

WHEN DREAMS BECOME NIGHTMARES: PEDIATRIC NARCOLEPSY

Satellite Conference and Live Webcast

Wednesday, April 25, 2018, 12:00-1:30 p.m. (Central Time)

1:00-2:30 p.m. (Eastern) • 11:00 a.m.-12:30 p.m. (Mountain) • 10:00-11:30 a.m. (Pacific)

Narcolepsy is a sleep disorder characterized by excessive daytime sleepiness, sleep paralysis, and hallucinations when going to or when waking from sleep. Some people with Narcolepsy also have cataplexy, which is a sudden loss of muscle tone or control in the legs, face, trunk, or neck usually in response to emotional stimuli. Patients with narcolepsy have rapid sleep onset, yet their sleep is very fragmented. The age for onset of Narcolepsy symptoms is usually between 10 and 25 years old, but many patients experience a delay of several years between symptom onset and diagnosis, as many providers think of Narcolepsy as a disease which only impacts adults. With timely diagnosis, there are many treatment options to improve quality of life for youth with Narcolepsy. It is essential for there to be a family and professional partnership to arrive at an acceptable plan for treatment.

PRESENTERS:

R. Bradley Troxler, MD

Associate Professor of Pediatrics, University of Alabama at Birmingham
Director, Pediatric Sleep Disorders Center, Children's of Alabama

Heather Thompson

Young Adult affected by Narcolepsy

Lori Thompson, RPh, PharmD

Parent of Young Adult affected by Narcolepsy

PROGRAM OBJECTIVES:

1. Describe the symptoms of Narcolepsy, specifically for the adolescent and young adult age range.
2. Discuss current recommendations for management of Narcolepsy in adolescent and young adult patients.
3. Explain the experience of youth and families living with Narcolepsy.
4. Recognize the importance of family-professional partnership to develop a treatment plan for managing Narcolepsy.



CONFERENCE DETAILS:

Target Audience: Nurses, social workers, health educators, pediatricians, school counselors, school nurses, respiratory therapy staff, and other healthcare professionals and administrators who may provide services to children

Continuing Education: Nurses 1.5 hours and social workers 1.5 hours

Registration: www.alabamapublichealth.gov/alphtn

Technical Information: To receive complete technical information you must register at www.alabamapublichealth.gov/alphtn
Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at www.alabamapublichealth.gov/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us