# Pharmacology Update: Interactions of Oral Contraceptives and Seizure Medications to Drugs and Herbal Remedies

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Produced by the Alabama Department of Public Health Video Communications and Distance Learning Division

### **Faculty**

Nancy Bishop, RPh Assistant State Pharmacy Director Alabama Department of Public Health

#### Classifications of Interactions

- Level 1: Severe Avoid
  - Using these medications together is contraindicated
  - -Rare exceptions may exist
- Level 2: Major
  - Using these medications together may be contraindicated for a select group of patients

#### **Classifications of Interactions**

- Consider alteration in therapy and monitor patients
- Level 3: Moderate
  - Using these medications together may result in unintended clinical effects
  - Alterations in therapy may be required

#### Classifications of Interactions

- -Monitor patients
- Level 4: Minor
  - Using these medications together usually does not result in clinically significant interactions

Drug-Drug and Drug-Herbal Interactions of Oral Contraceptives

#### Level 1 Interactions with OC

- Amprenavir (Agenerase): HIV Protease Inhibitor
- Fosamprenavir (Lexiva): HIV Protease Inhibitor
- Aromatase Inhibitors: Hormonally-responsive cancers
- Bosentan (Tracleer):
   Pulmonary arterial hypertension
- Metopirone (Metyrapone): HPA Diagnosis

#### **Protease Inhibitors**

- OC's decrease the serum concentrations of Amprenavir and Fosamprenavir
- Increase metabolism of OC's: Ritonavir, Lopinavir, Ritonavir, Nelfinavir, Saquinavir, Tipramavir
- Decrease metabolism of OC's: Atazanavir and Indinavir

#### **Protease Inhibitors**

 Report breakthrough bleeding and other adverse effects to physician and use barrier method of contraception

#### **Aromatase Inhibitors**

- Estrogens could interfere with action of aromatase inhibitors, decreasing circulating estrogen levels and inhibiting growth of hormonallyresponsive cancers
- Estrogen therapy is not recommended due to opposing pharmacologic actions

#### **Aromatase Inhibitors**

- Includes:
  - Aminoglutethimide (cytadren)
  - -Anastrozole (Arimidex)
  - -Exemestane (Aromasin)
  - -Letrozole (Femara)
  - -Testolactone (Teslac)

## **Bosentan (Tracleer)**

- Contraindicated
- Indicated for treatment of pulmonary arterial hypertension
- Significant inducer of CYP3A hepatic enzymes
- Decrease in norethindrone serum concentrations as high as 56% and ethinyl estradiol as high as 66%
- Teratogenic and contraindicated during pregnancy

### **Metopirone (Metyrapone)**

- Estrogen therapy can yield a sub - therapeutic response
- Indicated for Hypothalmic pituitary adrenal (HPA) suppression diagnosis
- Available only for compassionate use
- Discontinue estrogens prior to and during metyrapone administration

#### **Question #1**

- True or False
  - A patient taking an OC and a protease inhibitor should always use a barrier method of contraception, regardless of the interaction level

#### Answer #1

- True
  - -The most common indication for Protease Inhibitors is HIV

#### Level 2 Interactions with OC

- HIV Protease Inhibitors:
  - Atazanavir
  - -Indinavir
  - -Lopinavir, Ritonavir
  - Nelfinavir
  - -Ritonavir
  - -Saquinavir
  - -Tipranavir

#### Level 2 Interactions with OC

- Anti seizure medications:
  - -Carbamazepine
  - -Felbamate
  - -Fosphenytoin
  - -Oxcarbazepine
  - -Phenytoin
  - -Topiramate

#### **Level 2 Interactions with OC**

- Tuberculosis
  - -Rifabutin
  - -Rifampin
  - -Refapentine
- · Antifungal:
  - Fluconazole
  - -Griseofulvin

#### Level 2 Interactions with OC

- Breast Cancer Prophylaxis
  - -Raloxifene
  - -Tamoxifen
- Other
  - -Bexarotene: Lymphoma
  - -Charcoal: overdose, poisoning
  - Modafinil: Narcolepsy

#### Level 2 Interactions with OC

- Tizanidine: Muscle antispasmodic
- -Warfarin: Blood thinner
- -St. John's Wort
- -Tobacco

#### **Test Question #2**

- True or False:
  - A medication listed as a level 2 interaction should never be given to a patient receiving oral contraceptives

#### **Answer #2**

- False
  - -Should consider alternative therapies if possible
  - -If not, closely monitor patients

