
  - 1-16 oz. whole grain/whole wheat breadOR
  - 1-16 oz. brown rice

## CH2

- Food Instrument 2 (CH2 - 2)
  - 1 gallon 2%, 1%, fat-free milk
  - 1-64 oz. juice

## CH2

- Food Instrument 3 (CH2 - 3)
  - 1 gallon 2%, 1%, fat-free milk
  - 36 oz. cereal
  - 1-18 oz. peanut butter

OR

  - 1-16 oz. dried peas/beans

## CH2

- Food Instrument 4 (CH2 - 4)
  - 1 gallon 2%, 1%, fat-free milk

OR

  - 1-16 oz. cheese & 1 qt. buttermilk
  - 1 dozen eggs (large only)
  - 1-16 oz. whole grain/whole wheat bread

OR

  - 1-16 oz. brown rice

## CH2

- Food Instrument 5 (CH2 - 5)
  - \$6.00 Cash Value Voucher
  - Fresh fruits and vegetables

## Child Food Package Changes

- 12-23 mos. receive whole milk
- 24 + mos. receive lower fat milk
  - 2%, 1% and fat-free
- Juice containers now 64 oz.
- Whole grain/whole wheat bread or brown rice
- Cheese & buttermilk can replace milk
- \$6.00 Cash Value Voucher

## NEW & IMPROVED! WIC Foods for Children


The new WIC foods help your child meet today's nutrition needs. You can continue to enjoy milk, cereal, eggs, juice, peanut butter or beans plus fresh fruits and vegetables and whole grain!

### Your New WIC Foods:

- Are lower in fat and higher in fiber
- Help maintain a healthy weight for your child
- Offer a variety to help with picky eating habits
- Are consistent with Dietary Guidelines and MyPyramid recommendations!

### What you will receive:

Give your child more variety with the new 2002 foods!



GRAINS	FRUITS & VEGETABLES	DAIRY	PROTEIN
36 ounces cereal	128 ounces vitamin C-rich juice	4 gallons reduced fat milk*	1 dozen eggs
2-16 ounce whole wheat bread OR 2-16 ounce brown rice	\$6 cash value voucher for fresh fruits and vegetables	16 ounces cheese allowed substitution	16 ounces dried beans or peas OR 18 ounces peanut butter

\*Children under 2 get whole milk only.

### **CHR Documentation**

- Children 22 - 23 months old
  - Food package CH1
  - No CHR documentation needed until next recert
    - PHALCON automatically updates code to CH2

### **Infant to Child Status**

- For use 30 days before 1st birthday
- Change infant status to “I to C” in 11th month
  - Complete an SNE at this visit
  - Complete required fields on Encounter Screen & SAVE
- Can change food package without having to recertify infant
- Food package will be CH1

### **Prenatal Food Package**

- Food code
  - PN (for prenatal)

### **PN - Prenatal Woman**

- Total monthly amount
  - 5½ gallons 2%, 1%, fat-free milk
  - OR
  - 4½ gallons 2%, 1%, fat-free milk + 16 oz. cheese & 1 qt. buttermilk
  - 3-48 oz. containers
  - OR
  - 3-46 oz. containers
  - OR
  - 3-12 oz. frozen juice

### **PN - Prenatal Woman**

- Total monthly amount
  - 1-16 oz. whole grain/whole wheat bread
  - OR
  - 1-16 oz. brown rice
  - 1-dozen eggs
  - 36 oz. cereal

### **PN - Prenatal Woman**

- Total monthly amount
  - 18 oz. peanut butter
  - 16 oz. dried beans/peas
  - \$8.00 Cash Value Voucher
    - Fresh fruits & vegetables

Patient: PRENATAL MOCKUP SAMPLE INTERIMRULE - (002120906)  
 Patient Search/Add | Patient | Encounters | Enrollment | Notes | Maternity Care | Insurance Status: Active  
 Add | Add WIC Pickup | WIC | Services Performed  
 Service Type: WIC-WOMEN INFANTS CHILDREN | Age: 24 Years  
 Visit Type: 01-INITIAL | Service Status: COMPLETE  
 Service Time Begin: 00:00 AM | End Time: 00:00 AM  
 Eligible: Yes | Service Completed: 02/12/2009  
 WIC Certification Data  
 Status: W-PRENATAL | Pregnancy Info: PPW: 120 | BMI: 18.97 | BMI is NORMAL  
 High Risk: NEE:  Not Required  Deferred  Clear  
 Elig Exp Date: 11/26/2009 | Mt: 65.0 | Wt: 125.00 | Hgt: 12 | BWD: 02/12/2009  
 Measure Date: 02/12/2009  
 Risks 1: 904-E | 2: NONE | 3: NONE | 4: NONE | 5: NONE | Priority: PRIORITY1  
 Frequency: 3-THREE MONTH | Food P: 1: PN | 2: PNK | 3: PNM | Food Instrument:   
 Next Check Pickup Date: 00:00/0000  
 WIC Serv Performed:  WIC  BFED  SWE: Class: Ind: Kiosk: Web:  Select Providers  
 Original CHR: 002120906 | Updated By: CS80ADMN | Update Date: 2/12/2009 10:19  
 Ready | 2-13-09 12:55:59

## PN - Prenatal Woman

- Monthly allowances divided on to 5 food instruments
  - First 4
    - Food
  - Fifth
    - Cash Value Voucher

## PN - Prenatal Woman

- Food Instrument 1 (PN - 1)
  - 1-1/2 gallon 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-16 oz. whole grain/whole wheat bread
  - OR
  - 1-16 oz. brown rice

## PN - Prenatal Woman

- Food Instrument 2 (PN - 2)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 oz. OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-18 oz. peanut butter

## PN - Prenatal Woman

- Food Instrument 3 (PN - 3)
  - 1 gallon 2%, 1%, fat-free milk
  - 1-48 oz. OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 36 oz. cereal
  - 1-16 oz. dried peas/beans

## PN - Prenatal Woman

- Food Instrument 4 (PN - 4)
  - 1 gallon 2%, 1%, fat-free milk
  - OR
  - 1-16 oz. cheese & 1 qt. buttermilk
  - 1 dozen eggs (large only)

## PN - Prenatal Woman

- Food Instrument 5 (PN - 5)
- \$8.00 Cash Value Voucher
- Fresh fruits and vegetables

## NEW & IMPROVED! WIC Foods for Pregnancy

The new WIC foods help you and your baby meet today's nutrition needs during pregnancy. You can continue to enjoy milk, cereal, eggs, juice, peanut butter and beans plus fresh fruits and vegetables and whole grains!

### Your New WIC Foods:

- Are lower in fat and higher in fiber
- Promote healthy weight gain for you and your baby
- Improve the variety of foods available
- Are consistent with Dietary Guidelines and MyPyramid recommendations!

### What you will receive:

Get 2000 foods for a healthy you and a healthy growing baby!



GRAINS	FRUITS & VEGETABLES	DAIRY	PROTEIN
30 ounces iron-fortified cereal	144 ounces vitamin C-rich juice	5 1/2 gallons reduced fat milk	1 dozen eggs
15 ounces whole wheat bread OR 15 ounces brown rice	\$5 cash value voucher for fresh fruits and vegetables	16 ounces cheese allowed substitution	16 ounces dried beans or peas 18 ounces peanut butter

## The Choice

We need your baby to grow up healthy and strong! Because pregnancy on WIC helps you more pregnant, your baby may also be on WIC. So please let us know as soon as you have your baby, and we will make an appointment for you and your baby to be seen in the office.

- Mothers who are fully breastfeeding will receive more foods and this on WIC longer.
- If you are pregnant with more than one baby, you will receive more foods.
- Breastfeeding support is available.
- Baby cereal, fruits, and vegetables will be added at month of age.
- If you are fully breastfeeding your baby will receive double amounts of baby fruits and vegetables and baby meals.

If you choose not to breastfeed your baby, the following formulae are allowed based on your baby's age:

- **Infant, Adolescent, Standard Infant, Adolescent, or Standard Formula.** Special medical formula may be available with a doctor's prescription.
- The amount of formula will be reduced after baby's one, two, and vegetable are introduced at month of age.

