



# **Alabama Breastfeeding Resource Guide 2021**



## Breastfeeding Resource Guide Changes

Please make any changes that may have occurred within your clinic, hospital or district.

Breastfeeding Counselor(s)/Credentials: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Place of Employment: \_\_\_\_\_ Phone: \_\_\_\_\_

County: \_\_\_\_\_

Prenatal Breastfeeding Class? Yes \_\_\_\_\_ No \_\_\_\_\_

Postpartum Breastfeeding Support Group? Yes \_\_\_\_\_ No \_\_\_\_\_

Breast Pump Rental Station? Yes \_\_\_\_\_ No \_\_\_\_\_

La Leche League Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Additional information: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please send changes to:

Email: [michell.grainger@adph.state.al.us](mailto:michell.grainger@adph.state.al.us)

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## Autauga County

### **WIC Breastfeeding Counselors 334-361-3743**

- Jennifer Holtzscher, RDN

### **Prenatal Breastfeeding Classes**

- Autauga County Health Department  
334-361-3743

### **Postpartum Breastfeeding Support Groups**

- Autauga County Health Department  
334-361-3743

## Baldwin County

### **WIC Breastfeeding Counselors (Bay Minette) 251-937-6935**

- Lori V. Nesmith, NA
- Stacy Lewis, RDN

### **WIC Breastfeeding Counselors (Robertsdale) 251-946-8040**

- Stacy Lewis, RDN
- Liane Martin, RDN

### **WIC Breastfeeding Counselors (South Baldwin-Foley) 251-943-7260**

- Liane Martin, RDN

### **North Baldwin Infirmary**

- Gena Cash, BSN, RN  
251-580-1782

### **South Baldwin Regional Medical Center**

**251-949-3677**

- Robin Fillingame, BSN, RN, CLC

## Baldwin County

### **Thomas Hospital 251-279-1478**

- Mary Ann Roh, RNC
- Sandee Nabors, RN, CLC, IBCLC
- Scotty Thomson, RN, IBCLC

### **Prenatal Breastfeeding Classes**

- Thomas Hospital, 251-279-1478  
North Baldwin Infirmary,  
251-239-2296
- South Baldwin Regional Medical  
Center 251-949-3676

### **Postpartum Breastfeeding Support Groups**

- North Baldwin Infirmary Baby  
Bistro-251-239-2296
- Eastern Shore Baby Café  
251-279-1478  
Scotty Thompson, RN, IBCLC

## Barbour County

### **WIC Breastfeeding Counselors (Eufaula) 334-687-5950**

- Angela Stevens, RDN

## Bibb County

### **WIC Breastfeeding Counselors 205-926-9702**

- Sandy Wilson, NA
- Lee Ann Wagner, RDN

## Blount County

### WIC Breastfeeding Counselors 205-274-2120

- Tia Johnson, RDN

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788
- Heidi Powell, RN, IBCLC  
Jenny Mizzell, RN, IBCLC  
Central Alabama Lactation Services  
205-543-0529

### Prenatal Breastfeeding Classes

- Blount County Health Department  
205-274-2120
- Central Alabama Lactation Services  
205-543-0529

### Postpartum Breastfeeding Support Group

- Blount County Health Department  
205-274-2120

## Bullock County

### WIC Breastfeeding Counselors 334-738-3030

- Tracey Johnson, NA

## Butler County

### WIC Breastfeeding Counselors 334-382-3154

- Kristi Kilpatrick, RN

## Calhoun County

### WIC Breastfeeding Counselors 256-237-7523

- Christina Robinson, NA

### Regional Medical Center 256-235-5132

- Kim Hurst, RN, IBCLC, CCCE, INHC
- Jennifer Gallahar, RN, IBCLC, CCE
- Andrea Record, RN, IBCLC