#### **CYP3A4 Inducers**

- Estrogens metabolized by CYP3A4, therefore susceptible to interactions with hepatic enzyme inducing drugs
  - Anticonvulsants stimulate CYP3A4 thereby causing OC failure
  - -Low dose estrogen regimens at greater risk(ethinyl estradiol < 50 mcg / day)</li>

#### CYP3A4 Inducers

- Patients at higher risk of folate deficiency
- Greater risk of neural tube defects when failure occurs

#### Anti - Seizure Medications CYP3A4 Inducers

- May decrease level of contraceptive and efficacy:
  - Carbamazepine (Tegretol)
  - -Oxcarbazepine (Trileptal)
  - Felbamate (Felbatol)
  - Topiramate (Topamax): May decrease levels of contraceptive and efficacy if dose is over 200 mg / day

#### Anti - Seizure Medications CYP3A4 Inducers

- No adverse effect if dose is 50 - 200 mg / day
- Phenytoin (Dilantin)
- -Fosphenytoin (Cerebyx)

## Tuberculosis treatments CYP3A4 Inducers

- May decrease level of contraceptive and efficacy:
  - -Rifampin (Rifadin):
    - Increases elimination of estrogens and progestins
    - Increases estrogenic protein binding activity

#### Tuberculosis treatments CYP3A4 Inducers

- 70% of women taking estrogencontaining OC and rifampin experience menstrual abnormalities and 6% become pregnant
- Rifabutin (Mycobutin)
- -Rifapentine (Priftin)

## **Anti - Fungal Medications**

- Fluconazole (Diflucan):
  - -Clinical significance is unknown
  - Variations in increase and decrease of hormonal concentrations
- Griseofulvin (Fulvicin):
  - -CYP3A4 Inducer
  - May decrease levels of contraceptive and efficacy

## **Breast Cancer Prophylaxis Medications**

- Tamoxifen (Nolvadex):
  - Contraindicated in most, but not all, patients
  - Oral contraceptives may aggravate conditions being treated by tamoxifen

## **Breast Cancer Prophylaxis Medications**

- Raloxifene (Evista):
  - -Blocks estrogen receptors
  - -Illogical to give with estrogen

#### Warfarin (Coumadin)

- Generally avoid OC's in patients taking Warfarin due to Thromboembolism risks
- Weigh risks versus benefits
- OC's can alter INR

### Warfarin (Coumadin)

- OC's products containing > / = 50
  mcg Ethinyl Estradiol are associated
  with the greatest risk of
  Thromboembolic complications
- Addition of progestins may increase Thromboembolic risks

## **Tizanidine (Zanaflex)**

- May increase tizanidine levels
- Tizanidine clearance in decreased 50%
- Risk of hypotension, bradycardia, psychomotor impairment and other adverse effects

#### Other

- Modafinil (Provigil):
  - -Indicated for narcolepsy
  - -CYP3A4 Inducer May decrease levels of contraceptive and efficacy
  - May cause failure of OC's and hormonal containing implants or devices

#### Other

- Bexarotene (Targretin):
  - -CYP3A4 Inducer
  - -Indicated for T- cell lymphoma
  - May decrease levels of contraceptive and efficacy

#### **Other**

- Tobacco:
  - Increase risk of thromboembolic disease
  - Increased risk for patients 35 years or older or those who smoke 15 or more cigarettes per day

#### Other

- Charcoal:
  - Possible absorption issue with oral contraceptives
  - Should take 3 hours after but at least 12 hours before oral contraceptive

#### **Other**

- St. John's Wort:
  - -CYP3A4 inducer
  - -Loss of contraceptive efficacy

#### **Level 3 Interactions with OC**

- Ambrisentan
- Amoxicillin
- Ampicillin
- Aprepitant: Fosaprepitant
- Chloramphenicol
- Clarithromycin
- Clindamycin

#### **Level 3 Interactions with OC**

- Cyclosporine
- Dantrolene
- Dirithromycin
- Doxercalciferol
- Echinacea
- Erythromycin
- Lamotrigine

#### Level 3 Interactions with OC

- Lincomycin
- Mycophenolate
- Neomycin
- Nitrofurantoin
- Penicillin V
- Selegiline
- Somatropin, rh-GH

#### Level 3 Interactions with OC

- Soy Isoflavones
- Sulfonamides
- Tetracycline
- Theophylline, Aminophylline

#### **Anti - Infectives**

- Disruption of normal GI flora may decrease effectiveness of estrogencontaining OC's
- Includes: amoxicillin, ampicillin, chloramphenicol, clindamycin, lincomycin, neomycin, nitrofurantoin, penicillin V, sulfonamides, tetracyclines

