



**For Health Coach Only**

- Initial Health Assessment (with 1<sup>st</sup> screening)
- Follow-Up Health Assessment (4-6 weeks after completion of HBSS)
- Health Assessment at Rescreen (12 – 18 months after initial screening if previously utilized WISEWOMAN services)
- Baseline Health Assessment (12 – 18 months after initial screening if WISEWOMAN services were **not** utilized)

Today's Date: \_\_\_/\_\_\_/\_\_\_

MED-IT ID:

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**SECTION 1: PERSONAL INFORMATION**

Last Name:		First Name:				Middle Initial:	
Date of Birth (month, day, year) / /		Email:					
Telephone Numbers							
Home:		Cell:		Work:			
Street Address:					Apartment Number:		
City:			State:			ZIP Code:	
County of Residence:							
Hispanic or Latino: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Unknown							
First Race: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Unknown							
Second Race: <input type="checkbox"/> White <input type="checkbox"/> Black/African American <input type="checkbox"/> Asian <input type="checkbox"/> Native Hawaiian or Other Pacific Islander <input type="checkbox"/> American Indian/Alaskan Native <input type="checkbox"/> Unknown							
Education/Highest Grade Completed: <input type="checkbox"/> Less than 9 <sup>th</sup> <input type="checkbox"/> Some High School <input type="checkbox"/> High School Graduate/GED <input type="checkbox"/> Some College/College Graduate <input type="checkbox"/> Don't Know/Not sure							
Primary Language Spoken at Home: <input type="checkbox"/> English <input type="checkbox"/> Spanish <input type="checkbox"/> Other:							

**SECTION 2: HEALTH HISTORY**

Which of the following conditions do you have?

- |                             |                              |                             |                                               |
|-----------------------------|------------------------------|-----------------------------|-----------------------------------------------|
| Hypertension                | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| High Cholesterol            | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Diabetes (Type 1 or Type 2) | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |

Have you had any of the following?

- |                                                |                              |                             |                                               |
|------------------------------------------------|------------------------------|-----------------------------|-----------------------------------------------|
| Stroke/Transient Ischemic Attack (TIA)         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Heart Attack                                   | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Coronary Heart Disease                         | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Heart Failure                                  | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Vascular Disease (Peripheral Arterial Disease) | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Congenital Heart Disease and Defects           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Gestational Hypertension                       | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Gestational Diabetes                           | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |
| Pre-eclampsia/Eclampsia                        | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure |

Have you had medication prescribed to lower:

- |                      |                              |                             |                                               |                                         |
|----------------------|------------------------------|-----------------------------|-----------------------------------------------|-----------------------------------------|
| Blood Pressure       | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure | <input type="checkbox"/> Not Applicable |
| Cholesterol (Statin) | <input type="checkbox"/> Yes | <input type="checkbox"/> No | <input type="checkbox"/> Don't Know/ Not Sure | <input type="checkbox"/> Not Applicable |



Cholesterol (Other prescription)	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know/ Not Sure	<input type="checkbox"/> Not Applicable
Blood Sugar	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know/ Not Sure	<input type="checkbox"/> Not Applicable
Are you taking aspirin daily to help prevent a heart attack or stroke?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	<input type="checkbox"/> Don't Know/ Not Sure	<input type="checkbox"/> Not Applicable

During the past 7 days, how many days did you take prescribed medication for the following conditions:

High blood pressure	0 1 2 3 4 5 6 7	<input type="checkbox"/> Don't Know/ Not Sure	<input type="checkbox"/> Not Applicable
High cholesterol	0 1 2 3 4 5 6 7	<input type="checkbox"/> Don't Know/ Not Sure	<input type="checkbox"/> Not Applicable
High blood sugar	0 1 2 3 4 5 6 7	<input type="checkbox"/> Don't Know/ Not Sure	<input type="checkbox"/> Not Applicable

**SECTION 3: HEALTH BEHAVIORS**

Do you measure your blood pressure at home or using or using other calibrated sources in the community?

Multiple times per day     Weekly     Don't Know/Not Sure

Daily     Monthly

A few times a week     None

Do you regularly share blood pressure readings with a health care provider for feedback?

Yes     No     Don't Know/ Not Sure

How many cups of fruits and vegetables do you eat in an average day? \_\_\_\_\_ Cups     None

Do you eat fish at least 2 times a week?     Yes     No

Think about all the servings of grain products you eat in a typical day. How many are whole grains?

Less than half     Half     More than Half

Do you drink less than 36 ounces (450 calories) of sugar sweetened beverages weekly?     Yes     No

Are you currently watching or reducing your sodium or salt intake     Yes     No

In the past 7 days, how often have you had a drink containing alcohol? \_\_\_\_\_ Number of Days     None

How many alcoholic drinks, on average, do you consume when you drink? \_\_\_\_\_ Number of Drinks     None

How many minutes of physical activity (exercise) do you get in a week? \_\_\_\_\_ Number of Minutes     None

Do you smoke (includes cigarettes, pipes, cigars, e-cigarettes, vaping)?

Current Smoker     Quit (1 – 2 months ago)     Quit (more than 12 months ago)     Never smoked

Over the past 2 weeks, how often have you been bothered by any of the following problems?

Little interest or pleasure in doing things	<input type="checkbox"/> Not at all	<input type="checkbox"/> Several Days	<input type="checkbox"/> More than Half	<input type="checkbox"/> Nearly Every Day
Feeling down, depressed, or hopeless	<input type="checkbox"/> Not at all	<input type="checkbox"/> Several Days	<input type="checkbox"/> More than Half	<input type="checkbox"/> Nearly Every Day

**SECTION 4: SOCIAL QUESTIONS**

Do you use any of the following types of computers: desktop/laptop, smartphone, tablet or another portable wireless computer?     Yes     No     Don't know     Don't want to answer

Do you or ant member of your household have access to the internet?

Yes, by paying a cell phone company or internet service provider

Yes, **without** paying a cell phone company or internet provider

No access to the internet at home (house, apartment, or mobile home)

Don't know

Don't want to answer

During the past 12 months, was there at time when you were worried you would run out of food because of lack of money or other resources?

Yes

No

Don't know

Don't want to answer



Have you ever missed a doctor's appointment because of a transportation problem?

- Yes
- No
- Don't know
- Don't want to answer

If you are currently using childcare services, please identify the type of services. If none, select Not applicable. Select all that apply.

- Infant (birth to 11 months)
- Toddler (11 to 36 months)
- Preschool (3 to 5 years)
- Afterschool Care (K – 9<sup>th</sup> Grade)
- Don't know
- Don't want to answer
- Not applicable

Have you ever had any of these childcare related problems during the past year? Select all that apply.

- Cost
- Availability
- Location
- Transportation
- Hours of operation
- Other: \_\_\_\_\_
- Don't know
- Don't want to answer
- Not applicable

What is your housing situation today?

- I have housing.
- I have housing, but I am worried about losing my housing.
- I don't have housing.
- Don't know
- Don't want to answer

How often does your partner physically hurt you?

- Never
- Rarely
- Sometimes
- Fairly often
- Frequently
- Don't want to answer

How often does your partner insult or talk down to you?

- Never
- Rarely
- Sometimes
- Fairly often
- Frequently
- Don't want to answer

Do you ever forget to take your medicine?

- Yes
- No
- Don't want to answer

Are you careless at times about taking your medicine?

- Yes
- No
- Don't want to answer

When you feel better, do you sometimes stop taking your medicine?

- Yes
- No
- Don't want to answer