

# FOOD ALLERGIES

## *React with Respect*



**Some kids can get very sick when they eat certain foods. This is called a food allergy. If someone tells you they have a food allergy, you should *react with respect*.**

### How do you respect food allergies?

**Know that food allergies are very serious**

**Wash your hands after eating**

**Don't share your food with friends who have allergies**

**Get help right away if a friend gets sick**

**Show kindness**



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**FOOD ALLERGY AWARENESS WEEK**

MAY 8–MAY 14, 2016



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