Alabama Department of Senior Services: Administration for Community Living

Satellite Conference and Live Webcast
Wednesday, September 19, 2012
2:00 – 4:00 p.m. Central Time

Produced by the Alabama Department of Public Health
Video Communications and Distance Learning Division

Faculty

Julie Miller, BA
Program and Planning Division Chief
Alabama Department of
Senior Services

"Our goal is for all Americans to live healthier, more prosperous, and more productive lives."

- Kathleen Sebelius, Secretary of Health and Human Services

"For too long, too many Americans have faced the impossible choice between moving to an institution or living at home without the long-term services and support they need. The goal of the new Administration for Community Living will be to help people with disabilities and older Americans live productive, satisfying lives."
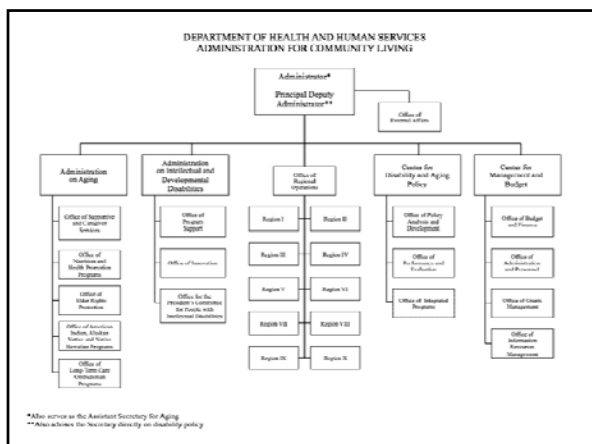
- Kathleen Sebelius, Secretary of Health and Human Services

Overview

- **This new HHS Operating Division brings together the Administration on Aging (AoA), the Office on Disability (OD) and the Administration on Developmental Disabilities (ADD)**

Overview

- **This single agency is charged with developing policies and improving supports for seniors and people with disabilities**

DEPARTMENT OF HEALTH AND HUMAN SERVICES
ADMINISTRATION FOR COMMUNITY LIVING

National Vision for Expanded Community Based Services: Enhanced ADRC Options Counseling Program

ADRC Vision

- Reflects a joint vision of ACL / OD / CMS / VHA

- Includes a robust Options Counseling Program that serves as the front door to LTSS for all populations and all payers

ADRC Vision

- Supports the LTSS rebalancing efforts of both Medicaid and the VHA as well as the ACA/CMMI initiatives that are promoting the integration of health and LTSS

ADRC Vision

- Provides a financially sustainable path for high-performing ADRC programs

ADRC Vision

- Supports the three primary populations served by ACL:
  1. Older adults
  2. Persons with physical disabilities
  3. Persons with intellectual and developmental disabilities

ADRC Vision

- **Establish a single set of program specs for the CMS NWD / SEP and ACL ADRCs**

ACL / AoA Overview

- **AoA Mission**
  - **To help older adults maintain health and independence in their homes and communities**

ACL / AoA Overview

- **Aging Network provides a variety of programs consistent with a 3-part aim:**
  - **Better Health / Quality of Life**
  - **Better Care**
  - **Lower Costs**

ACL / AoA Overview

- **Funding authorities:**
  - **Older Americans Act of 1965**
  - **Public Health Service Act section 398 – Alzheimer's Disease Supportive Services**
  - **Public Health Service title XVII – Lifespan Respite Care**

ACL / AoA Overview

- **Medicare Improvements for Patients and Providers Act of 2008**
- **ARRA – Chronic Disease Self-Management, Nutrition Services**

Enhanced ADRC Options Counseling Program

ADRC Goals

- **Strengthening the capacity of the ADRC Options Counseling Program to serve people of all ages, income levels and disabilities by adopting a "No Wrong Door" approach that operationally involves a wide array of community agencies and organizations**

ADRC Goals

- **Medicaid and the Governor's office have established ADSS as Alabama's No Wrong Door Lead Agency**

ADRC Goals

- **To rapidly train and certify ADRC Options Counselors throughout the state, and building stronger partnerships between health and LTSS systems to reduce unnecessary readmissions and promote improved health, better care and lower costs**

ADRC Funding Opportunity Goals

- **Develop financially sustainable ADRC models that includes revenue from multiple public programs to cover expenses**
  - **Including Medicaid, Medicare, the Older Americans Act, the VHA and other programs**