## WIC MOM-TO-BE

We want your baby to grow up healthy and strong! Because pregnancy on WIC helps you more pregnant, your baby may also be on WIC. So please let us know as soon as you have your baby, and we will make an appointment for you and your baby to be seen in the office.

We support the feeding choices you make. For our breastfeeding mothers, we will provide support to help you breastfeed. Please include information on our feeding your baby.

Parents, legal guardians or proxy must BRING THIS COMPLETED FORM to the clinic along with proof of the following in order to get your baby on WIC. If the proxy brings in the clinic, it must have been completed by the parent or legal guardian before bringing to the clinic.

- **PROOF** (must bring for all household members): Bring Medicaid card, Family Assistance (TANF) or Food Stamp Eligibility Notice. If none of the above applies, bring recent pay stubs, recent tax return, or a letter from current employer.
- **IDENTIFICATION** (for mother and infant): Bring WIC ID card (orange ID label) and another form of identification for self (Driver's License, Social Security card, State's Registration card, Medicaid card or Birth Certificate) and Baby's birth certificate or crib card.
- **RESIDENCE** (must include a street address): Bring one of the following: Recent utility, gas, electric, telephone or water bill; a current rental agreement.

Mother's Name: \_\_\_\_\_  
 Address/City/Zip: \_\_\_\_\_  
 Telephone: \_\_\_\_\_  
 Cell #: \_\_\_\_\_ (with #)  
 Medical Number: \_\_\_\_\_  
 Baby's Name (as written on Birth Certificate): \_\_\_\_\_  
 Date of Birth: \_\_\_\_\_ Baby's sex:  Male  Female  
 Birth length: \_\_\_\_\_ Birth weight: \_\_\_\_\_  
 Baby's Ethnic Category: \_\_\_\_\_ Not Hispanic or Latino  
 Baby's Race:  American Indian or Alaska Native  Asian  
 Black or African American  Native Hawaiian or other Pacific Islander  
 Other  
 Baby's Medicaid Number or another temporary number: \_\_\_\_\_  
 Number in family (including baby): \_\_\_\_\_  
 How are you feeding your baby? (check one)  
 Only Breastfeeding  
 Breastfeeding and formula  
 Only formula (infant only)  Infant, Adolescent  Infant, Adolescent  Standard Formula  
 \*All other formula require a WIC prescription form. However, the Standard WIC Program does not accept prescriptions for other formula compatible with breast, soy based, or lactose free formula.

## Fully Breastfeeding Woman Food Package

- FB (Fully Breastfeeding)
- WIC breastfeeding definition
  - “The practice of feeding a mother’s breast milk to her infant on the average of once a day.”
- Definition places mother in breastfeeding status & provides supplemental foods

## Fully Breastfeeding Woman Food Package

- Accurately reflect how mother feeds infant
- Encourage breastfeeding
- Discourage formula for first month



### **Fully Breastfeeding Woman Food Package**

- Fully breastfeeding
  - No formula from WIC
  - Largest amount and variety of WIC foods
- New name for the Enhanced Breastfeeding Package

### **Fully Breastfeeding Woman Food Package**

- Code FB
  - Fully Breastfeeding
- Package for up to 12 months after birth of infant

### **FB**

- Total monthly amount
  - 6 gallons 2%, 1%, fat-free milk
  - OR
  - 5 gallons 2%, 1%, fat-free milk + 16 oz. cheese & 1 qt. buttermilk
  - 16 oz. cheese

### **FB**

- Total monthly amount
  - 3-48 oz. containers
  - OR
  - 3-46 oz. containers
  - OR
  - 3-12 oz. frozen juice

### **FB**

- Total monthly amount
  - 1-16 oz. whole grain/whole wheat bread
  - OR
  - 1-16 oz. brown rice
  - 2 dozen eggs
  - 36 oz. cereal
  - 18 oz. peanut butter

### **FB**

- Total monthly amount
  - 16 oz. dried beans/peas
  - 30 oz. canned tuna/salmon
  - \$10.00 Cash Value Voucher for fresh fruits & vegetables

Patient: FULLY BREASTFEEDING MOCKUP SAMPLE INTERIMRULE - (002120907)

WIC Services Performed

Service Type: WIC/WOMEN/INFANTS/CHILDREN Age: 24 Years

Visit Type: 01 - INITIAL Service Status: C COMPLETE

Service Time Begin: 00:00 AM End Time: 00:00 AM

Eligible: Yes Service Completed: 02/12/2009

WIC Certification Data

Status: Fully Breastfeedr Pregnancy Info:

Elig Exp Date: 02/01/2010 High Risk: NEE:  Not Required  Deleted  Clear

Measure Date: 02/12/2009 Hgt: 65.0 Wgt: 125.00 Hdb: 12 Hct: BWD: 02/12/2009

Risks 1: 904 - E 2: NONE 3: NONE 4: NONE Priority: P PRIORITY

Frequency: 3 THREE MONTH Food PM 1: FB 2: FB 3: FB Food Instrument:

FB  
FBK  
FBM

WIC Serv Performed: PNE  BF ED  SNE: Class Ind Kiosk Web Select Providers

Original CHR: 002120907 Updated By: CES0ADMIN Update Date: 2/12/2009 10:21

## FB

- Food allowances
  - Divided on to 5 instruments
    - 4 food
      - Option to choose cheese & buttermilk to replace milk on 4th food instrument
    - 1 Cash Value Voucher

## FB

- Food allowances
  - Package changes if mother stops breastfeeding or starts formula
  - If mother stops breastfeeding and infant is 6 months or older mother is terminated from program

## FB

- Food Instrument 1 (FB-1)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container OR 1-12 oz. frozen juice
  - 1-16 oz. whole grain/whole wheat bread
  - OR 1-16 oz. brown rice
  - 1 dozen large eggs (large only)

## FB

- Food Instrument 2 (FB-2)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container OR 1-12 oz. frozen juice
  - 1-18 oz. peanut butter
  - 1-16 oz. cheese

## FB

- Food Instrument 3 (FB-3)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container OR 1-12 oz. frozen juice
  - 36 oz. cereal
  - 1-16 oz. dried peas/beans

## FB

- Food Instrument 4 (FB-4)
  - 1 gallon 2%, 1%, fat-free milk
- OR
- 1-16 oz. cheese & 1 qt. buttermilk
- 1 dozen eggs (large only)
- 6-5 oz. tuna
- OR
- 2-14.75 oz. salmon

## FB

- Food Instrument 5 (FB-5)
  - \$10.00 Cash Value Voucher
- Fresh fruits & vegetables

## Infant Fully Breastfed Food Package

- Package code = IFB
- For up to 12 months after birth
- Breastfeeding data updated at each visit
  - “Yes” entered for “currently breastfeeding” on Encounter screen
- Correct birth date in PHALCON

## IFB

- Total monthly amounts
  - No food until 6 months of age
  - Still assign IFB food package
    - PHALCON will issue food at 6 months
    - Age calculation based on date of birth entered

## IFB

- Total monthly amounts
  - 6-11 months
    - 3-8 oz. containers infant cereal
    - 64-4 oz. containers stage 2 infant fruits & vegetables
    - 31-2.5 oz. containers stage 2 infant meat

WIC Services Performed

Service Type: WICWOMEN INFANTS CHILDREN Age: 00 Month(s)

Visit Type: 01 - INITIAL Service Status: C-COMLETE

Service Time Begin: 00:00 AM End Time: 00:00 AM

Eligible: Yes Service Completed: 02/05/2008

WIC Certification Data

Status: INFANT Birth Information

Elig Exp Date: 02/01/2009 High Risk: NEE: Not Required Deferred Clear

Measure Date: 02/05/2008 Hgt: 19.0 Wgt: 6.00 Hdb: 70 Hct: BWD: 00:00:0000

Risks 1: 904 - E 2: NONE 3: NONE 4: NONE 5: NONE Priority: PRIORITY

Frequency: 3-THREE MONTHLY Food Inst 1: IFB 2: IFB 3: IFB 4: IFB Food Instrument...

