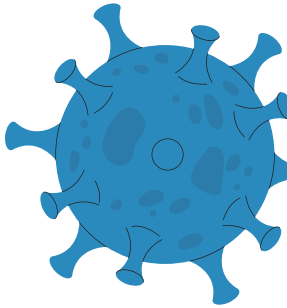




INFLUENZA (FLU)

INFLUENZA (FLU) IS A VERY CONTAGIOUS
VIRAL INFECTION THAT AFFECTS THE AIR
PASSAGES OF THE LUNGS.

PEOPLE AT RISK:

- Immunocompromised
 - Unvaccinated individuals
 - Younger children
 - Pregnant women
 - People 65 years and older
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SYMPTOMS:

- Cough
- Fever
- Vomitting
- Headaches
- Body Aches
- Runny/ Stuffy Nose
- Muscle Aches
- Diaherra

TAKE PREVENTIVE ACTIONS BY:

- Get the yearly flu vaccines
- Wash your hands
- Cover your cough and sneezes
- Avoid contact with sick individuals
- Avoid touching your face
- Clean and disinfect contaminated surfaces



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