### Prenatal Breastfeeding Classes

- Regional Medical Center  
256-235-5132

### Postpartum Breastfeeding Support Group

- Regional Medical Center  
256-235-5132

### La Leche League Contacts

## Chambers County

### WIC Breastfeeding Counselors 334-756-0758

### Lanier Memorial Hospital 334-756-1625

- Mattie Monagen, RN, NM

### Prenatal Breastfeeding Classes

- Lanier Memorial Hospital  
334-756-0758

## Cherokee County

**WIC Breastfeeding Counselors**  
**256-927-3132**

- Megan McKinney, RDN

**Dekalb Regional Medical Center**  
**256-997-2423**

- Martie Raymond, RN
- Joan Matthews, RN, IBCLC  
256-997-2423 or 256-997-2425

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

## Chilton County

**WIC Breastfeeding Counselors**  
**205-755-1287**

- Amy Cleckler, NA
- Lee Ann Wagner, RDN

## Choctaw County

**WIC Breastfeeding Counselors**  
**205-459-4026**

- Tina Parker, NA

## Clarke County

**WIC Breastfeeding Counselors**  
**251-275-3772**

## Clay County

**WIC Breastfeeding Counselors**  
**256-396-6421**

- Jenny Adams, RDN

## Cleburne County

**WIC Breastfeeding Counselors**  
**256-463-2296**

- Jenny Adams, RDN

## Coffee County

**WIC Breastfeeding Counselors**  
**334-347-9574**

- Pamela Hill, RN

### Medical Center Enterprise

- 334-347-2250

### Prenatal Breastfeeding Classes

#### Medical Center Enterprise

334-393-8733 or 334-348-8822

### La Leche League Contacts

## Colbert County

**WIC Breastfeeding Counselors**

- Tammie Aycock, RN **256-383-1231**
- Danna Rutz, RDN **256-765-7545**

### Helen Keller, Hospital

**256-386-4162**

- Dianna Castillo, RN, IBCLC

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Helen Keller Hospital  
256-386-4162

### La Leche League Contacts

## Conecuh County

### WIC Breastfeeding Counselors 251-578-1952

- Rachel Todd, RDN

## Coosa County

## Covington County

### WIC Breastfeeding Counselors 334-222-1175

- Edna Cunningham, NA

### Andalusia Health

334-222-8466

- Sharon Norris, RN, CLC

### La Leche League Contact

## Crenshaw County

### WIC Breastfeeding Counselors 334-335-2471

- Patty Rushing, RN

## Cullman County

### WIC Breastfeeding Counselors

- Kendra Whitley, RDN 256-775-8595
- Anita Bateman, RN 256-734-1030

### Cullman Regional Medical Center 256-737-2217

- Kimberly Ory, RN, IBCLC

### Prenatal Breastfeeding Classes

- Cullman County Health Department  
256-734-1030
- Cullman Medical Center  
256-737-2200
- Central Alabama Lactation Services  
205-543-052

## Cullman County

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788
- Heidi Powell, RN, IBCLC  
Jenny Mizzell, RN, IBCLC  
Central Alabama Lactation Services  
205-543-0529

### Postpartum Breastfeeding Support Group

- Cullman Medical Center  
256-737-2221

## Dale County

### WIC Breastfeeding Counselors 334-774-5146

- Jennifer Hicks, NA
- Ginny Sexton, RN, CLC

## Dallas County

### WIC Breastfeeding Counselors 334-874-2550

- Rebecca Stewart, RDN
- Rachel Todd, RDN
- Amy Lightfoot, NA

### Vaughan Regional Medical Center 334-418-4405

- Eddie Jo Howard, RNC

## DeKalb County

### WIC Breastfeeding Counselors 256-845-1931

- Katie Garrett, NDTR

### Dekalb Regional Medical Center

- Joan Mathews, RN, IBCLC  
256-997-2423 or 256-997-2425

## DeKalb County

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

## Elmore County

### WIC Breastfeeding Counselors 334-567-1171

- Jessica Smith, NA

## Escambia County

### WIC Breastfeeding Counselors (Atmore) 251-368-9188

- Lori V. Nesmith, NA
- Liane Martin, RDN

### WIC Breastfeeding Counselors (Brewton) 251-867-5765

- Liane Martin, RDN
- Lori V. Nesmith, NA,

### WIC Breastfeeding Counselors (Poarch Creek) 251-368-9136

- Jill Lee, DTR

## Etowah County

### WIC Breastfeeding Counselors 256-547-6311

### Gadsden Regional Medical Center, 256-494-4231

- Melissa Cone, RN, IBCLC

### Breast Pump/Supplies

- The New You  
256-546-6398

## Etowah County

### Postpartum Breastfeeding Support Groups

- Gadsden Regional Medical Center  
256-494-4334 or 256-494-4321

## Fayette County

### WIC Breastfeeding Counselors 205-932-5260

- Amy Baker, RN
- Leigh Ann Colvin, RDN

## Franklin County

### WIC Breastfeeding Counselors

- Wanda Wells, RN 256-332-2700
- Danna Rutz, RDN 256-765-7545

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### La Leche League Contacts

## Geneva County

### WIC Breastfeeding Counselors 334-684-2256

- Angela Stevens, RDN

### La Leche League Contacts

## Greene County

### Breastfeeding Counselors WIC, 205-372-9361

- Dorinda Jones, NA
- Jane Neill, RDN



## Hale County

### Breastfeeding Counselors WIC, 334-624-3018

- Jane Neill, RDN

## Henry County

### WIC Breastfeeding Counselors (Abbeville) 334-585-2660

- Stacy Anderson, RN

### WIC Breastfeeding Counselors (Headland) 334-693-2220

- Angela Stevens, RDN

## Houston County

### WIC Breastfeeding Counselors 334-678-2800

- Lakresha Tucker, RN
- Angela Stevens, RDN

### Southeast Alabama Medical Center, 334-673-4141

- Marie Johnson, RN, IBCLC
- Beth Turner RN, IBCLC

### Flowers Hospital 334-794-5000, Ext. 1280

### Prenatal Breastfeeding Classes

- Southeast Alabama Medical Center  
334-673-4141
- Flowers Hospital  
334-794-5000, Ext. 1210

### La Leche League Contacts

### Postpartum Breastfeeding Support

- Southeast Alabama Medical Center,  
334-673-4141

## Jackson County

### WIC Breastfeeding Counselors

- Dianne Ashmore, RN 256-259-4161
- Lauren Jett, RD 256-582-3202

### Highlands Medical Center 256-218-3340

- Haley Bunch, RN, IBCLC

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Jackson County Health Dept.  
256-259-4161
- Highlands Medical Center  
256-218-3340 or  
256-259-4444, ext 3340

### La Leche League Contacts

## Jefferson County

### WIC Breastfeeding Counselors

### Central Health Center 205-930-1116

- Janie Clay, RDN

### Eastern Health Center 205-930-1116

- Micah Madsen, RDN

### Western Health Center 205-715-6130

- Morgan Massey, RDN

## Jefferson County

**Brookwood Medical Center  
(Kaye Dahle Lactation Center)  
205-877-1978**

- Connie Carlisle, RN, IBCLC
- Jan Nichols, RN, IBCLC
- Joy Riddle, RN, IBCLC
- Laura Carrell, RN, IBCLC
- Caroline Pillsbury, RN, IBCLC
- Alexis Vakakes, RN, IBCLC
- Amanda Helms, RN, IBCLC
- Emily Gibson, RN, IBCLC
- Pat Hronek, RN, IBCLC
- Susie Atchison, RN, IBCLC
- Marcella Bennett, RN, IBCLC
- Hayley Tucker, RN, IBCLC
- Amanda Cloninger, RN, IBCLC
- Brandie O'Neal, RN, IBCLC
- Kallie Frandsen, RN, IBCLC

**UAB Women and Infant Center  
205-975-8334**

- Barbara Vinson, MS, RN, IBCLC
- Donna Mason, RN, IBCLC
- Kristy Gullede, MS, RN, IBCLC
- Cheryl Smith, RN, IBCLC
- Angela Shorter, RN, IBCLC
- Anna Koopman, RN, IBCLC
- Joyce Roberson, RN, IBCLC
- Kimberly Scott, RN, IBCLC
- Latonya Robinson, RN, IBCLC
- Lisa Schnader, RN, IBCLC
- Martha Hackney, RN, IBCLC
- Mary K. Buzhardt, RN, IBCLC
- Katie Kretzschmar, RN, IBCLC

**UAB Medical West  
205-481-7180**

## Jefferson County

**St. Vincent's East  
205-838-3640**

- Jeanni Orazine, RN, IBCLC
- Gail Burns, RN, BS, IBCLC

**St. Vincent's Hospital  
205-939-7538**

- Rosie Miller, RN, IBCLC
- Heidi Powell, RN, IBCLC
- Sandra King, RN, IBCLC
- Judy Smith, RN, IBCLC
- Lindsey Hughes, RN, IBCLC
- Lisa Carboni, RN, IBCLC
- Jenny Mizzell, RN, IBCLC
- Laurie Wilkins, RN, IBCLC
- Paige Riggins, RN, IBCLC
- Katherine Stockman, RN, IBCLC

**Children's Hospital  
205-638-6600**

- Jeanette Twa, RDN, IBCLC
- Jenny Mizzell, RN, IBCLC
- Laura Blackburn, RN, IBCLC
- Laura Ward, MS, RDN, IBCLC

**Grandview Medical Center  
205-971-1000**

**Baptist Medical Center Princeton  
205-783-7174**

- Marcia Davis, RNC, IBCLC

**Prenatal Breastfeeding Classes**

- Trinity Medical Center  
205-592-1684
- Brookwood Medical Center  
205-877-1978
- St. Vincent's East  
205-939-7878  
205-838-3640
- Dial- A- Nurse  
St. Vincent Birmingham  
205-939-7878 or 205-212-6667

## Jefferson County

### Prenatal Breastfeeding Classes

- Shelby Baptist Medical Center  
205-620-8262
- UAB Women and Infant Center  
205-975-8334

### Breast Pump/Supplies

- Jefferson County Health Department
- Brookwood Medical Center  
205-877-1978
- St. Vincent's Hospital  
205-212-6667
- St. Vincent's East  
205-838-3640

### Postpartum Breastfeeding Support Groups

- UAB Women and Infant Center  
205-975-8334
- Brookwood Medical Center 205-877-1978
- St. Vincent's Hospital 205-939-7538

### La Leche League Contact

## Lamar County

### WIC Breastfeeding Counselors 295-695-9195

- Leigh Ann Colvin, RDN

## Lauderdale County

### WIC Breastfeeding Counselors 256-764-7453

- Danna Rutz, RDN

### Eliza Coffee Memorial Hospital 256-768-9525

- Jennifer Cross, RN, IBCLC
- Emily Broussard, RN, IBCLC

### Other Counselors

- Rosanna Ledbetter, RN, IBCLC  
OB-Gyn Associates of NW AL  
256-718-5900

### La Leche League Contacts

- [http://www.llli.org/groups/@llli\\*group\\*lauderdale.county](http://www.llli.org/groups/@llli*group*lauderdale.county)

## Lawrence County

### WIC Breastfeeding Counselors

- Cathy Sanderson, RN **256-974-1141**
- Danna Rutz, RDN **256-765-7545**

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

## Lee County

### **WIC Breastfeeding Counselors 334-745-5765**

- Jenna Kayworth, RDN

### **East Alabama Medical Center, 334-528-3709**

- Angela Hamby, RN, IBCLC
- Cheryl Adams, RN, IBCLC

### **Other Counselors**

- Jessica-Lauren Newby, MA, RD,  
IBCLC  
334-844-2591 Auburn University

### **Prenatal Breastfeeding Classes**

- East Alabama Medical Center,  
334-528-3709

### **Postpartum Breastfeeding Support Groups**

- East Alabama Medical Center  
334-528-3709

### **La Leche League Contact**

- Josie 334-257-3950

## Limestone County

### **WIC Breastfeeding Counselors,**

- LeAnn Barron, NA **256-232-3200**
- Danna Rutz RDN **256-765-7545**

### **Athens-Limestone Hospital 256-233-9536**

- Glenni Lorick, IBCLC
- Tracie Bullock, RN, IBCLC

### **Other Counselors**

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

## Limestone County

### **Postpartum Breastfeeding Support Groups**

- Athens-Limestone Hospital  
Contact Glenni Lorick-256-658-8210

## Lowndes County

### **WIC Breastfeeding Counselors 334-548-2564**

- Sharon Perdue, NA

## Macon County

### **WIC Breastfeeding Counselors 334-727-1800**

- Tracey Johnson, NA

## Madison County

### **WIC Breastfeeding Counselors**

- Kashera Sims, RDN **256-533-8695**
- Sheryl Gilbreath, NA **256-533-0826**

### **Huntsville Hospital Women's & Children**

### **256-265-7285**

- Kelly Shewbart, RN, IBCLC
- Cindy Gill, RN, IBCLC
- Elizabeth Jennings, RN, IBCLC
- Carolyn Black, RN, IBCLC
- Melissa Cote, RN, IBCLC
- Celia Sweatman, RN, IBCLC
- Shannon Blaine, RN, IBCLC
- Vickie Johnston, RN, IBCLC
- Brenda Hall, RN, IBCLC

### **Crestwood Maternity Center 256-880-4250**

- Densie Firman, RN, IBCLC
- Christy Beitel, RN
- Jane Mitchell, RN, IBCLC

## Madison County

### **Madison Hospital 256-265-5651**

- Stacy Ramirez, RN, IBCLC
- Kristine Taff, RN, IBCLC
- Anne Sheaves, RN, IBCLC

### **Other Counselors**

- Glenni Lorick, IBCLC  
256-489-2590
- Melissa Florence, IBCLC  
256-489-2590

### **Prenatal Breastfeeding Classes**

- Madison County Health Department  
205-533-0826
- Huntsville Hospital Women's Center  
256-265-7440
- Crestwood Maternity Center  
256-830-0283
- A Nurturing Moment  
256-489-2590

### **Breast Pump/Supplies**

- Huntsville Hospital Women's Center  
256-265-7285
- A Nurturing Moment  
256-489-2590
- Posh Mommy  
205-722-3181

### **Postpartum Breastfeeding Support Groups**

- Huntsville Hospital Women's  
Pavilion 256-265-7285
- Crestwood Women's Center  
256-429-5250
- A Nurturing Moment  
256-489-2590 (Glenni)
- Madison Hospital  
256-265-5651

## Madison County

### **La Leche League Contacts**

Huntsville Group

- Jessica- 334-559-8533
- Stephanie- 256-348-9700

## Marengo County

### **WIC Breastfeeding Counselors 334-295-4205**

- Tina Parker, NA

## Marion County

### **WIC Breastfeeding Counselors 205-921-3118**

- Paige Taylor, RN

### **Other Counselors**

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

## Marshall County

### **WIC Breastfeeding Counselors 256-582-3093 or 256-582-7381**

- Collette Jones, RN

### **Marshall Medical Center South 256-840-3465**

- Sherre Goble, RN

### **Marshall Medical Center North 256-571-8263**

- Courtnie Chaffin, RN, CLC
- Michelle Aldaz, RN, CLC

## Marshall County

### Other Counselors

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Courtnie Chaffin, RN, CLC  
Marshall Medical Center North  
256-753-8263
- Sherre Goble, RN  
Marshall Medical Center South  
256-840-3439

### Breast Pump/Supplies

- Fitting Your Needs  
256-878-0105

## Mobile County

### WIC Breastfeeding Counselors

- Meredith Gardner, IBCLC  
251-690-8829

### Mobile Infirmary Medical Center 251-435-2525

- Sandy Wallace, RN, IBCLC
- Melissa Blevins, RN, IBCLC
- Emily Williams, RN, CLC
- Ina Hall, RN

### Providence Hospital 251-633-1749

- Marcia Ranew, RN, BS, CCE,  
IBCLC
- Jennifer Zirlott, RN, CLC

### University South Alabama Children's and Women's Hospital

- Tammy Doherty, RN, IBCLC  
251-415-1285
- Jamie Williams, RN, IBCLC  
251-415-1285

## Mobile County

### University South Alabama Children's and Women's Hospital

- Amy Campbell RN, IBCLC  
251-415-1271 (NICU)
- Laura Brown, RN, IBCLC  
251-415-1271(NICU)

### Springhill Memorial Hospital 251-460-5207

- Eileen Lenoir, IBCLC

### Other Counselors

- Marcia Ranew, RN, IBCLC  
Providence Hospital  
251-633-1749
- Sandy Wallace, RN, IBCLC,  
Mobile Infirmary 251-435-2525

### Prenatal Breastfeeding Classes

- Mobile County Health Dept.  
251-690-8906
- Eileen Lenoir, IBCLC, Springhill  
Memorial Hospital  
251-460-5207
- Mobile Infirmary 251-435-2525
- USA Children's and Women's  
Hospital  
251-415-1285

### Postpartum Support Groups

- Mobile County Health Department  
Meredith Gardner- 251-690-8986
- USA Children's and Women's  
Hospital 251-415-1285

### La Leche League Contacts

## Monroe County

### WIC Breastfeeding Counselors 251-575-3109

- Rachel Todd, RDN

### Monroe County Hospital 251-743-7355

- Cindy Jones, RN, IBCLC
- Kelsi Dykes, RN, CLC

### Postpartum Breastfeeding Support Groups

- Monroe County Hospital  
251-743-7458 (Cindy)

### La Leche League Contacts

## Montgomery County

### WIC Breastfeeding Counselors 334-293-6450

- Tina Allen, RDN
- Sharon Perdue, NA

### Eastbrook Training Clinic, 334-270-9263

- Carmalita Green, RDN

### Health Services, 334-834-5811

- Cassie Hooks, RD

### Baptist Medical Center East, 334-244-8360

- Psyche Wilburn, RN, IBCLC
- Linda Veach, RN, IBCLC
- Jill Buck, RN, IBCLC
- Tisha Powell, RN, IBCLC
- Ferron Yarbrough, RN, IBCLC
- Diana Cleveland, RN, IBCLC

## Montgomery County

### Jackson Hospital, 334-293-8497

- Liz Owen, RN, IBCLC
- Pam Mathews, RN-MNN, IBCLC

### Baptist Medical Center, South 334-286-2829

- Rebekah Lewis, RN, CLC, IBCLC

### Prenatal Breastfeeding Classes

- Baptist Medical Center East  
334-244-8360
- Liz Owen, RN, IBCLC  
Jackson Hospital  
334-293-8497

### Breast Pump/Supplies

- Jackson Hospital Gift Shop  
334-293-8821
- Baptist East Gift Shop  
334-244-5077

### Postpartum Breastfeeding Support Groups

- Baptist Medical Center East  
334-244-8360

### La Leche League Contacts

- LLL.Montgomery.AL@gmail.com

## Morgan County

### WIC Breastfeeding Counselors 256-560-6574

- Geraldine Remisse, RDN

### Decatur Morgan Hospital 256-341-2966 or 256-341-3455

- Brittney Hood, RN, IBCLC
- Brandi Casteel, RN

### Other Counselors

- Rose Marie Sledd, IBCLC  
256-351-8151
- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### Prenatal Breastfeeding Classes

- Morgan County Health Dept.  
256-560-0611
- Parkway Medical Center Pavilion for  
Women & Children  
256-301-3393 or 256-301-3499
- Decatur General Women's Center  
256-341-2966

### Prenatal Breastfeeding Classes

- Debra Miller, Decatur OB/GYN  
205-353-0178

### Postpartum Breastfeeding Support Groups

- Decatur General Women's Center  
256-341-2966 or 256-341-3435
- Breastfeeding Resource Hotline  
256-341-3435

### La Leche League Contacts

- llofmorgancounty@gmail.com

## Perry County

### WIC Breastfeeding Counselors (Marion) 334-638-6155

- Jane Neill, RDN

### WIC Breastfeeding Counselors (Uniontown) 334-628-6226

- Jane Neill, RDN

## Pickens County

### WIC Breastfeeding Counselors 205-367-8157

- Dorinda Jones, NA
- Sailaja Reddy, RDN

## Pike County

### WIC Breastfeeding Counselors 334-566-2860

- Jody Lee, RDN

### Prenatal Breastfeeding Classes

- Pike County Health Dept.  
334-566-2860

## Randolph County

### WIC Breastfeeding Counselors 334-863-8981

- Jenny Adama, RDN

### Prenatal Breastfeeding Classes



## Russell County

### WIC Breastfeeding Counselors 334-297-0251

- Kourtnei Mitchell, NA

### Russell Medical Center 256-329-7100

- Jennifer Shurette, RN, IBCLC

## Shelby County

### WIC Breastfeeding Counselors 205-685-4197

- Laura Griffin, RDN
- Suzanne Walker, NA
- Juanita Wooley, RDN

### Shelby Baptist Medical Center 205-620-8262

- Vicki Tittle, RN, IBCLC
- Amy Lee, RN,

### Other Counselors 205-543-0529

#### Central Alabama Lactation Services

- Heidi Powell, RN, IBCLC
- Jenny Mizzell, RN, IBCLC

### Prenatal Breastfeeding Classes

- Shelby Baptist Medical Center  
205-620-8844
- Central Alabama Lactation Services  
205-453-0529

### Postpartum Breastfeeding Support Groups

- Brookwood Baptist Medical Center  
205-877-1978

### La Leche League Contacts

## St. Clair County

### WIC Breastfeeding Counselors (Ashville) 205-594-4919

- Jennifer Kujan, RDN

### WIC Breastfeeding Counselors (Pell City) 334-338-3357

- Jennifer Kujan, RDN

### La Leche League Contacts

## Sumter County

### WIC Breastfeeding Counselors 205-652-7972

- Jane Neill, RDN
- Dorinda Jones, NA

## Talladega County

### WIC Breastfeeding Counselors (Sylacauga) 256-249-3807

- Blair Sims, NA

### WIC Breastfeeding Counselors (Talladega) 256-362-2593

- Anna Keith, RDN

### Citizens Baptist Medical Center 256-761-4200

### Prenatal Breastfeeding Classes

- Citizens Baptist Medical Center  
256-761-4200
- Talladega County Health Dept.  
256-362-2593

### Coosa Valley Baptist Medical Center 256-249-5539 or 256-249-5749

- Erica Martin
- Charlotte Hurst, RN

## Tallapoosa County

### **WIC Breastfeeding Counselors (Alex City) 256-329-0531**

- Candelyn Harkins, NA

### **WIC Breastfeeding Counselors (Dadeville) 256-825-9203**

- Canelyn Harkins, NA

## Tuscaloosa County

### **WIC Breastfeeding Counselors 205-562-6900**

- Lee Ann Wagner, RDN
- Sailaja Reddy, RDN

### **WIC Breastfeeding Counselors (Maude Whatley) 205-562-6900**

- Sandy Wilson, NA
- Sailaja Reddy, RDN

### **DCH Regional Medical Center 205-750-5928**

- Patti Kortbawi, RN, IBCLC  
205-750-5971
- Erin Kelly, RN, IBCLC  
205-750-5972
- Heidi Shields, RN, IBCLC  
205-750-5972

### **Northport Medical Center 205-330-3031**

- Jane Abel, RN, IBCLC  
205-330-3036
- Mary McAteer, RN, IBCLC  
205-330-3038
- Michelle Ray, RN, IBCLC  
205-330-3037

### **Mommy and Me-West Alabama Pediatrics 205-752-7337**

- Jerri Carisle, RN, IBCLC
- Kristyn Junkin, RN, IBCLC

## Tuscaloosa County

### **Tuscaloosa Pediatrics 205-333-8222**

- Vickie Lyle, RN, IBCLC

### **Prenatal Breastfeeding Classes**

- Jane Abel, Northport Medical Center  
205-330-3037
- DCH Regional Medical Center  
205-750-5186
- Mommy and Me  
205-752-7337

### **Other Counselors**

- Janise Norman, RN, IBCLC  
205-330-3037

### **Breast Pump/Supplies**

- DCH Home Medical Equipment  
205-330-3177
- Babytalk  
205-333-1594

### **Postpartum Breastfeeding Support Groups**

- Tuscaloosa County Health Dept.  
205-562-6900

### **La Leche League Contact**

- Jessica: 205-410-1934

## Walker County

### **WIC Breastfeeding Counselors** **205-221-9775**

- Leigh Ann Colvin, RDN

### **Walker Baptist Medical Center** **205-387-4858**

- Cathy Bruce RN, IBCLC

### **Other Counselors** **205-543-0529**

Central Alabama Lactation Services

- Heidi Powell, RN, IBCLC
- Jenny Mizzell, RN, IBCLC

### **Prenatal Breastfeeding Classes**

- Central Alabama Lactation Services  
205-543-0529

## Washington County

### **WIC Breastfeeding Counselors** **251-847-2245**

- Megan Moore, RN

### **Breast Pump/Supplies**

- Washington County Health  
Department

## Wilcox County

### **WIC Breastfeeding Counselors** **334-682-4515**

- Shanna Huggins, RN
- Kristy Wilkinson, RN
- Gwen Kennedy, RN

### **Breast Pump/Supplies**

- Wilcox County Health Department

## Winston County

### **WIC Breastfeeding Counselors**

- Jan Baughn, RN **205-489-2101**
- Kendra Whitley, RDN **256-775-8535**

### **Other Counselors**

- Crystal Terry, MA, CLC  
Community Action Partnership of  
North Alabama-Head Start  
256-260-3140 or 256-278-6788

### **Breast Pump/Supplies**

- Winston County Health Department

## DISTRICT NUTRITION DIRECTORS AND COUNTIES

### East Central

**Alisa Champion, RD  
District Nutrition Director 334-293-6483**

<b>Autauga</b>	<b>Lee</b>
<b>Bullock</b>	<b>Macon</b>
<b>Chambers</b>	<b>Montgomery</b>
<b>Chilton</b>	<b>Russell</b>
<b>Elmore</b>	<b>Tallapoosa</b>

### Jefferson

**Natalie Clements, RD, IBCLC  
Nutrition Director 205-930-1482**

### Mobile

**Amanda Arnold, MS, RD  
District Nutrition Director 251-410-5775**

### Northeastern

**Reba Brannan, MPH, RD  
Nutrition Director 205-685-4177**

**Blount  
DeKalb  
Etowah  
Shelby**

**Amy Minish, RD  
Nutrition Director 256-237-7523**

<b>Calhoun</b>	<b>Randolph</b>
<b>Cherokee</b>	<b>St. Clair</b>
<b>Clay</b>	<b>Talladega</b>
<b>Cleburne</b>	

Northern

Jessie Simmons, MS, RD  
Nutrition Director

256-340-2113

Colbert	Limestone
Cullman	Madison
Franklin	Marion
Jackson	Marshall
Lauderdale	Morgan
Lawrence	Winston

Southeastern

Darlene Hicks, MS, RD  
District Nutrition Director

334-393-5541

Barbour	Dale
Butler	Geneva
Coffee	Henry
Covington	Houston
Crenshaw	Pike

Southwestern

Sharon Eiland, RD  
District Nutrition Director

251-947-1645

Baldwin	Escambia
Choctaw	Marengo
Clarke	Monroe
Conecuh	Washington
Dallas	Wilcox
Covington	

West Central

Renee Cole, RD  
Nutrition Director

205-554-4515

Bibb	Perry
Chilton	Pickens
Fayette	Sumter
Greene	Tuscaloosa
Hale	Walker
Lamar	