## Insights and Perspectives: Addressing Disparities in Cardiovascular Health.

Tuesday, February 27, 2018 / 10 a.m. – 12 p.m. (Central time)

## **FACULTY:**

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## **PROGRAM OBJECTIVES:**

- 1. To define hypertension based on systolic or diastolic blood pressure readings.
- 2. To learn the prevalence of hypertension and the risks of end-organ complications associated hypertension, with a focus on health care disparities.
- 3. To learn the risk factors for developing hypertension.
- 4. To become familiar with clinical evaluation and non-pharmacologic recommendations for the hypertensive patient.
- 5. Describe the age-specific black-white disparity in stroke mortality and discuss whether it is attributable to higher incidence versus higher case-fatality in blacks.
- 6. Describe the contribution of higher prevalence of risk factor such as hypertension and diabetes in the black population to the higher stroke incidence.
- 7. Describe the magnitude of differences in magnitude of impact of uncontrolled hypertension in blacks and whites.
- 8. Discuss factors potentially related to higher incidence of hypertension in blacks.

## **Questions:**

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