

# **PRESCRIPTION DRUG ABUSE & MISUSE IS A PROBLEM.**



**See YOURSELF as  
part of the solution.**

**2 OUT OF 5 TEENS HAVE ABUSED EITHER  
PRESCRIPTION PAIN MEDICATION OR  
STIMULANTS AND TRANQUILIZERS.**

## **ARE YOU PART OF THE PROBLEM OR THE SOLUTION?**

- Do not share your prescription drugs with friends, family or coworkers.
- Keep a personal record of all medications that you take.
- Follow practitioner's orders for taking medications.
- Dispose of left over prescriptions properly.



Prescription Drug Monitoring Program

**PDMP**

[adph.org/pdmp](http://adph.org/pdmp)