Produced by the Alabama Department of Public Health
The Alabama Department of Public Health Training Network

## Mental Health and Suicide Prevention Issues in Alabama

Satellite Conference and Live Webcast
Thursday, September 2, 2010 • 10:00-11:30 a.m. (Central Time)
11:00 a.m.-12:30 p.m. (Eastern) • 9:00-10:30 a.m. (Mountain) • 8:00-9:30 a.m. (Pacific)

uicide takes the lives of nearly 30,000 Americans every year, making it part of a major public and mental health problem. Suicide is often a response to several underlying factors including depression, substance abuse, exposure to trauma and violence, and loss of key social, family, and community foundations. While researchers have studied the biological, psychological, and sociocultural factors linked to suicide, little is known about how culture influences suicide. Program faculty will elaborate on suicide trends and factors within the minority population and discuss prevention programs.

## **FACULTY**

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## **PROGRAM OBJECTIVES**

- 1. Provide an overview of mental health data and trends in Alabama.
- 2. Provide information on the different types of mental health issues that impact minority citizens in Alabama.
- 3. Discuss current data around suicide rates impacting adults and teenagers.
- 4. Discuss initiatives and programs that target suicide prevention in the community.
- 5. Provide an overview of the Students Against Destructive Decisions (SADD) program.

## **CONFERENCE DETAILS**

**Target Audience:** Nurses, social workers, mental health professionals, healthcare providers, educators, counselors, and public health educators.

Continuing Education: Social Workers 1.5 hours

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn.

Satellite - Live satellite conference on C band (analog).

**Webcast** - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn.

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

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The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (Expires January 28, 2011.)

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