Infant Breastfeeding Data

Ever Breastfed?: N Weeks Breastfed: ? Date of Response: 2/5/2008

WIC Serv Performed: PNE BF ED SNE Class: Inst: Inst: Inst: Inst: Select Providers

Original CHR: 002120901 Updated By: CSRDADMIN Update Date: 02/12/2009 10:08

## IFB

- 6-12 months food instruments
  - Two checks a month
    - All cereal on first instrument
    - Fruits/vegetables and meats divided between two instruments
  - Partial month
    - First instrument issued automatically
  - No Cash Value Voucher

## IFB

- 0-5 months
  - Fully breast fed infant not receiving food or formula
    - No food instrument issued

## IFB

- 6-12 months food instruments
  - Food Instrument 1 (FB-1)
    - 3-8 oz. containers infant cereal
    - 32-4 oz. containers stage 2 infant fruits & vegetables
    - 16-2.5 oz. containers stage 2 infant meat

## IFB

- 6-12 months food instruments
  - Food Instrument 2 (FB-2)
    - 32-4 oz. containers stage 2 infant fruits & vegetables
    - 15-2.5 oz. containers stage 2 infant meat

## IFB

- Individualize food packages to meet infants needs and encourage breastfeeding
- Containers of infant food and cereals may be decreased in any package

### NEW & IMPROVED! WIC Foods for Breastfeeding Mom and Baby

The new WIC foods help you and your breastfeeding baby meet today's nutrition needs. You can continue to enjoy milk, cereal, eggs, fish, juice, peanut butter and beans plus fresh fruits and vegetables, cheese, and whole grains. All six months of age your baby can receive baby meals, fruits, vegetables, and cereal. If you are fully breastfeeding more than one baby, you will receive larger amounts of WIC foods.

#### Your New WIC Foods:

- Support your breast milk supply
- Promote steady weight loss and help you maintain a healthy weight after delivery
- Improve the variety of foods available
- Are consistent with Dietary Guidelines, MyPyramid, and infant feeding recommendations

#### What you will receive:

*Get WIC foods to keep you strong while you lose and take care of your growing baby!*

GRAINS	FRUITS & VEGETABLES	DAIRY	PROTEIN
<b>For moms:</b> 30 ounces iron-fortified cereal 16 ounces whole wheat bread OR 16 ounces brown rice	<b>For moms:</b> 144 fluid ounces of vitamins C-rich juice \$10 cash value voucher for fresh fruits and vegetables	<b>For moms:</b> 0 gallons reduced fat milk 16 ounces cheese + 16 ounces cheese allowed substitution	<b>For moms:</b> 2 dozen eggs 16 ounces dried beans or peas 18 ounces peanut butter 30 ounces canned fish
<b>For baby:</b> 24 ounces iron-fortified infant cereal	<b>For baby:</b> 256 ounces baby fruits and vegetables	<b>For baby:</b> 8 ounces formula	<b>For baby:</b> 77.5 ounces baby meat



### **Partially Breastfeeding Woman Food Package**

- First month
  - No routine issuance of formula
  - One can of powdered formula
  - If more formula requested
    - Mother's and infant's food packages change
    - Assigned after careful assessment

### **Partially Breastfeeding Woman Food Package**

- Package code
  - PB (partially breastfeeding)
- Available up to 12 months after birth of infant

### **PB**

- Total monthly amounts
  - 5<sup>1</sup>/<sub>2</sub> gallons 2%, 1%, fat-free milk

OR

  - 5<sup>1</sup>/<sub>2</sub> gallons 2%, 1%, fat-free milk + 16 oz. cheese and 1 qt. buttermilk

### **PB**

- Total monthly amounts
  - 3-48 oz. containers

OR

  - 3-46 oz. containers

OR

  - 3-12 oz. frozen juice

### **PB**

- Total monthly amounts
  - 1-16 oz. whole grain/whole wheat bread

OR

  - 1-16 oz. brown rice
  - 1 dozen eggs
  - 36 oz. cereal

### **PB**

- Total monthly amounts
  - 18 oz. peanut butter
  - 16 oz. dried beans/peas
  - \$8.00 Cash Value Voucher

Patient: PARTIALLY BREASTFEEDING MOCKUP SAMPLE INTERIMRULE - (002120908)

Patient Search/Add | Patient | Encounters | Enrollment | Notes | Maternity Care | Insurance Status: Active

Add | Add WIC Pickup | WIC | Services Performed

Service Type: WIC/WOMEN INFANTS CHILDREN | Age: 24 Years

Visit Type: 01 - INITIAL | Service Status: CCOMPLETE

Service Time Begin: 00:00 AM | End Time: 00:00 AM

Eligible: Yes | Service Completed: 02/12/2009

WIC Certification Data

Status: B BREASTFEEDBI | Pregnancy Info:

Elig Exp Date: 02/01/2010 | High Risk: | NEE: | Not Required | Deferred | Clear

Measure Date: 02/12/2009 | Ht: 65.0 | Wt: 125.00 | Hab: 12 | Hct: | BWD: 02/12/2009

Risks 1: 904 - E | 2: NONE | 3: NONE | 4: NONE | 5: NONE | Priority: PRIORITY1

Frequency: 3 THREE MONTH | Food pkg 1: 01 | 2: PB | 3: FB | Food Instrument:

Next Check Pickup Date: 00/00/0000

WIC Serv Performed: PNE | BFE | D | SNE: Class | Ind | PKOR | Wtbl | Select Providers

Original CHR: 002120908 | Updated By: C380ADMIN | Update Date: 02/12/2009 10:24

Ready | 02/13/09 12:57:31

## PB

- Food instruments
  - Divided into 5 instruments
    - 1 - 4 food
  - Cheese & buttermilk in place of milk on instrument 4
  - Food instrument 5 is Cash Value Voucher

## PB

- Food instrument 1 (PB-1)
  - 1½ gallons 2%, 1%, fat-free milk
  - 1-48 oz. OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-16 oz. whole grain/whole wheat bread
  - OR
  - 1-16 oz. brown rice

## PB

- Food instrument 2 (PB-2)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 oz. OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-18 oz. peanut butter

## PB

- Food instrument 3 (PB-3)
  - 1 gallons 2%, 1%, fat-free milk
  - 1-48 oz. OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 36 oz. cereal
  - 1-16 oz. dried peas/beans

## PB

- Food instrument 4 (PB-4)
  - 1 gallon 2%, 1%, fat-free milk
  - OR
  - 1-16 oz. Cheese & 1 qt. buttermilk
  - 1 dozen eggs (large only)

## **PB**

- Food instrument 5 (PB-5)
  - \$8.00 Cash Value Voucher
    - Fresh fruits & vegetables

## **PB**

- Remember
  - Requests for more formula change mother's and infant's food packages
  - Mother terminated from program if she stops breastfeeding her infant after 6 months of age

## **Infant Partially Breastfed**

- Food package code
  - IPB (Infant Partially Breastfed)
- Formula allowances
  - Based on reconstituted formula amounts for liquid concentrate, powder & ready-to-feed forms
  - PHALCON calculates

## **Infant Partially Breastfed**

- Food package for infants on
  - Similac Advance Early Shield
  - Isomil Advance
  - Similac Sensitive
- Others
  - Special Formula Food Packages

## **Infant Partially Breastfed**

- Update breastfeeding data each visit
  - Enter “yes” or “no” in “Currently Breastfeeding” on Encounter screen
  - Food packages re-assigned for mothers who stop breastfeeding
- Enter birth date correctly

## **IPB Food Package**

- Total monthly amount
  - 0-1 month
    - 1 can powder

## IPB Food Package

- Total monthly amount
  - 1 - 3 months
    - 14 cans concentrate
    - 4 cans powder
  - OR
  - 12 cans RTF

## IPB Food Package

- Total monthly amount
  - 4 - 5 months
    - 17 cans concentrate
    - 5 cans powder
  - OR
  - 14 cans RTF

## IPB Food Package

- Total monthly amount
  - 6 - 11 months
    - 12 cans concentrate
    - 4 cans powder
  - OR
  - 10 cans RTF
  - 3-8 oz. containers infant cereal
  - 32-4 oz. containers stage 2 infant fruits & vegetables

The screenshot shows a patient record for 'INFANT MOCKUP SAMPLE INTERIMBLE (002120901)'. The 'WIC Services Performed' section is active, showing 'WIC WOMEN INFANTS CHILDREN' with a status of 'COMPLETE'. The 'WIC Certification Data' section is highlighted with a red circle, showing 'Status: INFANT', 'Elig Exp Date: 02/01/2009', 'High Risk: NEE', 'Measure Date: 02/05/2008', 'Frequency: 3 MONTHLY', and 'Infant Breastfeeding Data' with 'Eyes Breastfed?' set to 'N'. The 'Original CHR' is 002120901 and the 'Update Date' is 02/12/2009 10:08.

