

Alabama Has Heart: Million Hearts Initiatives in Alabama

Satellite Conference and Live Webcast

Wednesday, February 6, 2013, 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern) • 1:00-3:00 p.m. (Mountain) • 12:00-2:00 p.m. (Pacific)

The Million Hearts Campaign to prevent one million heart attacks and strokes over 5 years is taking off across the country! Here in Alabama dozens of community based organizations are supporting the mission and creating initiatives to encourage people to become more educated on cardiovascular disease so they can take control of their heart health and prevent problems. Program faculty will discuss the importance of the Million Hearts Campaign, the local initiatives created from it, and the ways you can implement some of these activities into your own community.

FACULTY:

Donna Arnett, PhD, MSPH

President, Board of Directors
American Heart Association
Professor and Chair
Department of Epidemiology
UAB School of Public Health

Mary Brocius

Wellness Director
Montgomery YMCA

Debbie LaCruz

Diabetes Prevention Coordinator
Birmingham YMCA

Pilar Murphy, PharmD

Assistant Professor of Pharmacy Practice
McWhorter School of Pharmacy
Samford University

Melanie Rightmyer, MSN, RN

Director, Cardiovascular Unit
Chronic Disease Programs Branch
Alabama Department of Public Health

Charlisa Watson, MHSA

Vice President, Community Development Southeast Region
United Healthcare Community and State

PROGRAM OBJECTIVES:

1. Provide an overview of state initiatives to address heart health issues in Alabama.
2. Discuss the Heart Smart Sisters Program to reduce cardiovascular disease in women.
3. Explain American Heart Association activities to promote the Million Hearts Campaign.
4. Describe how Million Hearts information is used to teach patients the importance of monitoring heart health.
5. Describe YMCA initiatives to address heart disease throughout communities.

CONFERENCE DETAILS:

Target Audience: Nurses, social workers, anyone providing care for those with cardiovascular health issues

Continuing Education: None for this program

Registration: www.adph.org/alphnt

Technical Information: To receive complete technical information you must register at www.adph.org/alphnt

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at www.adph.org/alphnt

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphnt@adph.state.al.us



UPCOMING MINORITY HEALTH PROGRAM:

Topic to Be Determined

Wednesday, April 17, 2013

2:00-4:00 p.m. (CT)

PREVIOUS MINORITY HEALTH PROGRAMS:

www.adph.org/alphnt