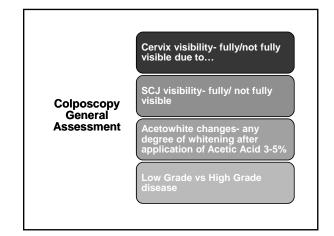
Colposcopy

Putting it all Together and Case Presentations

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Nurse Practitioner Senior
Alabama Department of Public Health



Defining Characteristics of Colposcopy

AS © P *** Comprehensive Colposcopy

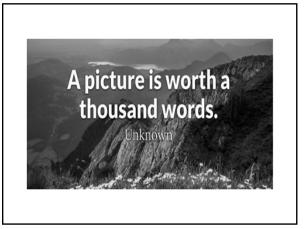
Comprehensive Colposcopy

Colposcopy General Assessment

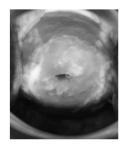
- Lesion present- yes/no; location/size
- Normal findings- nabothian cyst, ectropion/ectopy
- Additional findings- polyp, friable, satellite lesion, stenosis, post treatment scarring

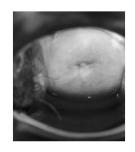


Terminology Key Differences Between the 2017 ASCCP Terminology and Current 2011 IFCPC Terminology Fully/Not fully visible Adequate/Inadequate General assessment: cervix visibility Fully/Not fully visible Completely/partially/not General assessment: General assessment: transformation zone type Not used Transformation zone types 1, 2, 3 Low-grade features High-grade features Grade 1 (minor) Grade 2 (major) Abnormal colposcopic findings Not used Excision type Excision types 1, 2, 3 AS<u>€</u>P Comprehensive Colposcopy

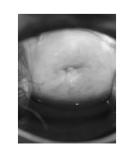


Before and After Acetic Acid



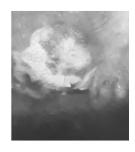


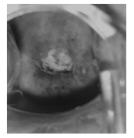
Thin AWE After Acetic Acid



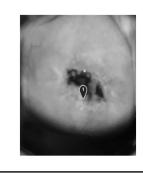


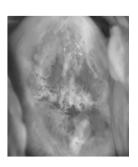
Dense AWE after Acetic Acid





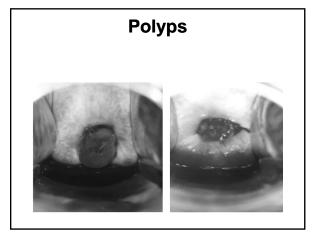
Low Grade vs High Grade





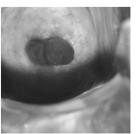


Satellite Lesion

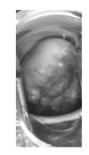


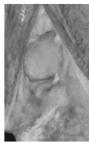
Polyps





Pelvic Organ Prolapse







Cerclage



Phone vs EVA





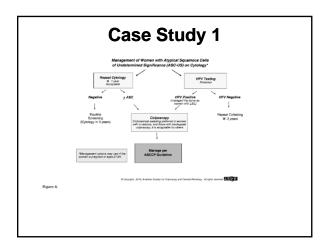


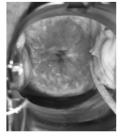
Case Study 1

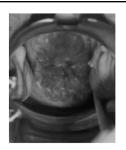
- A 27 year old G0 LMP 11/5/2019 presents today due to ASCUS HPV positive 10/2019
- No complaints; denies use of contraception but no unprotected sex in past month
- Pregnancy test is negative
- STD testing done 1month ago with negative results

What is the initial management of ASCUS HPV positive in this age group (27 year old)?

- A- Repeat cotest one year
- **B- Colposcopy**
- **C- Routine screening**
- **D- Colposcopy with EMB**







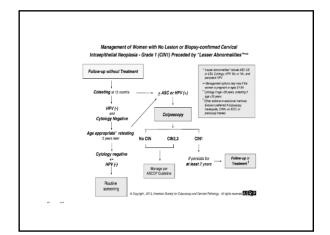
Colposcopy reveals large ectropion consistent for age Cervix fully visualized Ectocervix without AWE; ECC obtained Impression: Benign Pathology: ECC- Benign

Case Study 1

What is the recommended subsequent management for women with ASCUS HPV positive in whom no lesion or CIN 1 preceded by

lesser abnormalities?