#### **Anti - Infectives**

- Macrolide anti infectives may increase estrogen metabolism
  - Dirithromycin, erythromycin, clarithromycin
- Incidence of the interaction between anti - infectives and OC's is unpredictable and those most at risk for OC failure cannot be identified

#### **Question #3**

- True or False
  - Patients should always be counseled to use an alternative means of contraception while taking antibiotics

#### Answer #3

- True
  - -At least for me
    - It is a liability issue

- Indicated for seizures and bipolar disorder
- May decrease hormone level resulting in contraceptive failure
- Estradiol and mestranol may decrease lamotrigine levels resulting in a need for increased dosing

#### Lamotrigine (Lamictal)

- Side effects
  - -Ex: dizziness, ataxia, and diplopia may occur during placebo / off week
- Progestin only products are not known to change lamotrigine levels

### **Theophylline (Theo-24)**

- Indicated for asthma and bronchospasm
- May increase theophylline levels
- · Risk of theophylline toxicity
- CYP3A4 and CYP1A2 substrate
- Inhibits hepatic metabolism

### Cyclosporine

- Indicated for organ transplant rejection prophylaxis, rheumatoid arthritis and psoriasis
- CYP3A4 substrate with moderate CYP3A4 inhibitor characteristics
- May increase cyclosporine levels with risk of toxicity
- · Increased risk of hyperkalemia

### Selegiline (Eldepryl)

- Indicated for Parkinson disease
- May increase selegiline total concentrations as much as 20 - fold due most likely to decreased metabolism of selegiline
- May be necessary to reduce dose of selegiline

## **Ambrisentan (Letairis)**

- Indicated for pulmonary arterial hypertension
- Restricted distribution in the United States
- CYP3A4 substrate

## **Aprepitant (Emend)**

- Aprepitant:
  - Indicated for prevention of chemo-related nausea and vomiting
  - -Fosaprepitant (Emend Injection)
  - Minor CYP3A4 inducer and moderate CYP3A4 inhibitor

#### Other

- Mycophenolate Mofetil (CellCept): Indicated for prevention of organ transplant rejection
  - One study showed decreased level of levonorgestrel
- Dantrolene: Indicated for spasticity
  - -Increased risk of hepatotoxicity
- Doxercalciferol: Indicated for hyperparathyroidism

#### Other

- Somatropin, rh GH (growth hormone):
  - Indicated for growth hormone deficiency
  - Induced hepatic metabolism may decrease hormonal contraceptive levels resulting in failure
  - May accelerate epiphysial maturation

#### Herbs and OTC's

- Echinacea:
  - Inhibits intestinal CYP3A4 but induces hepatic CYP3A4
  - -Clinical significance unknown
- · Soy Isoflavones:
  - -Similar chemical structure to synthetic and natural estrogens
  - -Clinical significance unknown
  - -Use with caution

#### Level 4 Interactions with OC

- Antidiabetic Agents
- Antihypertensive Agents
- · Ascorbic Acid, Vitamin C
- Atorvastatin
- Benzodiazepines
- Caffeine
- Calcium salts

#### Level 4 Interactions with OC

- Cimetidine
- Clofibrate
- Delavirdine
- Food
- · Grapefruit juice
- Green tea
- Guarana
- Hydrocortisone

#### Level 4 Interactions with OC

- Mineral Oil
- Nefazodone
- Neuromuscular Blockers
- Prednisolone
- Rosuvastatin
- Thyroid hormones
- Tricyclic antidepressants
- Urosodeoxycholic Acid, Urosdiol

#### **Anti - Diabetic Medications**

- OC's decrease hypoglycemic effect by impairing glucose tolerance
- More common in patients receiving
   50 mcg ethinyl estradiol per day
- Closely monitor patients when OC therapy is initiated and when discontinued

#### **Anti - Diabetic Medications**

- Pioglitazone (Actos) may decrease
   OC effectiveness by increasing metabolism of estrogens
- Exenatide (Byetta) may reduce rate and/or extent of absorption of OC's
  - -Take OC at least one hour prior to exenatide injection

## **Anti - Hypertensives**

- Estrogen can induce fluid retention and may increase blood pressure in some patients
- Monitor patients to confirm target blood pressure is achieved

#### **Statins**

- Atorvastatin (Lipitor) and Rosuvastatin (Crestor)
- Indicated for hypercholesterolemia
- May increase contraceptive hormonal levels, mostly likely, due to competition for CYP3A4 substrate
- · Clinical significance unknown