## IPB

- 0-5 months
  - One formula instrument per month until 6 months
    - Amount based on age
  - Cereal on 1st instrument
  - Fruits & vegetables divided
  - Partial month
    - 1st instrument issued automatically

## IPB

- 6-11 months
  - Food instrument 1 (FI-1)
    - Formula for 6-11 month old
    - 3-8oz. containers infant cereal
    - 16-4 oz. containers stage 2 infant fruits & vegetables



## IPB

- 6-11 months
  - Food instrument 2 (FI-2)
- 16-4 oz. containers stage 2 infant fruits & vegetables

## IPB

- Remember
  - Individualize food packages to meet needs and encourage breastfeeding
  - May issue less than maximum formula amount
  - May issue fewer containers of infant food and cereal


**NEW & IMPROVED!**  
**WIC Foods for Partial Breastfeeding Mom and Baby**

The new WIC foods help you and your baby meet today's nutrition needs. You can continue to enjoy milk, cereal, eggs, juice, peanut butter and beans plus fresh fruits and vegetables and whole grains. **At six months of age** your baby can receive baby fruits, vegetables, and cereal.

**Your New WIC Foods:**

- Are lower in fat and higher in fiber
- Promote steady weight loss and help you maintain a healthy weight after delivery
- Provide appropriate nutrients for your baby's growth
- Are consistent with Dietary Guidelines, MyPyramid, and infant feeding recommendations!

*What you will receive:*  
 Eat *WIC* foods to keep you strong while you love and take care of your growing baby!



GRAINS	FRUITS & VEGETABLES	DAIRY	PROTEIN
<b>For mom:</b> 36 ounces iron-fortified cereal OR 18 ounces whole wheat bread OR 18 ounces brown rice	<b>For mom:</b> 144 fluid ounces of vitamin C-rich juice 30 each voucher for fresh fruits and vegetables	<b>For mom:</b> 5 1/2 gallons reduced fat milk 10 ounces cheese allowed substitution	<b>For mom:</b> 1 dozen eggs 16 ounces dried beans or peas 18 ounces of peanut butter
<b>For baby:</b> 24 ounces iron-fortified infant cereal	<b>For baby:</b> 120 ounces baby fruits and vegetables	<b>For baby:</b> Breastmilk Infant formula in amounts based on your baby's age	

**Guidance To Promote and Support The Partially Breastfed Infant**

*Goal:* To provide an optimal amount of complementary formula as is needed while offering counseling and support in order to help the mother establish a successful milk supply.

- A breastfed infant should not be "artificially" provided a can of formula in the first month of life.
- If after a careful assessment, the provider determines that formula is appropriate for the infant during the first month, only one can of powdered formula may be issued.
- The provider is encouraged to carefully tailor the amount of formula issued based on the carefully assessed needs of the breastfeeding infant.
- Food packages should be tailored for months one through eleven to provide the minimal amount of supplemental formula.
- If the infant receives one can of powdered formula and then is not issued any more formula, the infant should be issued a baby breastfeeding package for the upcoming month.

**Maximum Monthly Allowances for the Partially Breastfed Infant**

**Maximum Allowed Powdered Formula**

Recommendation based on assessment	0-1 month only	1-3 months	4-5 months	6-11 months
1 Case	Yes			Yes
2 Cases		Yes	Yes	Yes
3 Cases		Yes	Yes	Yes
4 Cases		Yes	Yes	Yes
5 Cases			Yes	
6 Cases				

**Maximum Allowed Reconstituted Liquid Concentrate Formula**

Recommendation based on assessment	0-1 month only	1-3 months	4-5 months	6-11 months
12 Cases		Yes	Yes	Yes
13 Cases			Yes	
14 Cases		Yes	Yes	Yes
15 Cases			Yes	Yes
16 Cases				

**Portioned Bottle Yield of Powdered Formula**

Bottle Size	1 Case 94.56 fl oz # of bottles	2 Cases 189.12 fl oz # of bottles	3 Cases 283.68 fl oz # of bottles	4 Cases 378.24 fl oz # of bottles	5 Cases 472.80 fl oz # of bottles
2 oz	47.28	94.56	141.84	189.12	236.40
4 oz	23.64	47.28	70.92	94.56	118.20
5 oz	18.91	37.82	56.73	75.65	94.56
6 oz	15.76	31.52	47.28	62.84	78.39
7 oz	13.51	27.02	40.53	53.38	67.48

## Postpartum Food Package

- Non-breastfeeding mother
- Infant on fully formula fed package
- Package code
  - PP (Postpartum)
- Available for 6 months past birth

## Postpartum Food Package

- Total monthly amounts
  - 4 gallons 2%, 1%, fat-free milk
  - OR
  - 3 gallons 2%, 1%, fat-free milk + 16oz. cheese & 1 qt. buttermilk

## Postpartum Food Package

- Total monthly amounts
  - 2-48 oz. containers
- OR
- 2-46 oz. containers
- OR
- 2-12 oz. frozen juice

## Postpartum Food Package

- Total monthly amounts
  - 1 dozen eggs
  - 36 oz. cereal
  - 18 oz. peanut butter
  - \$8.00 Cash Value Voucher
- Fresh fruits & vegetables

The screenshot shows a medical software window titled "Patient: POSTPARTUM MOCKUP SAMPLE INTERIMRULE - (002120909)". The "WIC Certification Data" section includes fields for Status (POSTPARTUM), Eligible (Yes), and Service Completed (02/12/2009). The "Food Package" dropdown menu is highlighted with a circle, showing options for "PP" and "PPX". Other fields include Measure Date (02/12/2009), Height (65.0), Weight (124.00), Hemoglobin (12), and Hematocrit (36.0). The "WIC Serv Performed" section includes checkboxes for PNE, BF ED, SIME, Class, Ins, Kidok, and Web. The "Original CHR" is 002120909, updated by CS88ADMIN on 02/13/2009 12:58.

## PP

- Food instrument 1 (PP-1)
  - 1 gallon 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container
- OR
- 1-12 oz. frozen juice

## PP

- Food instrument 2 (PP-2)
  - 1 gallon 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container
- OR
- 1-12 oz. frozen juice

## PP

- Food instrument 3 (PP-3)
  - 1 gallon 2%, 1%, fat-free milk
  - 36 oz. cereal
  - 1-18 oz. peanut butter
- OR
- 1-16 oz. dried peas/beans

## PP

- Food instrument 4 (PP-4)
  - 1 gallon 2%, 1%, fat-free milk
- OR
- 1-16 oz. cheese &  
1 qt. buttermilk
- 1 dozen eggs  
(large only)

## PP

- Food instrument 5 (PP-5)
  - \$8.00 Cash Value Voucher
  - Fresh fruits & vegetables

## Fully Formula Fed Infant

- Also for infant who needs more formula than on PB food package
- Package code
  - IFF (Infant Formula Fed)
- Formula allowances based on reconstituted amounts for liquid, powder & ready-to-feed
- PHALCON calculates

## Fully Formula Fed Infant

- Only the following formulas
  - Similac Advance Early Shield
  - Isomil Advance
  - Similac Sensitive
- Other formulas require special packages

The screenshot shows a medical software interface for a patient named 'INFANT MOCKUP SAMPLE INTERIMRULE - (002120901)'. The interface includes a sidebar with navigation options like 'Patient Search/Add', 'Patient', 'Encounters', 'Enrollment', 'Notes', and 'Insurance Status'. The main area displays service details for a 'WIC' service performed on 07/05/2008. Key fields include: Service Type: WIC/WOMEN/INFANTS/CHILDREN; Age: 05 Month(s); Visit Type: 02 - PERIODIC/REVIS; Service Status: C-COMLETE; Service Time Begin: 00:00 AM; End Time: 00:00 AM; Eligible: Yes; Service Completed: 07/05/2008. The 'WIC Certification Data' section shows Status: INFANT, High Risk: NEE, and various demographic fields like Measure Date, Ht, Wt, Hdb, and BWD. The 'Infant Breastfeeding Data' section shows 'Ever Breastfed?' as 'Y' and 'Currently Breastfeeding?' as 'Y'. A red circle highlights the 'Currently Breastfeeding?' field. The 'WIC Serv Performed' section lists PNE, BF, ED, SHE, and Ind. The 'Original CHR' is 002120901, updated by CS8ACDMN on 2/12/2009 10:08.