- A- Age appropriate screening in one year
- B- Cotest in one year
- C- Cotest in three years



Case Study 1

Follow up recommendations in this 27 year old with history of ASCUS HPV positive and negative colposcopy is a cotest in 12 months.

Your patient returns for follow up co-testing in one year. Her cytology and HPV testing are both negative. She would like to know if she could have a positive HPV test again in the future. What do you tell her?

HPV Counseling

A- She is now immune to HPV and will not have another positive HPV test in the future

B- She has cleared the virus and will not have another positive HPV test unless she has a new exposure to the virus

AS@P

HPV Counseling

C- She may have cleared the virus, or it may have become latent on the cervix. She could have a positive HPV test again in the future without a new exposure

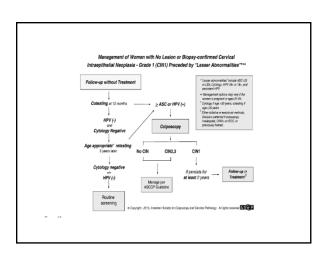
D- HPV cannot be cleared and she will always have HPV

AS@P

Case Study 1

She is now 30 years old. The 3 year cotest is done and results are ASCUS HPV negative. What are the next steps?

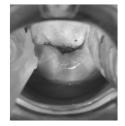
- A- Cotest in 3 years
- B- Cotest in 1 year
- C- Refer for colposcopy

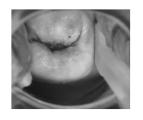




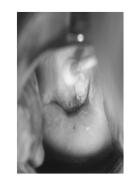
Case Study 2

- 30 yo seeking pregnancy in for colposcopy due to history of LGSIL HPV + from 9/2019
- · Pregnancy test negative
- Smokes 1 ppd for 9 years
- External exam of the vulva with no gross
- · Cervix is fully visualized

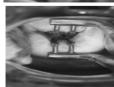




Case Study 2







Case Study 2

The SCJ was not fully visualized and the biopsy of the dense acetowhite lesion shows CIN 3 and ECC is benign.

According to ASCCP, what is the next step for this 30 year old?

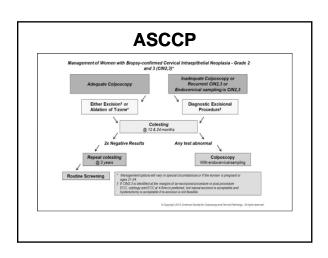
- A- Repeat cotesting one year
- **B- Ablation**
- C- Diagnostic excisional procedure

Case Study 2 Management of Women with Biopsy-confirmed Cervical Intraepithelial Neoplasia - Grade 2 and 3 (CIN2,3)* Adequate Colposcopy Adequate Colposcopy Recurrer CIN2,3 or Recur

Case Study 2

LEEP confirmed HSIL (CIN 3) diagnosis; margins of resection are free of high grade dysplasia.

- What is the next step in follow up?
- A- Cotest one year
- B- Repeat Cytology and colposcopy one year
- C- Cytology and ECC in 4-6 months
- **D- Repeat LEEP**



What if...

What is the preferred follow up for a CIN3 with positive margins?

- A- Cervical cytology and ECC in 4-6 months
- B- Cervical cotesting in 12 and 24 months
- C- Repeat diagnostic excisional procedure
- D- GYN recommended cotest one year

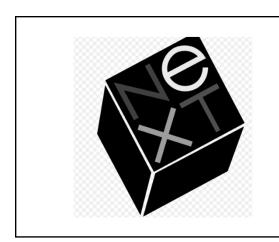
Case Study 2

 After the LEEP the results were discussed with the patient and the follow-up was established, she wants to become pregnant soon and ask if there are any lifestyle changes that can help decrease her risk of developing cervical cancer.