## **Benzodiazepines**

- Ethinyl estradiol may increase levels of some benzodiazepines, including:
  - -Chlordiazepoxide (Librium)
  - -Clorazepate (Tranxene)
  - -Clonazepam (Klonopin)
  - -Diazepam (Valium)
  - -Triazolam (Halcion), and others

#### Benzodiazepines

- Conversely, ethinyl estradiol may enhance metabolism of Lorazepain (Ativan), Oxazepam (Serax), and Temazepam (Restoril)
- Observe patients for evidence of increased or decreased response

#### Corticosteroids

- May potentiate the anti inflammatory effects of hydrocortisone
- May delay clearance of prednisolone
- Monitor patients receiving hydrocortisone and prednisolone
- No evidence of interaction with dexamethasone, methylprednisolone and prednisone

#### **Thyroid Hormones**

- Estrogens cause abnormal thyroid function test results
- Estrogens increase serum thyroxine binding globulin
- Patients may have a decreased clinical response due to decreased free thyroxine levels
- Thyroid hormone dose adjustments may be necessary

#### **Tricyclic Antidepressants**

- Ethinyl estradiol may decrease metabolism of tricyclic antidepressants, thereby, increasing serum concentrations
- Side effects of imipramine may be increased
- More significant interaction probable with ethinyl estradiol doses of 50 mcg or greater per day

#### Other

- Neuromuscular Blockers: Prolonged neuromuscular blockade may occur
- Cimetidine (Tagamet): Reduces hepatic clearance of estradiol - Monitor for estrogen related side effects
- Ursodiol (Actigall): OC may increase hepatic cholesterol secretion and increase cholesterol gallstone formation, thereby, counteracting the effectiveness of ursodiol

#### Other

- Nefazodone (Serzone):
  - -Indicated for depression
  - -Inhibits CYP3A4 isoenzyme
  - May increase estrogen related side effects
  - -Clinical significance unknown

#### Other

- Delavirdine (Rescriptor):
  - -Indicated for HIV infection
  - -Serum concentration of ethinyl estradiol may be increased
  - Clinical significance is unknown

#### **Question #4**

- True or False
  - Patients should always be asked what prescription medications, vitamins, herbals and over - the - counter medications they are taking

#### Answer #4

- True
  - Most people do not consider vitamins and "natural" products as part of their medication regimen but these can affect how their medications work

#### **Other CYP3A4 Inhibitors**

- Grapefruit juice:
  - Decreases estradiol metabolism
  - -Estrogen levels may increase up to 30%
  - -Clinical significance is unknown

#### Other CYP3A4 Inhibitors

- Vitamin C (ascorbic acid):
  - May increase ethinyl estradiol bioavailability up to 50%
  - May see increase in estrogen related side effects

#### **Other**

- · Calcium salts:
  - Estrogen increase calcium absorption which can be beneficial
- Caffeine:
  - Includes coffee, green tea, other teas, colas, guarana, and chocolate
  - Serum concentrations of caffeine may be increased by ethinyl estradiol
  - Monitor for caffeine related side effects

#### Other

- Mineral Oil
  - Simultaneous administration may decrease absorption of estrogens
  - Separate doses by giving estrogens 1 hour before or 2 hours after mineral oil

## Drug-Drug and Drug-Herbal Interactions of Seizure Medications

### **Gabapentin (Neurontin)**

- Indicated for treatment of partial seizures
- · Has high lipid solubility
- Not metabolized by the liver
- · Has no protein binding
- No enzyme induction related drug interactions

### **Gabapentin (Neurontin)**

- Does not alter serum concentration of other anticonvulsants and other anticonvulsants do not alter serum concentration of Gabapentin
- No level 1 interactions

### **Gabapentin (Neurontin)**

- Level 2 interactions:
  - Antacids (aluminum hydroxide and magnesium hydroxide):
    - When taken together reduces bioavailability by 20%
    - Take gabapentin at least 2 hours after antacid

## **Gabapentin (Neurontin)**

- -Ethanol:
  - With gabapentin enacarbil (Horizant Extended Release),
     Gabapentin is released faster
  - All gabapentin there is a increased risk of drowsiness and dizziness
  - Patients should avoid alcohol consumption

## **Gabapentin (Neurontin)**

- -Sevelamer (Renagel):
  - Potential for reduces drug absorption
  - Separate dose of Gabapentin at least 1 hour before or 3 hours after Sevelamer

#### **Gabapentin (Neurontin)**

- -Level 3 interactions:
  - Morphine: May increase
     Gabapentin serum concentration
    - Monitor patient for signs of CNS depression and adjust dose of each as necessary
  - Naproxen: Increases amount of Gabapentin absorbed by 12 - 15%
    - -Clinical significance unknown