ADRC Funding Opportunity Goals

- **Adopting national performance and outcome standards and aligning data collection and reporting methods across LTSS payers within a state to minimize administrative burden and support continuous quality improvement**
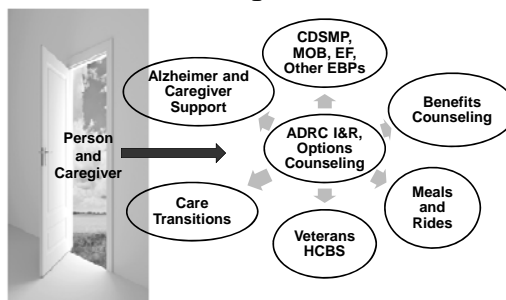
Holistic Approach: Key Elements in a Fully Functional ADRC

- **Highly visible and trusted single point of entry where people of all incomes and ages can get information on the full range of long term support programs and benefits**
- **Bridges access to aging and disability services, community supports, and health care services**

Holistic Approach: Key Elements in a Fully Functional ADRC

ADRCs and No Wrong Door, Person-Centered, Integrated Services

ACL / AoA Overview

- AoA Mission:
  - To help older adults maintain health and independence in their homes and communities

ACL / AoA Overview

- Aging Network provides a variety of programs consistent with a 3-part aim:
  - Better Health / Quality of Life
  - Better Care
  - Lower Costs

ACL / AoA Overview

- Additional initiatives:
  - Continuation of Older Americans Act Programs
  - Lifespan Respite Care
  - Increased State Health Insurance Counseling (SHIP)
  - Decrease Health Care Fraud: Senior Medicare Patrol

ACL / AoA Overview

  - Aligning with Partnership for Patients and Care Transitions
  - Evidenced Based Programs like the Chronic Disease Self-Management Program / " Living Well Alabama"

ACL / AoA Overview

- – Increased Elder Justice Activities to prevent Abuse, Neglect, and Exploitation
- – Caregiver Programs
- – Increased Consumer Directed Care
- – Veterans Directed Home and Community Based Care
- – Person Centered Systems Change

A Network of Partners and Services

- Partnerships
  - – Federal: CDC, CMB, HRSA, Veterans Affairs, AHRQ, NIA etc.
  - – Hospitals for discharge planning
  - – Home Care Agencies
  - – Community Health Centers / FQHCs

A Network of Partners and Services

- – Public Health Departments
- – Assisted Living / Nursing Facilities
- – Social Security
- – Medicaid
- – HUD Public Housing
- – Alzheimer's Associations

A Network of Partners and Services

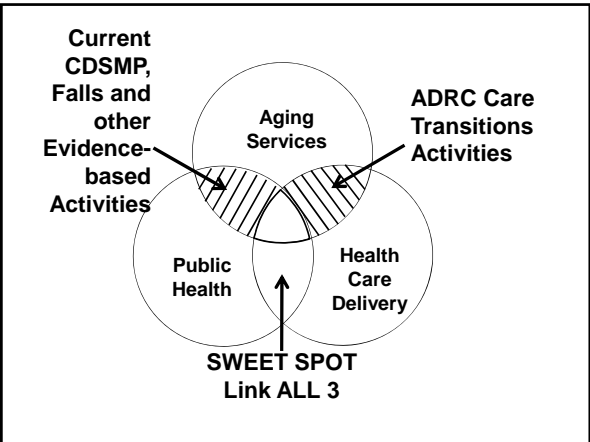- – Senior Centers
- – Volunteer Groups

A Network of Partners and Services

- Services
  - – Care transitions and MFP
  - – Chronic Disease Self-Management / Falls prevention, physical activity and other evidence-based health programs
  - – Information and Referral

A Network of Partners and Services

- – Adult Day Care / Respite Care
- – Home / Congregate Meals
- – Personal Care
- – Socialization / Senior Centers
- – Medication Management
- – Benefits Counseling

Intersection of Public Health, Aging Services and Health Care Sectors for the Dissemination and Implementation of Effective Evidence-Based Prevention Programs

Current CDSMP, Falls and other Evidence-based Activities

Aging Services

ADRC Care Transitions Activities

Public Health

Health Care Delivery

SWEET SPOT
Link ALL 3

Accessing Services

- **Area Agencies on Aging (AAA) focal points for all services**
  - **1 – 800 – AGELINE**
  - **www.ageline.net**
  - **www.Alabamaconnect.gov**

Accessing Services

Julie Miller

Program and Planning Division Chief

**Alabama Department of
Senior Services
Julie.miller@adss.alabama.gov**