



Influenza (Flu) in Children

Overview – Influenza (flu) is a very contagious viral infection that affects the air passages of the lungs.

Causes – The flu is caused by flu viruses that affect the nose, throat, and lungs.

Risk Factors – A child is at greater risk for flu if they: Are around people infected with the flu; Haven't had the flu vaccine; Don't wash their hands after touching infected surfaces.

Prevention – The best way to prevent the flu is to have the yearly flu vaccine. The vaccine is advised for all children 6 months and older.

SYMPTOMS

Cough • Fever • Vomiting • Headaches • Body aches • Muscle aches
Runny nose • Stuffy nose • Diarrhea



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