

# CARDIOVASCULAR RISK REDUCTION IN DIABETES

## Satellite Conference and Live Webcast

Thursday, April 25, 2013, 2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern)-1:00-3:00 p.m. (Mountain)-12:00-2:00 p.m. (Pacific)

*Cardiovascular disease is the leading cause of death and disability in Alabama, and people with diabetes are 2-4 times more likely to die from it. Cardiovascular disease refers to a wide variety of heart and blood vessel diseases, including ischemic heart disease, hypertension, stroke, and rheumatic heart disease. Program faculty will provide information on the importance of lipid management with a focus on daily activities and optimal medication management in reducing disparate outcomes. Faculty will utilize clinical evidence to share the benefits of combination therapy of lipid lowering medication and positive outcomes to clinicians and patients.*

### FACULTY:

**Barbara Bartman, MD, MPH**

Medical Officer

Center for Outcomes and Evidence

Agency for Healthcare Research and Quality (AHRQ)

Rockville, Maryland

**Victoria McGhee, APR**

AHRQ Atlanta Regional Office Lead

Atlanta Regional Partnership Development Office

**LaMont Pack, PA, MPA**

Director

Diabetes Prevention and Control Unit

Alabama Department of Public Health

### PROGRAM OBJECTIVES:

1. Define Comparative Effectiveness Research (CER) and its benefits.
2. Learn about free resources from the Agency for Healthcare Research and Quality (AHRQ) and how to obtain them.
3. Summarize revisions for the 2013 Diabetes Practice Recommendations.
4. Review the latest evidence-based research on the relationship between diabetes and cardiovascular disease.
5. Discuss the implications of the research on achieving optimal glycemic control.
6. Review strategies to reduce the risk of cardiovascular disease in patients with diabetes through management of hypertension, hyperlipidemia, and nutrition.

### CONFERENCE DETAILS:

**Target Audience:** Nurses, Social Workers, Registered Dietitians, Pharmacists, anyone working with Diabetes patients

**Continuing Education:** Nurses 1.75 hours, Social Workers 1.75 hours

*\*Non-ADPH employees are charged a fee to receive CE Certificates.*

*Additional information can be found at [www.adph.org/alphnt](http://www.adph.org/alphnt)*

**Registration:** [www.adph.org/alphnt](http://www.adph.org/alphnt)

**Technical Information:** To receive complete technical information you must register at [www.adph.org/alphnt](http://www.adph.org/alphnt)

**Satellite** - Live satellite conference on C band (analog).

**Webcast** - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at [www.adph.org/alphnt](http://www.adph.org/alphnt)

**Audio** - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

**On Demand** - Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphnt@adph.state.al.us](mailto:alphnt@adph.state.al.us)

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