

Maximizing Breastfeeding Outcomes in the Outpatient Setting  
Update for ADPH Nurse Practitioners  
Social Work CEU Quiz  
December 17, 2014  
(Select only the one best answer)

1. The AAP Ten Steps to Support Parent' Choice to Breastfeed Their Baby includes:
  - A) Make a commitment to the importance of breastfeeding
  - B) Train all staff in skills necessary to support breastfeeding
  - C) Assess infants during early follow-up visits
  - D) Communicate support for breastfeeding in the office
  - E) All of the above
2. Mothers are more likely to choose breastfeeding if their healthcare provider recommends breastfeeding:
  - A) True
  - B) False
3. The breast anatomy includes a grape-like clusters of tissue that secrete milk called the \_\_\_\_\_:
  - A) Milk Duct
  - B) Areola
  - C) Alveoli cells
4. Breast size does have an effect on the amount o milk and the quality of milk a woman makes:
  - A) True
  - B) False
5. 50% of breast feeding babies have been given formula by \_\_\_\_\_ weeks:
  - A) 6
  - B) 10
  - C) 20

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_ Email: \_\_\_\_\_