#### **Gabapentin (Neurontin)**

- Hydrocodone: May decrease concentration of Hydrocodone and increase concentration of Gabapentin
  - Is Gabapentin dose dependent, with lower doses having less effect
  - -Monitor patients and adjust doses of each

### **Gabapentin (Neurontin)**

 Colesevelam: For safety, give gabapentin at least 4 hours before colesevelam

#### Gabapentin (Neurontin) Level 3 Interactions

- Medications that may enhance CNS depression (e.g. drowsiness and dizziness):
  - –Anxiolytics, Sedatives and Hypnotics
  - -Antipsychotics:

#### Gabapentin (Neurontin) Level 3 Interactions

- Olanzapine, Clozapine, Haloperidol, Molindone, Pimozide, Quetiapine, Risperidone
- -Antiparkinson's Disease:
  - Entacapone, Pramipexole, Ropinirole, Tolcapone

#### Gabapentin (Neurontin) Level 3 Interactions

- Carisoprodol (Soma),
   Methocarbamol (Robaxin)
- -Phenothizines and Tricyclic anti depressants:
  - Amoxapine, Maprotiline, Mirtazapine, Nefazodone, Trazodone

#### Gabapentin (Neurontin) Level 3 Interactions

- -Tramadol (Ultram)
- -Sedating H1 blockers
- Opiate antitussive or expectorant combinations; opioid agonist and combinations

#### **Gabapentin (Neurontin)**

- Level 4 interactions:
  - Cimetidine (Tagamet)
    - Gabapentin clearance reduced but not clinically significant
  - Propranolol (Inderal)
    - Higher doses of propranolol may induce dystonia
    - Monitor patient and lower propranolol dose if necessary

### Lamotrigine (Lamictal)

- Indicated for partial seizures and tonic - clonic seizures
- · Off-label use in absence seizures
- Metabolized via glucuronidation
- Caution when adding and discontinuing medications once seizure control has been achieved
- No level 1 interactions

### **Lamotrigine (Lamictal)**

- · Level 2 interactions:
  - Acetaminophen (Tylenol):
    - Doses of 900 mg tid or more accelerates lamotrigine clearance by 15%
  - Atazanavir (Reyataz):
    - Increases metabolism of lamotrigine

## **Lamotrigine (Lamictal)**

- Adjust dose with addition or discontinuation of Atazanavir
- -Cabamazepine:
  - May stimulate metabolism of Lamotrigine, decreasing level of Lamotrigine as much as 40%

- -Clozapine:
  - Can increase Clozapine concentration by 3 fold
  - Lowering of seizure threshold dose dependent
- Desmopressin (DDAVP):
  - Increase risk of water intoxication with Hyponatremia

#### Lamotrigine (Lamictal)

- Level 2 interactions:
  - Methsuximide (Celontin):
    - Reduces serum concentrations of Lamotrigine by up to 70%
    - Caution when discontinuing Methsuximide

## **Lamotrigine (Lamictal)**

- -Rifampin:
  - Increased Lamotrigine clearance resulting in decrease anticonvulant efficacy
- -Sevelamer (Renagel):
  - Potential for reduces absorption
  - Separate Lamotrigine doses by at least one hour before or three hours after Sevelamer

#### **Lamotrigine (Lamictal)**

- · Level 2 interactions:
  - Oral and non oral combination contraceptives:
    - May require close clinical monitoring
    - Estrogen may increase Lamotrigine clearance

### **Lamotrigine (Lamictal)**

- Increased side effects during placebo / off week are possible
- Clinical significance of clearance changes is unknown
- Changes limited to the pill free week are not recommended
- May consider progestin only contraceptives or extended cycle combined hormonal contraceptive

## **Lamotrigine (Lamictal)**

- Level 3 Interactions:
  - -Phenytoin and Fosphenytoin:
    - Induces hepatic enzymes
    - When added to regiment, can reduce steady state concentration of Lamatrigine up to 50%

- May require lamotrigine dose adjustment
- Barbiturates (phenobarbital, mephobarbital, primidone):
  - Induces hepatic enzymes
  - When added to regiment, can reduce steady state concentration of lamatrigine up to 40%

#### Lamotrigine (Lamictal)

- May require lamotrigine dose adjustment
- Oxcarbazepine:
  - Increases clearance of lamotrigine up to 29%
  - Monitor for headache, dizziness, nausea and somnolence