## IFF Food Package

- Only formula issued until 6 months
- Formula amounts vary by age



## IFF

- 6-11 months
  - Food instrument 2 (FI-2)
    - 16-4 oz. containers stage 2 infant fruits & vegetables

## IFF

- Remember
  - Individualize food packages to meet needs and encourage breastfeeding
  - May issue less than maximum formula amount
  - May issue fewer containers of infant food and cereal

**NEW & IMPROVED!**  
**WIC Foods for Non-Breastfeeding Mom and Baby**

The new WIC foods help you and your baby meet today's nutrition needs. You can continue to enjoy milk, cereal, eggs, juice, peanut butter or beans, plus fresh fruits and vegetables. Your formula-feeding baby can continue to receive infant formula in amounts that meet nutrition needs. **At six months of age** your baby can receive baby fruits, vegetables, and cereal. Please note at this age your baby's formula amounts will change.

**Your New WIC Foods:**


- Are lower in fat and higher in fiber
- Help you maintain your strength to care for your baby
- Improve the variety of foods available
- Are consistent with Dietary Guidelines, MyPyramid and infant feeding recommendations

*What you will receive:*  
*Get RRP foods to keep you strong while you love and take care of your growing baby!*



GRAINS	FRUITS & VEGETABLES	DAIRY	PROTEIN
<b>For moms:</b> 36 ounces iron-fortified cereal	<b>For moms:</b> 96 fluid ounces of vitamin C-rich juice	<b>For moms:</b> 4 gallons reduced-fat milk 16 ounces cheese allowed substitution	<b>For moms:</b> 1 dozen eggs 16 ounces dried beans or peas OR 13 ounces peanut butter
<b>For baby:</b> 24 ounces iron-fortified infant cereal	<b>For baby:</b> 128 ounces baby fruits and vegetables	<b>For baby:</b> Infant formula in amounts based on your baby's age* Cereals: 0-2 months...31 cans 4-5 months...34 cans 6-11 months...24 cans *Packaged formula also adjusted	

**New WIC Food Package for Infants**  
**Maximum Monthly Allowances of Supplemental Foods for Infants**



Food	Fully formula-fed (F)		Partially breastfed (PB)		Fully breastfed (B)	
	0 - 3 months	4 - 11 months	0 to 1 month	4 - 11 months	0 - 3 months	4 - 11 months
WIC Contract Formula	A: 0 - 3 months 31 cans concentrate 9 cans powder 26 cans RTF	B: 4 - 5 months 34 cans concentrate 10 cans powder 28 cans RTF	1 can powder 7 cans powder 14 cans concentrate 4 cans powder 12 cans RTF	12 cans concentrate 4 cans powder 10 cans RTF		
Infant Cereal <sup>a</sup>		3 - 8 oz boxes		3 - 8 oz boxes		3 - 8 oz boxes
Infant Food		178 oz		128 oz		256 oz
Fruits <sup>b</sup> & Vegetables <sup>b</sup>		32 - 4 oz containers		32 - 4 oz containers		64 - 4 oz containers
Infant Food						77.5 oz
Beans <sup>c</sup>						39 - 2.5 oz containers
Infant Stage <sup>d</sup>						

<sup>a</sup> Any brand of 1 or less volume food, DHA, or other additives. Infant contains a minimum of 10 mg of iron per 100g of dry cereal. Do not use.  
<sup>b</sup> Any brand of 2oz single, single variety infant food that and vegetables without added sugar, starch, salt (condensate), or DHA. No organics.  
<sup>c</sup> Any brand of 2oz single, commercial infant food used or poultry, or a single variety supplement with added beans or peas and without added sugar, salt, or DHA. No organics.

## Partially Breastfeeding Postpartum Woman

- For partially breastfeeding mothers requesting more formula
- 12 months after birth
- Mother gets food package until infant 6 months old

## Partially Breastfeeding Postpartum Woman

- Assignment of food package made by provider after carefully assessing infant's feeding pattern
- Food package code
  - PBPP (Partially Breastfeeding Postpartum)

## Partially Breastfeeding Postpartum Woman

- Stops breastfeeding within 6 months of delivery
  - Postpartum Food Package assigned
- Stops breastfeeding after 6 months of age
  - Terminated from WIC

WIC Certification Data

Status: B-BREASTFEEDER

Elig Exp Date: 02/01/2010 High Risk: NEE:  Not Required  Deleted  Clear

Measure Date: 02/12/2009 Ht: 65.0 Wt: 125.00 Hb: 12 Hct: BWD: 02/12/2009

Risks 1: 304 - E: 2: NONE 3: NONE 4: NONE 5: NONE Priority: PRIORITY

Frequency: 3: THREE MONTH Food Pkg 1: PB 2: PB 3: PB Food Instrument...

Next check Pickup Date: 00/00/0000

WIC Serv Performed: PNE  BF ED  SNE: Class: Ind  Risk: Web  Select Providers

Original CHR: 002120908 Updated By: CS80ADMIN Update Date: 2/12/2009 10:24

## Prenatal Woman with Multiples

- Prenatal woman pregnant with more than one baby
- Food package code
- PNM (Prenatal with Multiples)
- Must enter Nutrition Risk Code 335 in PHALCON

WIC Certification Data

Status: W-PRENATAL

Elig Exp Date: 11/28/2009 High Risk: NEE:  Not Required  Deleted  Clear

Measure Date: 02/12/2009 Ht: 65.0 Wt: 125.00 Hb: 12 Hct: BWD: 02/12/2009

Risks 1: 304 - E: 2: NONE 3: NONE 4: NONE 5: NONE Priority: PRIORITY

Frequency: 3: THREE MONTH Food Pkg 1: PNM 2: PN 3: PN Food Instrument...

Next check Pickup Date: 00/00/0000

WIC Serv Performed: PNE  BF ED  SNE: Class: Ind  Risk: Web  Select Providers

Original CHR: 002120906 Updated By: CS80ADMIN Update Date: 2/12/2009 10:19

## Fully Breastfeeding Woman with Multiples

- Breastfeeding more than one infant
- 12 months after birth of infants
- Assigned after careful assessment
- Food package code
  - FBM (Fully Breastfeeding Multiples)
- Must enter nutrition risk code 335 in PHALCON

## FBM

- Total average monthly amounts
  - 9 gallons 2%, 1%, fat-free milk
  - OR
  - 8 gallons 2%, 1%, fat-free milk +16 oz. cheese & 1 qt. buttermilk
  - 24 oz. cheese
  - 216 oz. juice

## FBM

- Total average monthly amounts
  - 24 oz. whole grain/whole wheat bread
- OR
- 24 oz. brown rice
- 3 dozen eggs
- 54 oz. cereal

## FBM

- Total average monthly amounts
  - 27 oz. Peanut butter
  - 24 oz. Dried beans/peas
  - 45 oz. Canned tuna/salmon
  - \$15.00 Cash Value Voucher
- Fresh fruits & vegetables

## FBM

- 1½ times amount of food as FB package
- Required to offer maximum food package
- Problems with container sizes
  - Juice
  - Peanut butter

## FBM

- Solution
- Issue foods over 2 months
  - 1st month
    - Regular FB package
  - 2nd month
    - Double FB package

WIC Certification Data

Status: F-Fully Breastfeedr

Elig Exp Date: 02/01/2010 High Risk: NEE:  Not Required  Deferred  Clear

Measure Date: 02/12/2009 Ht: 65.0 Wt: 126.00 Habi: 12 Hct: BWD: 02/12/2009

Risks 1: 1: S04 - E 2: NONE 3: NONE 4: NONE 5: NONE Priority: PRIORITY1

Frequency: 3: THREE MONTH Food Inst 1: FB 2: FB 3: FB Food Instrument

Next check Pickup Date: 00/00/0000

WIC Serv Performed: PNE  BFE ED  SNE: Class Insl Kiosk Webi

Original CHR: 002120907 Updated By: C5804ADMN Update Date: 2/12/2009 10:21

## FBM

- Total amounts (2 months)
  - 1st month
    - 5 instruments
    - 4 food, 1 Cash Value Voucher
  - 2nd month
    - 6 instruments
    - 4 food, 2 Cash Value Vouchers

