## Adolescents & Teens—Tdap, HPV & Meningococcal

# Are you protected against these below?

- Tdap
- HPV
- Meningococcal





**Continue** 

#### Tdap

Tetanus (lockjaw) is caused by bacteria that affects your body muscles and nerves. Symptoms include stiffness in neck and abdominal muscles, difficulty swallowing and extreme fatique.

Diphtheria (respiratory disease) caused by bacteria and caused breathing tube to be blocked. Symptoms include sore throat, mild fever, weakness, and swollen glands in neck.

Pertussis (whooping cough) cough illness lasting for weeks or months. Symptoms include severe cough, runny nose, and apnea.

Tdap vaccine can prevent tetanus, diphtheria, and pertussis. Adolescents should receive a single dose of Tdap at age 11 or 12.

If any teens, ages 13–19, haven't received the Tdap vaccine there's still time to get caught up.





Continue

Back



#### HPV

Human Papillomavirus Infection (HPV) is a group of viruses commonly affecting preteens and teens (boys and girls). There may be no symptoms but can include genital warts. The virus can be spread through any type of sexual contact

The HPV vaccine protects against six cancers (Cervical, vaginal, vulvar, penile, anal, and oropharyngeal cancers).

Adolescents and teens should get vaccinated at age 11 or 12, given in a series of two or three doses depending on age at initial vaccination.

\*Vaccination can start as early as age 9, and recommended for everyone through age 26 years.





**Continue** 

Back (

### Meningococcal

Meningococcal disease is a serious bacterial infection resulting in inflammation of the lining of the brain and spinal cord. The symptoms are sudden onset of fever, headache, stiff neck, and dark purple rash.

Meningococcal is spread from person to person through air and direct contact. Most common amongst teens are kissing, sharing, living in same house or sleepovers.

There are two types of vaccines that protect against Meningococcal. MenACWY vaccination is for all preteens and teens at 11 to 12 years old with a booster at 16 years old. MenB vaccination is for people 10 years or older at increased risked for meningococcal disease.

About 1 in 5 people who survive this infection have permanent disabilities.



Back (





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