

# TALKING WITH PARENTS AND CAREGIVERS ABOUT SAFE SLEEP

## Satellite Conference and Live Webcast

Thursday, August 25, 2022, 10:00 a.m.-12:00 p.m. (Central Time)

11:00 a.m.-1:00 p.m. (Eastern) • 9:00 -11:00 a.m. (Mountain) • 8:00-10:00 a.m. (Pacific)

## FACULTY:

### **Deanah Maxwell, M.D.**

Physician Consultant  
Bureau of Family Health Services  
Alabama Department of Public Health

### **Kathryn Pounds, BSN, RN**

Nurse Home Visitor/Nurse Supervisor  
Gift of Life

*This program will describe the prevalence of SIDS in the U.S., causes and risk factors associated with SIDS, and strategies to discuss safe sleep practices with parents and caregivers.*

## PROGRAM OBJECTIVES:

1. Understand the impact of Sudden Infant Death Syndrome (SIDS) in the United States.
2. Understand the pathophysiology of SIDS.
3. Identify risk factors for SIDS.
4. Identify and understand the preventive practices and measures that are more commonly used to prevent SIDS.
5. Identify challenges parents encounter in following safe sleep practices.
6. Discover strategies that promote open discussion around safe sleep practices.
7. Learn ways to assist parents to align their sleep practices with the most current safe sleep practices.

## CONFERENCE DETAILS:

**Target Audience:** Nurses, Social Workers, Care Coordinators, Pediatricians, Health Educators, Community Health Workers

**Continuing Education:** Nurses and Social Workers (pending)

*\*Non-ADPH employees are charged a fee to receive CE Certificates.*

**Registration:** [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn)

**Technical Information:** To receive complete technical information you must register at [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn)

**Webcast -** Watch with RealPlayer or Windows Media Player. Also available on Youtube and Facebook Live.

Test your computer with the "test connection link" at [www.alabamapublichealth.gov/alphtn](http://www.alabamapublichealth.gov/alphtn)

**Audio -** To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #. Press # again to listen to the conference.

**On Demand -** Available 2-3 business days after the live broadcast from the On Demand page of our website.

**Conference Materials:** Posted on our website approximately one week before the program for registered participants.

**Conference Details Questions:** Call: 334-206-5618 | Email: [alphtn@adph.state.al.us](mailto:alphtn@adph.state.al.us)



*\*The Alabama Department of Public Health is an approved provider of continuing nursing education by the Alabama State Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. \**

*\*The Alabama Department of Public Health is an approved provider of continuing social work education by the Alabama Board of Social Work Examiners. \**