

TREATMENT OF RESISTANT HYPERTENSION IN THE AFRICAN-AMERICAN POPULATION

Satellite Conference and Live Webcast

Thursday, October 20, 2011 9:00-10:00 a.m. (Central Time)
10:00-11:00 a.m. (Eastern) • 8:00-9:00 a.m. (Mountain) • 7:00-8:00 a.m. (Pacific)

Resistant hypertension occurs when blood pressure levels fail to meet their target range despite a patient's compliance in a treatment regimen. Some medical studies show African-American patients with hypertension have been regularly characterized as a difficult to treat population. Many speculate this is because African-Americans possess many individual co-morbidities, like obesity and diabetes, linked to drug resistance which prohibits hypertension control. Program faculty will discuss ways to effectively manage resistant hypertension in this particular population.

PROGRAM OBJECTIVES

1. Identify patients with resistant hypertension and secondary causes which contribute to elevations in blood pressure.
2. Describe medications most effective per evidence-based guidelines for the treatment of resistant hypertension.
3. Discuss the importance of patient education using culturally sensitive, appropriate communication.

FACULTY

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CONFERENCE DETAILS

Target Audience: Physicians, Alabama Department of Public Health nurse practitioners, nurses

Continuing Education: Nurses, Social Workers (pending)

Registration: Available at www.adph.org/alphtn

Technical Information: To receive complete technical information you must register at www.adph.org/alphtn.

Satellite - Live satellite conference on C band (analog)

Webcast - Watch with RealPlayer or Windows Media Player. Test your computer with the "test connection link" at www.adph.org/alphtn

Audio - To listen by phone, call 1-888-557-8511. Enter access code 972-1530 #.

Press # again to listen to the conference.

On Demand - Available on our website two days after live broadcast.

Conference Materials: Available at www.adph.org/alphtn approximately one week before the program.

Conference Details Questions: Call: 334-206-5618 | Email: alphtn@adph.state.al.us