

POST TRAUMATIC STRESS DISORDER FOLLOWING ALL HAZARDS DISASTERS

Satellite Conference and Live Webcast

Thursday, June 4, 2015, 10:00-11:30 a.m. (Central Time)
11:00 a.m.-12:30 p.m. (Eastern) ■ 9:00-10:30 a.m. (Mountain) ■ 8:00-9:30 a.m. (Pacific)

Disasters, whether natural, man-made, or technological, all have the potential to affect psychological health. Many effects are common to all types of disaster. However, research findings from specific disasters show that each can also have unique consequences for the mental health of survivors. This program will provide an overview of Post Traumatic Stress Disorder, commonly referred to as PTSD. Program faculty will provide information on the signs and symptoms of PTSD, intervention strategies and treatment options. A personal story will also be shared on how to cope with PTSD following a traumatic event.

FACULTY:

Jennifer Clark, PA-C, MPAS
Life and Wellness Coach
Author

Tera Langston, PhD
Licensed Clinical Psychologist
Albuquerque, NM

CONFERENCE DETAILS

Target Audience: Nurses, Social Workers, Emergency Medical Technicians,
First Responders and others working with patients suffering from PTSD

Continuing Education: Social Workers 1.5 hours

**Non-ADPH employees are charged a fee to receive CE Certificates. Additional information can be found at www.adph.org/alphtn*

Registration: www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn

Satellite - Live satellite conference on C band (analog).

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

On Demand - Available 2-3 business days after the live broadcast from the On Demand page of our website.

Conference Materials: Posted on our website approximately one week before the program for registered participants.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us

The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation

The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners.

PROGRAM OBJECTIVES

1. Identify the signs and symptoms of PTSD and statistics regarding trauma exposure.
2. Describe the criteria for making a PTSD diagnosis and other trauma related disorders.
3. Explain different screening tools and evidence based practices that are used across the life span.
4. Discuss coping strategies from the perspective of a PTSD survivor.