AS@P

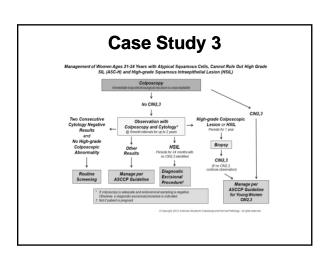
Case Study 2

- Which one of the following lifestyle changes would have the greatest impact in decreasing this patient's risk of developing cervical cancer?
- A- Weight reduction
- B- Use of condoms with every sexual encounter
- **C- Smoking cessation**
- **D- Alcohol intake cessation**



Case Study 3

- 21 year old with ASC-H on Initial pap test. How should she be managed?
- A- LEEP
- B- EMB
- C- HPV test
- **D- Colposcopy**



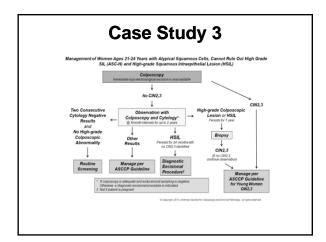
- 21 yo with ASC-H.
- SCJ fully visualized.
- Faint AWE noted from 11-1 o'clock; no mosaicism or punctations
- Impression CIN 1





Colposcopy is adequate; Biopsy/ECC done Dx-Biopsy LSIL (CIN 1) ECC- negative

- What is your next step in this 21 year old with pap of ASC-H?
- A- LEEP
- **B-EMB**
- C- Cotest in one year
- D- Colposcopy and cytology at 6 month intervals



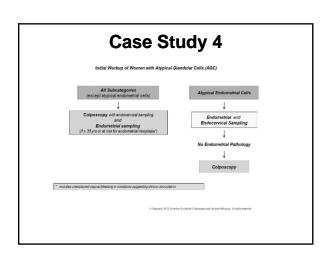


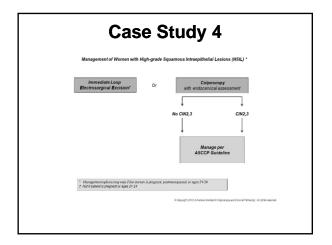
Case Study 4

41 y/o with no history of abnormal paps although last pap 5 years ago. Pap result of AGC & HSIL +HPV. Menses are normal and voices no complaints or postcoital bleed.

The next step is:

- A- EMB only
- **B- Colposcopy with ECC and EMB**
- C- HPV with genotyping for further evaluation

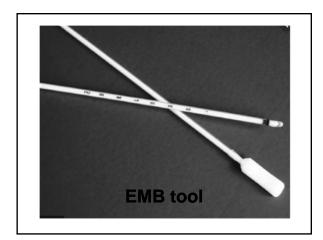






- EMB done with moderate amount of tissue retrieved.
- SCJ- fully visualized with manipulation
- Biopsies at 5:00, 7:00 and 12:00
- Impression CIN 2





Pathology: ECC HSIL (CIN 2); P16 supports dx; Cervical Biopsy-Benign and EMB-Benign

- What is the next steps in treatment of this 41 year old with these pathology results?
- A- Cytology and ECC in 6 months
- **B- Cotest one year**
- **C- Refer for LEEP**
- **D- Ablation of T-zone**

ECC-CIN 2; Bx-benign; EMB- benign Colpo Adequate Management of Women with Biopsy-confirmed Cervical Intraspitheil Recolasis - Grade 2 and 2 (CRZ.3)* Integrate Colposcopy Integ

Case Study 4

Cervix-LEEP with top hat:

Diagnosis:

- Invasive squamous cell carcinoma, poorly differentiated

extensive high grade squamous intraepithelial lesion (HSIL)

Tumor extends to cauterized and inked margins

Recommendations were a radical hysterectomy and pelvic lymph node dissection.

She completed this plan of care October and will follow up with her surgeon in November for further recommendations

Case Study 4

She has 3 daughters and a sister and she wants to know what could be done to prevent this from happening to them.

Question

How should the patient be counseled regarding the best intervention to prevent cervical cancer in her daughters and her sister?

- A- Annual Pap and HPV testing (cotesting)
- **B- Screening colposcopy**
- C- HPV vaccination
- **D- Genetic testing**

Something is wrong.

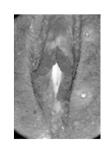
I can feel it.
I'm scared to find out

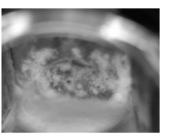
Case Study 5

 28 year-old G0 with results of LSIL HPV positive. The week before her colposcopy appointment she calls to tell you she is having a discharge. You tell her to keep her appointment next week for colpo and can be evaluated at that time.

Case Study 5

• Non-painful sores to labia and moderate amount mucopurulent discharge





How do you proceed with this patient?

- A- Colposcopy with ECC and biopsy if indicated
- B- Pelvic exam, wet prep, treat for MPC and proceed with colposcopy
- C. Pelvic exam, wet prep, DCS testing, treat for MPC and postpone colposcopy