### **FBM**

- Food Instrument 1 (FMB-1)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-16 oz. whole grain/whole wheat bread OR
  - 1-16 oz. brown rice
  - 1 dozen eggs (large only)

### **FBM**

- Food Instrument 2 (FMB-2)
  - 2 gallons 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-18 oz. peanut butter
  - 1-16 oz. cheese

### **FBM**

- Food Instrument 3 (FMB-3)
  - 1 gallon 2%, 1%, fat-free milk
  - 1-48 OR 46 oz. container
  - OR
  - 1-12 oz. frozen juice
  - 1-36 oz. cereal
  - 1-16 oz. dried peas/beans

### **FBM**

- Food Instrument 4 (FMB-4)
  - 1 gallon 2%, 1%, fat-free milk
  - OR
  - 1-16 oz. Cheese & 1 qt. Buttermilk
  - 1 dozen eggs (large only)
  - 6-5 oz. Tuna
  - OR
  - 2-14.75 oz. salmon

### **FBM**

- Food Instrument 5 (FMB-5)
  - \$10.00 Cash Value Voucher
  - Fresh fruits and vegetables

### **FBM**

- Food Instrument 6 (FMB-6)
  - 4 gallons 2%, 1%, fat-free milk
  - 2-48 OR 46 oz. container OR
  - 2-12 oz. frozen juice
  - 1-16 oz. whole grain/whole wheat bread OR
  - 1-16 oz. brown rice
  - 2 dozen eggs (large only)
  - 36 oz. cereal



### **FBM**

- Food Instrument 7 (FMB-7)
  - 4 gallons 2%, 1%, fat-free milk
  - 2-48 OR 46 oz. container
  - OR
  - 2-12 oz. frozen juice
  - 2-18 oz. peanut butter
  - 2-16 oz. cheese

### **FBM**

- Food Instrument 8 (FMB-8)
  - 2 gallons 2%, 1%, fat-free milk
  - 2-48 OR 46 oz. container
  - OR
  - 2-12 oz. frozen juice
  - 36 oz. cereal
  - 2-16 oz. dried peas/beans

### **FBM**

- Food Instrument 9 (FMB-9)
  - 2 gallons 2%, 1%, fat-free milk
  - OR 2-16 oz. cheese & 2 1 qt. buttermilk
  - 1-16 oz. whole grain/whole wheat bread OR 1-16 oz. brown rice
  - 2 dozen eggs (large only)
  - 12-5 oz. tuna
  - OR 4-14.75 oz. salmon

### **FBM**

- Food Instrument 10 (FMB-10)
  - \$10.00 Cash Value Voucher
    - Fresh fruits and vegetables

### **FBM**

- Food Instrument 11 (FMB-11)
  - \$10.00 Cash Value Voucher
    - Fresh fruits and vegetables

### **FBM**

- FBM 1-5 issued for 1 month of food
- Package not used often
- Packages change if mother starts formula or stops breastfeeding
- Mother terminated from WIC if stops breastfeeding 6 months and older

## Partially Breastfeeding Woman with Multiples

- For women partially breastfeeding two or more infants
- Assigned after careful assessment
- Package code
  - PBM (Partially Breastfeeding Multiples)
- Must enter nutrition risk code 335 in PHALCON

Patient: PARTIALLY BREASTFEEDING MOCKUP SAMPLE INTERIMRULLE - (002120908)  
 Patient Search/Add Patient Encounters Enrollment Notes Maturity Care Insurance Status: Active  
 Add Add WIC Pickup  
 Find  
 Child Health Growth Charts  
 WIC Growth Charts  
 PBM INTERIMRULLE 02/12/2009  
 WIC  
 Services Performed  
 Service Type: WICWOMEN INFANTS CHILDREN Age: 24 Years  
 Visit Type: 01 - INITIAL Service Status: C-COMplete  
 Service Time Begin: 00:00 AM End Time: 00:00 AM  
 Eligible: Yes Service Completed: 02/12/2009  
 WIC Certification Data  
 Status: B-BREASTFEEDING Pregnancy Info.  
 Elig Exp Date: 02/01/2010 High Risk: NEE:  Not Required  Deferred  Clear  
 Measure Date: 02/12/2009 Ht: 65.0 Wt: 12 Hct: BWD: 02/12/2009  
 Risks 1: 904 - E 2: NONE 3: NONE 4: NONE NONE Priority: PRIORITY1  
 Frequency: 3-THREE MONTHLY Food Pkg 1: PB 2: PB 3: PB Food Instrument:  
 PB  
 PBV  
 PBM  
 PBPP  
 Next Check Pickup Date: 00/00/0000  
 WIC Serv Permitted: PNE  BF ED  SNE: Class  Non-Inst  Web  Select Providers  
 Original CHR: 002120908 Updated By: C680ADMIN Update Date: 2/12/2009 10:24  
 Ready 2/13/09 12:57:31

## PBM

- Same as FB food package
- Packages change
  - Mother requests more formula
  - Stops breastfeeding
- Mother stops breastfeeding after 6 months of age
  - Terminated from WIC

## Homeless & Incarcerated

- Manual food instruments
  - Up to 6 per month
  - Cash Value Vouchers are separate
- No PHALCON code
- Consult WIC procedure manual

## Special Formula Food Packages

- Women & children on formula
  - ProPhree & Pediasure
- Infants on non-contract formula
- Contract formulas
  - Similac Advance Early Shield
  - Isomil Advance
  - Similac Sensitive

## Special Formula Food Packages

- Child/Woman package
  - Codes
    - CH1X      • PPX
    - CH2X      • FBX
    - PNX        • PBX

## Special Formula Food Packages

- Child/Woman package
  - Changes
    - Food & formula
      - Doctor ordered
    - Revisions to WIC-111
    - Child/Woman & Infant prescription forms separate

Alabama WIC Child/Woman Formula Prescription  
Prescription is subject to WIC Approval Based on Program Policy and Procedure

Date \_\_\_\_\_

Patient's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

ICD-9 Code and/or Medical Diagnosis \_\_\_\_\_  
*Federal Regulations prevent formula issuance solely for the purpose of enhancing nutrient intake or managing body weight with no underlying condition.*

Formula Prescribed \_\_\_\_\_  
Amount per day \_\_\_\_\_ ounces\*  
*\*Maximum ounces per day allowed by USDA is 18 ounces.*

Intended length of use  1  2  3  4  5  6 months  
 • After 6 months, a new prescription is required.  
 • If prescription is not renewed, no formula can be issued.

Supplemental Foods Available: In addition to medical formula, the WIC Program may provide supplemental foods as appropriate. Food items will be issued only if ordered by the health care provider.

Please check all that apply:

Juice  
 Milk and Cheese  
 Cereal  
 Eggs  
 Whole Wheat Bread  
 Dried Beans/Peas  
 Peanut Butter  
 Fresh Fruit/Vegetables

Signature of Health Care Provider \_\_\_\_\_  
 Provider's Name (please print) \_\_\_\_\_  
 Phone (\_\_\_\_) \_\_\_\_\_ Fax# (\_\_\_\_) \_\_\_\_\_

If you have questions please call your local WIC clinic.

## Special Formula Food Packages

- Child/Woman package
  - Formula amounts
    - 910 oz./mo. OR 30 oz./day
    - Reconstituted amounts for liquid, powder, ready-to-feed
    - PHALCON calculates

Alabama WIC Child/Woman Formula Prescription  
Prescription is subject to WIC Approval Based on Program Policy and Procedure

Date \_\_\_\_\_

Patient's Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

ICD-9 Code and/or Medical Diagnosis \_\_\_\_\_  
*Federal Regulations prevent formula issuance solely for the purpose of enhancing nutrient intake or managing body weight with no underlying condition.*

Formula Prescribed \_\_\_\_\_  
Amount per day \_\_\_\_\_ ounces\*  
*\*Maximum ounces per day allowed by USDA is 18 ounces.*

Intended length of use  1  2  3  4  5  6 months  
 • After 6 months, a new prescription is required.  
 • If prescription is not renewed, no formula can be issued.