#### **Lamotrigine (Lamictal)**

- Level 3 Interactions:
  - -Valproic acid:
    - More than doubles the elimination half - life and steady - state concentration of Lamatrigine
    - Adjust dose if Valproic acid is discontinued

### **Lamotrigine (Lamictal)**

- -Topiramate:
  - May decrease Topiramate serum concentration
  - Clinical significance is unknown
- -Buproprion:
  - A drug disease interaction
  - Should not be used in patients with a pre - existing seizure disorder

### **Lamotrigine (Lamictal)**

- Level 3 Interactions:
  - -Ritonavir:
    - Increases hepatic metabolism resulting in decreased Lamatrigine concentrations
    - Dose increase of Lamotrigine may be necessary

## **Lamotrigine (Lamictal)**

- Dihydrofolate reductase inhibitors (fluorouracil, 5-FU, methotrexate, pyrimethamine, trimethoprim):
  - All inhibit dihydrofolate reductase
  - Use with caution

- -Colesevelam:
  - Change in concentration can be clinically significant
  - Give Lamotrigine at least 4 hours before Colesevelam

### **Topiramate (Topamax)**

- Indicated for partial seizures, tonic clonic seizures and Lennox - Gastaut seizures
- · Metabolized minimally by the liver
- Is a minor CUP3A4 inducer and a weak CYP2C19 inhibitor
- Avoid alcohol consumption

#### **Topiramate (Topamax)**

- Alcohol withdrawal or excessive use may lower seizure threshold
- Avoid doses over 200 mg / day if using hormonal contraceptives

## **Topiramate (Topamax)**

- Level 1 Interaction:
  - -Probenecid:
    - Significant increase in renal clearance of Topiramate
    - May lower Topiramate levels
    - Shown in animals only; no human trials

### **Topiramate (Topamax)**

- · Level 2 Interactions:
  - Metformin:
    - Topiramate can cause metabolic acidosis and may increase serum concentration of metformin
    - Best to avoid taking both but if necessary, closely monitor patients

## **Topiramate (Topamax)**

- -Oral and non oral contraceptives:
  - Increase clearance of Ethinyl Estradiol
  - More risk at doses over 200 mg / day

## **Topiramate (Topamax)**

- Level 2 Interactions:
  - -Ethanol:
    - Alters pattern of Topiramate release from extended - release capsules
    - Do not consume alcohol within
       6 hours (before and after) taking
       Topiramate

#### **Topiramate (Topamax)**

- -Dolutegravir:
  - Decrease Dolutegravir levels
- -Tramadol:
  - May cause CNS depression and cognitive and / or neuropsychiatric reactions
  - Decrease seizure threshold

#### **Topiramate (Topamax)**

- Level 2 Interactions:
  - Hydrochlorothiazide (HCTZ):
    - May potentiate potassium wasting
    - Clinical significance is unknown
    - May require reduction in Topiramate dose when HCTZ is added and dose increase when HCTZ is discontinued

### **Topiramate (Topamax)**

- Carbonic Anhydrase inhibitors:
  - Increased risk of renal stone formation
  - Increased risk for heat related disorders, e.g. heat stroke
  - Increased risk of bleeding
  - Includes Acetazolamide,
     Methazolamide, Dichlorphenamide

### **Topiramate (Topamax)**

- Level 2 Interactions:
  - -Telithromycin:
    - May cause subtherapeutic levels of Telithromycin
    - May result in increase serum concentration of Topiramate with increase in adverse effects

## **Topiramate (Topamax)**

- -Sevelamer:
  - Potential for reduced drug absorption with potential for loss of efficacy
  - Separate dose of Topiramate at least 1 hour before or 3 hours after Sevelamer

## **Topiramate (Topamax)**

- -Linagliptin:
  - May decrease Linagliptin to subtherapeutic levels
  - Alternative to Linagliptin is recommended

#### **Topiramate (Topamax)**

- Level 2 Interactions:
  - -Valproic acid:
    - May result in decrease in Valproic acid and Topiramate serum concentrations
    - Associated with hyperammonemia
    - · Associated with hypothermia
    - May increase risk of bleeding

## **Topiramate (Topamax) Level 3 Interactions**

- Amitriptyline
- Anticoagulants
- Antimuscarinics
- Aspirin
- Barbiturates
- Benzodiazepine
- Carbamazepine

## Topiramate (Topamax) Level 3 Interactions

- Colesevelam
- Dasabuvir
- Ombitasvir
- Paritaprevir
- Ritonavir
- Digoxin
- Estrogens

#### Topiramate (Topamax) Level 3 Interactions

- Ethotoin
- Ezagabibe
- Felbamate
- Fosphenytoin
- Lamotrigine
- Levetiracetam
- Lithium

