

SAFE SLEEP - YOU CAN DO IT, WE CAN HELP!

Satellite Conference and Live Webcast

Wednesday, April 30, 2014, 12:00-2:00 p.m. (Central Time)

1:00-3:00 p.m. (Eastern) • 11:00 a.m.-1:00 p.m. (Mountain) • 10:00 a.m.-12:00 p.m. (Pacific)

Infant Mortality remains a difficult problem, especially in the southeastern United States. Recent research and data analysis has shown that a significant number of infant deaths are related to sleep position. The educational and public health efforts regarding infant sleep position that began in the 1990s have been recently revised and updated, resulting the new "Safe to Sleep" campaign. The American Academy of Pediatrics and the National Institute of Child Health and Human Development (NICHD) have issued new recommendations and educational materials to help in this effort. The program presenters will discuss the how infant sleep position can affect sudden unexpected infant death (SUID) during sleep, describe the components of a safe sleep environment, and current medical and public health policies and recommendations related to infant sleep position. Examples of state-specific efforts to implement the Safe to Sleep message will be discussed, as well as common questions that may families and caregivers may have for pediatric health care providers regarding this important issue.

FACULTY:

Mary H. Wagner, MD

Associate Professor of Pediatrics
Director, Pediatric Sleep Program
Co-Director, Sleep Medicine Fellowship Program
Co-Director, Pediatric Pulmonary Center Training Grant
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President-Elect
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PROGRAM OBJECTIVES:

1. List and describe the causes of sudden unexpected infant death (SUID) during sleep.
2. Identify and describe the components of a safe sleep environment.
3. Outline recommended public health policies to reduce the risk of SUID during sleep.
4. Describe the medical/health policies recommended to reduce the risk of SUID during sleep.
5. List examples of state-specific efforts that support safe sleep.



CONFERENCE DETAILS:

Target Audience: Nurses, Nurse Practitioners, Social Workers, Physicians, Pediatricians, Emergency Responders, Staff at Birthing Facilities, Newborn Educators, and others interested in Sudden Unexpected Infant Death Syndrome

Continuing Education: Nurses 2 hours, social workers 2 hours

*Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphtn

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn
Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player.

Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

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