Supplemental Foods Available: In addition to medical formula, the WIC Program may provide supplemental foods as appropriate. Food items will be issued only if ordered by the health care provider.

Please check all that apply:

Juice  
 Milk and Cheese  
 Cereal  
 Eggs  
 Whole Wheat Bread  
 Dried Beans/Peas  
 Peanut Butter  
 Fresh Fruit/Vegetables

Signature of Health Care Provider \_\_\_\_\_  
 Provider's Name (please print) \_\_\_\_\_  
 Phone (\_\_\_\_) \_\_\_\_\_ Fax# (\_\_\_\_) \_\_\_\_\_

If you have questions please call your local WIC clinic.

## Special Formula Food Packages

- CH1X Package
  - CH1 package + 113 cans Pediasure
  - 6 food instruments
    - 1 - 4 food
    - 5 Cash Value Voucher
    - 6 formula food instrument

## Special Formula Food Packages

- CH1X Package
  - Food instrument 1 (CH1X-1)
    - 1 gallon whole milk
    - 1-64 oz. juice
    - 1-16 oz. whole grain/whole wheat bread
    - OR 1-16 oz brown rice

## Special Formula Food Packages

- CH1X Package
  - Food instrument 2 (CH1X-2)
    - 1 gallon whole milk
    - 1-64 oz. juice

## Special Formula Food Packages

- CH1X Package
  - Food instrument 3 (CH1X-3)
    - 1 gallon whole milk
    - 36 oz. cereal
    - 1-18 oz. peanut butter  
OR 1-16 oz. dried peas or beans

## Special Formula Food Packages

- CH1X Package
  - Food instrument 4 (CH1X-4)
    - 1 gallon whole milk OR 1-16 oz. cheese & 1 qt. buttermilk
    - 1 dozen eggs (large only)
    - 1-16 oz. whole grain/whole wheat bread  
OR 1-16 oz. brown rice

## Special Formula Food Packages

- CH1X Package
  - Food instrument 5 (CH1X-5)
    - \$6.00 Cash Value Voucher
    - Fresh fruits & vegetables

## Special Formula Food Packages

- CH1X Package
  - Food instrument 6 (CH1X-6)
    - Special formula not to exceed 910 fluid ounces

Food Package: CH1X

Food Instrument Totals			Fish:	0	Peanut Butter:	0
Milk:	3 GAL		Juice:	2 QTY	Dried Peas/Beans:	0
Milk Combo:	1 QTY		Cereal:	36 OZ	PB or Dried P/Bs:	1 QTY
Cheese:	0		Bread/Grains:	2 QTY	Cash Voucher:	\$6.00
Eggs:	1 DOZ					
Formula:	ONS					

Sequence	Item Description	Package Id: CH1X	Check Amount	Clinic Amount	Measure	Max
3	Whole Milk		0		GAL	
	36 oz. Cereal		0			
	18 oz. Peanut Butter OR (1-16 oz. Dried Peas/Beans)		1			
4	1 Gallon Whole Milk OR (1-16 oz. Cheese and 1 Qt. Buttermilk)		0			
	1 Doz. Eggs - Large Only		1			
	16 oz. Whole Grain/Wheat Bread OR (1-14 oz. or 16 oz. Brown)		1			
5	Fresh Fruits & Vegetables		6.00			
6	Special Select Formula		0	0		

## Special Formula Food Packages

- Infants
  - Any formula other than contract
  - Allowances based on reconstituted amounts for liquid concentrate, powder, ready-to-feed
  - PHALCON calculates

## Special Formula Food Packages

- Fully Formula Fed
  - Package codes
    - IFFX
    - IFFY
    - IFFXT

## Special Formula Food Packages

- Fully Formula Fed
  - IFFX
    - Majority
    - Same amount of formula as contract
    - Receive food at 6 months

Alabama WIC Infant Formula Prescription  
Prescription is subject to WIC approval based on Program Policy and Procedures.

Date \_\_\_\_\_

Infant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

ICD-9 Code and/or Medical Diagnosis \_\_\_\_\_  
\*See WIC Approval Code, Spelling up, Pastures, Concomitant or Formula Assistance.

Formula Prescribed

Must Indicate Amount Per Day

Maximum ounces allowed by WIC for Fully Formula Fed Infant

\_\_\_\_\_ oz per day

Infant needs lesser amount, amount is \_\_\_\_\_ oz per day

Intended length of use  1  2  3  4  5  6 months

\*At 6 months of age a new prescription is required. Exceptions in disease chronic diseases such as but not limited to, tubercular, galactosemia, galactosuria, celiac disease, and cystic fibrosis, the initial prescription is sufficient.

\*If the prescription is not renewed, a standard contract formula will be issued.\*

\*Re-evaluating the infant's need for a special formula past 6 months of age ensures that WIC funds are utilized in the most cost effective way.

\*Notes: The standard contract formula are: Similar, Advance, EarlyShield, Similar, Formula, Advance, and Similar formula. Other will be used, see hand and with hand letter for formula are not WIC approved.

At 6 months of age WIC will issue the following foods unless otherwise indicated.

Infant cereal  Not Allowed

Infant vegetables and fruits  Not Allowed

This infant (6-12 months of age) is medically fragile, and unable to consume solid food. I authorize additional formula (total 29 oz/day) to meet nutritional needs.

Signature of Health Care Provider \_\_\_\_\_  
Provider's Name (Please print) \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

If you have questions please call your local WIC clinic.

Alabama WIC Infant Formula Prescription  
Prescription is subject to WIC approval based on Program Policy and Procedures.

Date \_\_\_\_\_

Infant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

ICD-9 Code and/or Medical Diagnosis \_\_\_\_\_  
\*See WIC Approval Code, Spelling up, Pastures, Concomitant or Formula Assistance.

Formula Prescribed

Must Indicate Amount Per Day

Maximum ounces allowed by WIC for Fully Formula Fed Infant

\_\_\_\_\_ oz per day

Infant needs lesser amount, amount is \_\_\_\_\_ oz per day

Intended length of use  1  2  3  4  5  6 months

\*At 6 months of age a new prescription is required. Exceptions in disease chronic diseases such as but not limited to, tubercular, galactosemia, galactosuria, celiac disease, and cystic fibrosis, the initial prescription is sufficient.

\*If the prescription is not renewed, a standard contract formula will be issued.\*

\*Re-evaluating the infant's need for a special formula past 6 months of age ensures that WIC funds are utilized in the most cost effective way.

\*Notes: The standard contract formula are: Similar, Advance, EarlyShield, Similar, Formula, Advance, and Similar formula. Other will be used, see hand and with hand letter for formula are not WIC approved.

At 6 months of age WIC will issue the following foods unless otherwise indicated.

Infant cereal  Not Allowed

Infant vegetables and fruits  Not Allowed

This infant (6-12 months of age) is medically fragile, and unable to consume solid food. I authorize additional formula (total 29 oz/day) to meet nutritional needs.

Signature of Health Care Provider \_\_\_\_\_  
Provider's Name (Please print) \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

If you have questions please call your local WIC clinic.

Alabama WIC Infant Formula Prescription  
Prescription is subject to WIC approval based on Program Policy and Procedures.

Date \_\_\_\_\_

Infant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

ICD-9 Code and/or Medical Diagnosis \_\_\_\_\_  
\*See WIC Approval Code, Spelling up, Pastures, Concomitant or Formula Assistance.

Formula Prescribed

Must Indicate Amount Per Day

Maximum ounces allowed by WIC for Fully Formula Fed Infant

\_\_\_\_\_ oz per day

Infant needs lesser amount, amount is \_\_\_\_\_ oz per day

Intended length of use  1  2  3  4  5  6 months

\*At 6 months of age a new prescription is required. Exceptions in disease chronic diseases such as but not limited to, tubercular, galactosemia, galactosuria, celiac disease, and cystic fibrosis, the initial prescription is sufficient.

\*If the prescription is not renewed, a standard contract formula will be issued.\*

\*Re-evaluating the infant's need for a special formula past 6 months of age ensures that WIC funds are utilized in the most cost effective way.

