

**Alabama Department of  
Public Health Breast and  
Cervical Cancer Program,  
Family Planning, and WIC**

**Satellite Conference and Live Webcast  
Wednesday, May 18, 2011  
2:00 - 4:00 p.m. Central Time**

**Produced by the Alabama Department of Public Health  
Video Communications and Distance Learning Division**

**Faculty**

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**Alabama Breast and  
Cervical Cancer Early  
Detection Program  
(ABCCEDP)**

**National Program Overview**

- **Established by Centers for Disease Control and Prevention in 1991**
  - **Provides low-income, uninsured, and underserved women access to timely, high-quality screening and diagnostic services, to detect breast and cervical cancer at the earliest stages**

**State Program Overview**

- **Alabama program funded in 1996**
- **Provides free breast and cervical cancer screening to underserved women**
  - **At or below 200% of poverty level**
  - **No insurance or underinsured**

**CDC Core Age Groups:  
Breast Screening**

- **50 - 64 years of age**
  - **75% of funds must serve this age group**
- **40 - 49 years of age**
  - **Permitted, but not possible without private funds**

### **CDC Core Age Groups: Breast Screening**

- Under 40 years of age
  - Permitted if have breast complaint
  - Not possible without private funds

### **CDC Core Age Groups: Cervical Screening**

- 40 - 64 years of age
  - 20% of funds must serve never or rarely screened
    - Rarely screened = not screened in past 5 years
- Under 40 years of age
  - Not possible without private funds

### **Current Eligibility**

- Effective February 7, 2011
- 40 - 64 abnormal clinical breast exam
- 50 - 64 never had mammogram
- 50 - 64 haven't had Pap smear in 5 or more years

### **Breast Screening**

- Clinical breast exams
- Mammograms
- Diagnostic testing if abnormality is found
- Eligible for Medicaid if diagnosed with cancer



### **Cervical Cancer Screening**

- Pelvic exam
- Pap smear
- Diagnostic testing if abnormality is found
- Eligible for Medicaid if diagnosed with pre-invasive or invasive cervical cancer



### **Service Provision**

- County health departments
- Contracts with 400+ providers
  - Primary care providers
  - Gynecologists
  - Radiologists
  - Mammogram facilities
  - Surgeons

### **ABCCEDP Women Served**

- **Since 1996**
  - 76,135 women served
  - 1,416 diagnosed with breast cancer
  - 377 diagnosed with pre-invasive/invasive cervical cancer

### **ABCCEDP Women Served**

- **2010 grant year**
  - 15,531 women served
  - 149 diagnosed with breast cancer
  - 21 diagnosed with pre-invasive/invasive cervical cancer

### **Breast and Cervical Cancer Prevention Treatment Act**

- **2000 Act gave states option to offer women in the NBCCEDP access to treatment through Medicaid**
  - All states and DC approved this option
- **2001 – American Indians and Alaska Natives added as eligible through their service providers**

### **Breast and Cervical Cancer Prevention Treatment Act**

- **2009 – Any woman who meets ABCCEDP criteria and is diagnosed with breast or cervical cancer is eligible for treatment thru Medicaid**

### **ABCCEPD Toll Free Hotline 1 - 877 - 252 - 3324**

### **Alabama Family Planning Program**

- **Established in 1970 by Title X of the Public Health Services Act**
- **Purpose**
  - Provide access to contraceptive supplies and information to all who want and need them with priority to low income persons

### **Alabama Family Planning Program**

- **Mission**
  - Help women and men plan their families, take care of their reproductive health, and prevent unintended pregnancies

### **Alabama's Program**

- Promotes well-being of families, responsible behavior and healthy mothers and babies
- Prevents unintended pregnancy and abortion through education and contraceptive services allowing for personal planning and timing of pregnancies
- Provides services in 88 clinics

### **What Services Are Provided?**

- An array of confidential, preventive health services including:
  - Contraceptive services
  - Physical exams
  - Pregnancy testing and counseling
  - Breast and cervical cancer screening

### **What Services Are Provided?**

- Screening for high blood pressure, anemia and diabetes
- Screening for STDs, including HIV
- Basic infertility services
- Preconception counseling
- Health education
- Adolescent counseling

### **What Services Are Provided?**

- Care coordination for some clients
- Follow-up and referral as needed

### **Who Do We Serve?**

- Men and women of reproductive age
- Services targeted to low income regardless of ability to pay
- 2010 caseload – 105,053
  - 80% at or below 100% FPL
  - 90% say clinics regular source of health care

### **PLAN First**

- **Medicaid FP Waiver**
  - Women age 19 - 55
  - At or below 133% of FPL
  - Must live in Alabama and be a U.S. citizen

### **PLAN First**

- Expanded FP services to include care coordination
- Provides enhanced education/support on appropriate use of chosen birth control method to ensure successful FP

### **Preconception Health**

- Promote health of women throughout their reproductive years
  - Reproductive life planning
  - Goal
    - Improve birth outcomes, ensuring the health of women throughout their lives

### **Preconception Health**

- Marketing Campaign (GAL)
  - Public education program for young women and men
  - Healthy choices early in life for a better future



### **Toll Free Hotlines**

- **PLAN First**
  - 1 - 888 - 737 - 2083
- **Infoconnect**
  - 1 - 800 - 545 - 1098
  - Family Planning
  - GAL

### **Alabama WIC Program**

- Supplemental food and nutrition education program for low income:
  - Pregnant women
  - Postpartum women
  - Breastfeeding women and
  - Infants and children up to age 5

### **Alabama WIC Program**

- **WIC seeks to empower people to make healthy nutritional choices for themselves and their family**

### **WIC Funding**

- **Funded by the US Department of Agriculture (USDA)**
- **100% federally funded program**



### **Qualifications for WIC**

- **Alabama resident**
- **Meet income guidelines**
  - **Medicaid recipient**
  - **SNAP (food stamps)**
  - **TANF**
- **Have a nutritional need**

### **WIC Services**

- **Supplemental nutritious foods such as milk, cereals, juice, cheese, eggs, whole wheat bread, brown rice, peanut butter, fresh fruits, fresh vegetables, infant formulas, and baby foods**
- **Individualized nutrition counseling**
- **Immunization screenings**

### **WIC Services**

- **Referrals for health and social services as needed**

### **WIC and Breastfeeding**

- **Provides support for breastfeeding mothers**
- **Provides breastfeeding supplies**
- **Loans electric breast pumps**
- **Provides single user electric pumps to mothers returning to school or work**

### **Defining Nutritional Need**

- Underweight
- Inadequate growth development
- Overweight
- History of pregnancy complications
- Anemia
- Unhealthy nutritional practices
- Medical conditions
- Inadequate prenatal care

### **WIC Serves Many Working Poor Families in Alabama**

- Approximately 144,000 participants receive WIC foods from 743 authorized grocery stores in Alabama

### **Long-Term Benefits of WIC**

- Fewer premature births
- Fewer low birth weight babies
- Lower fetal and infant death rate

### **WIC Promotes**

- A stronger and healthier Alabama through reduced health care costs
- Children ready to learn
- Productive work force for the future

