

BUILDING A HEALTHY START:
Professional Development for Caregivers of Infants and Toddlers
Module 2: Promoting Physical Activity for Infants and Toddlers in Early Childhood Settings

Training Evaluation

Date of training: _____ Trainer: _____

My race/ethnicity: American Indian or Alaska Native Asian
 (Choose one) Black or African American Hispanic/Latino
 Native Hawaiian or Other Pacific Islander White
 More than one race

What county in Alabama do you live in? _____ **or** I live outside of Alabama

Training Objectives

At the end of this training, participants will be able to:

- Acknowledge the importance of daily physical activity for infants and toddlers.
- Describe developmentally appropriate activities to promote infant growth and development.
- Give examples of appropriate indoor and outdoor physical activities for toddlers.
- Discuss the impact of screen time on infants and toddlers.

Please circle the number on the right that corresponds to the statement about the training.

Scale: 1 = Not at all 2 = Somewhat 3 = Yes, good work 4 = Yes, this was excellent

The information presented was easy to understand.	4	3	2	1
The training provided me with new knowledge.	4	3	2	1
The trainer was knowledgeable and answered questions.	4	3	2	1
The handouts provided were helpful to me.	4	3	2	1
The activities increased my understanding of the topic.	4	3	2	1
The length and format of the training was appropriate.	4	3	2	1
The slide presentation was appropriate and helpful.	4	3	2	1
The training session was interesting.	4	3	2	1

One new thing that I learned from this training is:

One thing that I will do differently as result of this training is:

Other comments: