

INSIGHTS AND PERSPECTIVES:

ADDRESSING DISPARITIES IN CARDIOVASCULAR HEALTH

Satellite Conference and Live Webcast

Tuesday, February 27, 2018, 10:00 a.m.-12:00 p.m. (Central Time)

11:00 a.m.-1:00 p.m. (Eastern) ● 9:00-11:00 a.m. (Mountain) ● 8:00-10:00 a.m. (Pacific)

According to the American Heart Association®, heart disease is the number 1 killer for all Americans, and stroke is also a leading cause of death. The risk of developing these diseases is even higher for African Americans. Hypertension (or high blood pressure) is a significant contributor to cardiovascular disease and is sometimes called the “silent killer” because most of the time there are no obvious symptoms. Join us as Dr. Durant and Dr. Howard from the University of Alabama at Birmingham discuss hypertension including risk factors, associated complications, and related health disparities.

PROGRAM OBJECTIVES:

1. Define hypertension based on systolic or diastolic blood pressure readings.
2. Describe the prevalence of hypertension and the risks of end-organ complications associated with hypertension, with a focus on health disparities.
3. Recognize the risk factors for developing hypertension.
4. Become familiar with clinical evaluation and non-pharmacologic recommendations for the hypertensive patient.
5. Describe the age-specific African American-white disparity in stroke mortality and discuss whether it is attributable to higher incidence versus higher case-fatality in African Americans.
6. Describe how the higher prevalence of risk factors such as hypertension and diabetes in the African American population contribute to higher stroke incidence.
7. Describe the magnitude of which uncontrolled hypertension impacts African Americans and Whites differently.
8. Discuss factors potentially related to higher incidence of hypertension in African Americans.

CONFERENCE DETAILS:

Target Audience: Nurses, Social Workers, Pharmacists, and other health care providers

Continuing Education: Nurses, Social Workers (pending)

***Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphn**

Registration: www.alabamapublichealth.gov/alphn

Technical Information: To receive complete technical information you must register at www.alabamapublichealth.gov/alphn.

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the “test connection link” at www.alabamapublichealth.gov/alphn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials - Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphn@adph.state.al.us

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Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation**

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