

Alabama's Parenting Assistance Line (PAL)

Satellite Conference and Live Webcast

Thursday, March 22, 2012, 10:00 a.m.-12:00 p.m. (Central Time)

11:00 a.m.-1:00 p.m. (Eastern) • 9:00-11:00 a.m. (Mountain) • 8:00-10:00 a.m. (Pacific)

Being a parent is perhaps one of the most rewarding, yet frustrating experiences in life. Children, after all, don't come with instructions, so it's easy to get overwhelmed and stressed when raising a child. Alabama's Parenting Assistance Line (PAL) offers parents, caregivers, and professionals a confidential place to turn to for support and education on a wide range of topics related to parenting. Program faculty will discuss the assistance line, its resources, and explain why the stress relief it provides often strengthens family bonds thus preventing child abuse and neglect.

Program Objectives:

1. Discuss Parenting Assistance Line as a resource for Alabama families.
2. Understand the purpose and scope of PAL.
3. Understand how PAL resources assist and support parents, caregivers, and professionals.
4. Demonstrate family situations, parenting questions and issues, and child development concerns addressed by PAL staff.
5. Discuss how PAL addresses protective factors, relieves stress, prevents child abuse and neglect, and strengthens families.
6. Discuss resources available to PAL callers.

Conference Details:

Target Audience: Nurses, social workers, health educators, parents, nutritionists, counselors, school administrators and counselors, caregivers

Continuing Education: Nurses 1.75 hours, Social Workers 1.75 hours

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation

Faculty:

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Parenting Assistance Line

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The logo for the Parenting Assistance Line (PAL) is written in a large, stylized, handwritten font. The letters 'P', 'a', and 'L' are connected, with the 'a' being lowercase and the 'P' and 'L' being uppercase. The 'L' has a small hook at the bottom.

us on Facebook: **Alabama Public Health Training Network (ALPHTN)**