## **Topiramate (Topamax) Level 3 Interactions**

- Loop Diuretics
- Metformin
- NSAIDS
- Opiate Agonists
- Oxcarbazepine
- Phenytoin
- Pioglitazone

## **Topiramate (Topamax) Level 3 Interactions**

- Platelet Inhibitors
- Pregabalin
- Risperidone
- Rufinamide
- Salicylates
- SSRIs
- · Thiazide diuretics

## **Topiramate (Topamax) Level 3 Interactions**

- Tiagabine
- Tretinoin

## **Topiramate (Topamax)**

- Level 4 Interactions:
  - -Voriconazole (Vfend)
    - An antifungal
    - May result in an increase in Voriconazole concentrations
    - Clinical significance is unknown

### Pregabalin (Lyrica)

- Indicated for partial seizures
- No drug interactions of clinical significance due to inhibition of the CYPP450 enzymes have been reported
- No level 1 or level 4 interactions
- Raw ginkgo seeds: May decrease anticonvulsant efficacy

### Pregabalin (Lyrica)

- Level 2 Interactions:
  - Angiotensin converting enzyme inhibitors (ACE Inhibitors):
    - May cause life threatening angioedema with respiratory compromise

## Pregabalin (Lyrica)

- -Examples of ACE inhibitors:
  - Accupril
  - Benazepril
  - Enalapril
  - Lisinopril

## Pregabalin (Lyrica)

- Level 3 Interactions:
  - Thiazolidinediones (pioglitazone, rosiglitazone, troglitazone):
    - Higher rates of peripheral edema and weight gain
    - May exacerbate or lead to heart failure

## Pregabalin (Lyrica) Level 3 Interactions:

- May potentiate CNS effects such as sedation and cognitive and gross motor function:
  - -Opioids
  - -Ethanol
  - Phenothiazines
  - -Sedating H1- blockers

## Pregabalin (Lyrica) Level 3 Interactions:

- Anxiolytics, Sedatives and Hypnotics
- Barbiturates
- Butorphanol
- General Anesthetics
- Buprenorphine
- -THC, Dronabinol

#### Pregabalin (Lyrica) Level 3 Interactions:

- Nabilone
- Nalbuphine
- Pentazocine
- -Tolcapone
- -Tricyclic Antidepressants
- Carbinoxamine
- Carbidopa, Levodopa, Entacapone

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Indicated for absence, myoclonic, partial and tonic - clonic seizures
- · No Level 1 interactions
- Metabolized by hepatic CYP450 microsomal enzymes, CYP2C19 and CYP2C9, and UGT
  - Therefore, interactions can be significant

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Ginkgo: May decrease anticonvulsant efficacy
- Omacetaxine mepesuccinate and tositumomab: May increase risk of bleeding

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

 Carbinoxaine and Doxylamine: Increased risk of CNS depression, psychomotor impairment and adverse effects

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Level 2 Interactions:
  - -Carbapenems:
    - Includes doripenem, ertapenem, imipenem, and meropenem
    - May decrease valproic acid to subtherapeutic levels

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Carbamazepine:
  - May increase clearance and decrease serum concentration of valproic acid
  - May decrease metabolism of carbamazepine's active metabolite causing vomiting and tiredness, especially in children

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Level 2 Interactions:
  - -Rifampin:
    - May increase clearance of valproic acid and rifampin
    - Adjust valproic dose as necessary

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- -Isoniazide (INH):
  - May inhibit valproic acid hepatic metabolism
  - Increases valproic acid concentrations and hepatotoxicity

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- -Topiramate:
  - May cause hyperammonemia.
  - May cause hypothermia
- Interactions that may cause additive CNS depression and can lower seizure threshold:

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Haloperidol
- Loxapine
- Maprotiline
- Monoamine oxidase inhibitors (MAOIs)

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Level 2 Interactions:
  - Dasabuvir, Ombitasvir,Paritaprevir, Ritonavir, Tipranavir,Lopinavir:
    - May decrease valproic acid concentration and efficacy

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- -Sodium oxybate:
  - May increase systemic exposure of sodium oxybate
  - May impair attention and memory tests

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- Reduce sodium oxybate dose by at least 20% when valproic acid treatment is initiated
- Closely monitor patient and make further dose adjustments if necessary

## Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- -Cholestyramine:
  - May decrease bioavailability of valproic acid
  - Separate valproic acid dose at least 2 hours before or 6 hours after cholestyramine

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene)

- -Sevelamer:
  - Potential for reduced absorption
  - Separate valproic acid dose by at least 1 hour before or 3 hours after sevelamer

#### Divalproex Sodium (Depakote) and Valproic Acid (Depakene) Level 3 Interactions

- Barbiturates
- Bupropion
- Clonazepam
- Clozapine
- Colesevelam
- Ethanol

#### Divalproex Sodium (Depakote) and Valproic Acid (Depakene) Level 3 Interactions

- Ethosuximide
- Ethotoin
- Felbamate
- Fosphenytoin
- Lamotrigine
- Mefloquine

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene) Level 3 Interactions

- Methsuximide
- NSAIDs
- Paliperidone
- Phenothiazines
- Phenytoin
- Salicylates

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene) Level 3 Interactions

- Temozolomide
- Tricyclic antidepressants
- Voriconazole
- Warfarin
- Zolpidem

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene) Level 4 Interactions

- Antacids
- Asenapine
- Diazepam
- Lorazepam
- Oxcarbazepine

# Divalproex Sodium (Depakote) and Valproic Acid (Depakene) Level 4 Interactions

- Risperidone
- Tolbutamide
- Zidovudine

## Levetiracetam (Keppra)

- Adjunctive therapy in treatment of partial, myoclonic and generalized tonic - clonic seizures
- Minimal interactions with other antiepileptic medications
- No drug interactions with commonly prescribed medications
- Not an inhibitor nor has high affinity for hepatic P450 enzymes
- No Level 1 interactions

#### Levetiracetam (Keppra)

- Level 2 Interactions:
  - -Sevelamer:
    - Potential for reduced absorption
    - Separate levetiracetam dose by at least 1 hour before or 3 hours after sevelamer

#### Levetiracetam (Keppra)

- Level 4 Interactions:
  - -Probencid:
    - The major metabolite of levetiracetam was approximately doubled
    - Renal clearance of metabolite may decrease up to 60%
    - Clinical significance unknown

### Levetiracetam (Keppra)

- · Level 3 Interactions:
  - -Ethanol:
    - May lead to loss of seizure control
    - May increase drowsiness and dizziness

### Levetiracetam (Keppra)

- -Colesevelam:
  - May alter levetiracetam serum concentrations
  - Give levetiracetam dose at least
     4 hours before colesevelam

## Levetiracetam (Keppra)

- -Carbamazepine:
  - Pharmacodynamic interaction
  - Carbamaxepine toxicity symptoms of ataxia, nystagmus and unsteady gait reported with levetiracetam doses equal to or greater than 500 mg twice a day

## **Phenytoin (Dilantin)**

- Indicated for tonic clonic and partial seizures with complex symptomatology
- Mechanisms of drug interactions may be complex
- Induces of hepatic P450 enzymes (CYP3A4, CYP2C9, CYP2C19)
- Interactions also influenced by patient's age, presence of liver disease and cigarette smoking history

### Phenytoin (Dilantin) Level 1 Interactions

- · Artemether, Lumefantrine
- Dasabuvir, Ombitasvir, Paritaprevir, Ritonavir
- Delavirdine
- Etravirine
- Ibrutinib
- Nifedipine

#### Phenytoin (Dilantin) Level 1 Interactions

- Olaparib
- Ranolazine
- Telaprevir

### Phenytoin (Dilantin)

- Over 70 drugs listed as having the potential for a level 2 interaction
- · Includes:
  - -Oral and non oral contraceptives
  - -Rifampin
  - -Isoniazid
  - -Protease inhibitors

### **Phenytoin (Dilantin)**

- -Ethanol
- Fluconazole
- -St. John's Wort
- -Vinca alkaloids

## Phenytoin (Dilantin)

- Over 90 drugs listed as having the potential for a level 3 interaction
- Includes:
  - -Antacids
  - -PPIs
  - -Miconazole
  - -Ciprofloxacin

## **Phenytoin (Dilantin)**

- -Estrogens
- -Opiates
- -Sulfonamides
- Topiramate
- -Trimethoprim
- -Valproic acid
- -Vitamin D

## **Phenytoin (Dilantin)**

- Over 30 drugs listed as having the potential for a level 4 interaction
- Includes:
  - -Acetaminophen
  - -Acyclovir
  - -Antidiabetic medications
  - -Caffeine

## **Phenytoin (Dilantin)**

- -Folic acid
- -Green tea
- -Guarana
- -Flu vaccine
- -Aspirin

### **Contact Information**

Nancy Bishop, RPh Assistant State Pharmacy Director Alabama Department of Public Health

(334) 206-3014

Nancy.Bishop@adph.state.al.us