\*Notes: The standard contract formula are: Similar, Advance, EarlyShield, Similar, Formula, Advance, and Similar formula. Other will be used, see hand and with hand letter for formula are not WIC approved.

At 6 months of age WIC will issue the following foods unless otherwise indicated.

Infant cereal  Not Allowed

Infant vegetables and fruits  Not Allowed

This infant (6-12 months of age) is medically fragile, and unable to consume solid food. I authorize additional formula (total 29 oz/day) to meet nutritional needs.

Signature of Health Care Provider \_\_\_\_\_  
Provider's Name (Please print) \_\_\_\_\_  
Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_

If you have questions please call your local WIC clinic.

**Alabama WIC Infant Formula Prescription**  
*Prescription is subject to WIC approval based on Program Policy and Procedures.*

Date \_\_\_\_\_

Infant Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

ICD-9 Code and/or Medical Diagnosis \_\_\_\_\_  
Do NOT approve Code, Spring-Up, Formula, Consumption or Formula Assistance.

**Formula Prescribed**

**Must Indicate Amount Per Day**

Maximum ounces allowed by WIC for Fully Formula Fed Infant  
 6 mos - 24 fluid oz/day  
 6-12 mos - 24 fluid oz/day  
 12 mos - 24 fluid oz/day

Infant needs lesser amount: amount is \_\_\_\_\_ oz per day

**Intended length of use**  1  2  3  4  5  6 months

At 6 months of age a new prescription is required. Exception: In disease chronic diseases such as but not limited to, lactose intolerance, galactosemia, celiac disease, and cystic fibrosis, the initial prescription is sufficient.

\* If the prescription is not renewed, a standard contract formula will be issued.\*

\* Representing the infant's need for a special formula past 6 months of age ensures that WIC funds are utilized in the most cost effective way.

\*Notice: The standard contract formulas are: Similac Advance Ready-to-Finish, Similac Lactogen, and Similac Advance. Others with brand, not brand and with brand names from formulas are not WIC approved.

At 6 months of age WIC will issue the following foods unless otherwise indicated:

Infant vegetables and fruits  Not Allowed

This infant (6-12 months of age) is medically fragile, and unable to consume solid food. I authorize additional formula (total 29 oz/day) to meet nutritional needs.

Signature of \_\_\_\_\_  
 Provider's Name (Please print) \_\_\_\_\_  
 Phone ( ) \_\_\_\_\_ Fax ( ) \_\_\_\_\_

If you have questions please call your local WIC clinic.

- ## Special Formula Food Packages
- Fully Formula Fed
    - IFFXT
    - Medically fragile
    - 29 fluid oz./day
    - Doctor ordered

- ## Special Formula Food Packages
- Fully Formula Fed
    - IFFY
    - More than one special formula
      - Alimentum
      - Polycose

- ## Special Formula Food Packages
- Partially breastfed receiving formula
    - Food Packages
      - IPBX
      - IPBXT
      - IPBY
    - Receive as much special formula as partially breastfed infant on contract formula

- ## Manual Food Instrument
- Changes
    - Children & women
      - 3 per month
        - 2 food
        - 1 Cash Value Voucher

- ## Manual Food Instrument
- Changes
    - Infants 0-6 months receiving formula
      - One per month
    - Infants 6 months & older receiving food
      - 2 per month

# Manual Food Instrument

Manual Food Instrument

DRAFT

Alabama Department of Public Health WIC Program		Agency	CID Number	IT Number
NAME				9999999
Similar Address Early/Standard 13 oz concentration	Similar Item Address 13 oz concentration	First Day to Use	Last Day to Use	
Similar Sensitive 13 oz concentration				
Other Brand Type	size	unit	VENDOR STAMP	Pay Expiry
Infant cereal without fruit or other additives (1 oz box)	1 or 2 or 3	Ultra-high temp milk 8 oz		
Infant fruit/vegetables	4 oz containers	Juice 6 7 5 oz		
Infant meats	2.5 oz containers	Cereal 34 oz		
Milk, whole or reduced fat	1 or 2 or 3	Bread 16 oz whole grain/wheat wheat		Corrected Amount
Milk, half gallon, reduced fat	1	Brown rice 14 oz		Must be deposited within
Banana, quart	1	Child safety seat 16 oz		60 days of first day to use
Chicken 16 oz	1 or 2	Peanut butter 18 oz		
Home 12 oz boxes, 48 oz, or 48 oz	64 oz	Tuna 5 oz cans 6 or Salmon 14 7 5 oz cans		X
Apple, dozen (single only)	1 or 2			
Fresh fruit and vegetables (See AL WIC Approved Foods Brochure)				WIC CUSTOMER SIGNATURE
*****MICR Encoding Line*****				

# Manual Food Instrument

Manual Food Instrument

DRAFT

Alabama Department of Public Health WIC Program		Agency	CID Number	IT Number
NAME				9999999
Similar Address Early/Standard 13 oz concentration	Similar Item Address 13 oz concentration	First Day to Use	Last Day to Use	
Similar Sensitive 13 oz concentration				
Other Brand Type	size	unit	VENDOR STAMP	Pay Expiry
Infant cereal without fruit or other additives (1 oz box)	1 or 2 or 3	Ultra-high temp milk 8 oz		
Infant fruit/vegetables	4 oz containers	Juice 6 7 5 oz		
Infant meats	2.5 oz containers	Cereal 34 oz		
Milk, whole or reduced fat	1 or 2 or 3	Bread 16 oz whole grain/wheat wheat		Corrected Amount
Milk, half gallon, reduced fat	1	Brown rice 14 oz		Must be deposited within
Banana, quart	1	Child safety seat 16 oz		60 days of first day to use
Chicken 16 oz	1 or 2	Peanut butter 18 oz		
Home 12 oz boxes, 48 oz, or 48 oz	64 oz	Tuna 5 oz cans 6 or Salmon 14 7 5 oz cans		X
Apple, dozen (single only)	1 or 2			
Fresh fruit and vegetables (See AL WIC Approved Foods Brochure)				WIC CUSTOMER SIGNATURE
*****MICR Encoding Line*****				

# Manual Food Instrument

Manual Food Instrument

DRAFT

Alabama Department of Public Health WIC Program		Agency	CID Number	IT Number
NAME				9999999
Similar Address Early/Standard 13 oz concentration	Similar Item Address 13 oz concentration	First Day to Use	Last Day to Use	
Similar Sensitive 13 oz concentration				
Other Brand Type	size	unit	VENDOR STAMP	Pay Expiry
Infant cereal without fruit or other additives (1 oz box)	1 or 2 or 3	Ultra-high temp milk 8 oz		
Infant fruit/vegetables	4 oz containers	Juice 6 7 5 oz		
Infant meats	2.5 oz containers	Cereal 34 oz		
Milk, whole or reduced fat	1 or 2 or 3	Bread 16 oz whole grain/wheat wheat		Corrected Amount
Milk, half gallon, reduced fat	1	Brown rice 14 oz		Must be deposited within
Banana, quart	1	Child safety seat 16 oz		60 days of first day to use
Chicken 16 oz	1 or 2	Peanut butter 18 oz		
Home 12 oz boxes, 48 oz, or 48 oz	64 oz	Tuna 5 oz cans 6 or Salmon 14 7 5 oz cans		X
Apple, dozen (single only)	1 or 2			
Fresh fruit and vegetables (See AL WIC Approved Foods Brochure)				WIC CUSTOMER SIGNATURE
*****MICR Encoding Line*****				



2009

Pause video here to review this food package

Pause video here to discuss and review the new Alabama WIC Approved Foods brochure.

**Pause video here to discuss and review the Cash Value Voucher and the Alabama WIC Guide for Using the Cash Value Voucher.**

**Pause video here to discuss and review the WIC 691, WIC Foods for Children form.**

**Pause video here to discuss and review the WIC 687, WIC 121 and WIC 154 forms as well as the Prenatal package.**

**Pause video here to discuss and review the WIC 688 form, WIC Foods for the Breastfeeding Mom and Baby, and the food packages for the Fully Breastfeeding Mother and Her Infant.**

**These packages are all new. We will pause after each one for you to discuss and review.**