

**Building a Team to  
Convert Dreams  
to Reality**

**Faculty**

**Judy Barclay**  
Founder / Author  
Full Life Ahead Foundation of H.O.P.E.  
(Helping Other People Envision)

*“Action without vision  
is a nightmare . . .*

*Vision without action  
is a daydream.”*

– Full Life Ahead

**Building a Team to Convert  
Dreams to Reality**

- Helping Other People Envision  
(H.O.P.E. Team)
  - Hope
    - Helping other people envision
  - Dreams
    - Determined to discover

**Building a Team to Convert  
Dreams to Reality**

- Community
  - Involving others to help
- Plan
  - Prepare the BIG picture
- Action
  - Activate first step

**Attend a Full Life Ahead  
Weekend of Hope**

- How do you get started?

### **Portfolio by: Josh**

- Josh Echols
- Lives in Birmingham, Alabama

### **Skills, Talents, and Abilities**

- What I do well
  - Interact with customers
- What I love to do
  - Worship the Lord in Church
  - Interact with people

### **Skills, Talents, and Abilities**

- What people tell me I am good at
  - Meeting people and encouraging others
- Places I have been
  - I haven't really traveled that much outside of North Alabama

### **Employment Objective**

- What is it that you want to do or have?
  - I want to get a new computer
  - I want to get better and better at my job and keep getting promotions at the VA Hospital

### **Work Experiences**

- Places you have worked
  - I started work at Publix as a Greeter
  - I now work at the VA Hospital

### **Work Experiences**

- Job duties
  - Today, I help Veterans find their way around the hospital
  - I also teach them how to use the computer programs and am picking up new tasks regularly

### **Work Experiences**

- **How long you have worked there?**
  - About 4 years
- **Any awards or recognition you received while working?**
  - Multiple pay raises,  
AL-APSE Employee of the Year

### **Education**

- **Attended Hayden High School**
- **Studied computer technology as well as music and choir**
- **Volunteer Counselor Assistant and Library Assistant**
- **No extracurricular activities**

### **Education**

- **Graduated May 26, 2005 with a regular high school diploma**

### **Hobbies and Interests**

- **Sports**
  - I learned how to swim and love it!
- **Community activities**
  - Acting, singing, drama
- **Church activities**
  - Sing in the choir, assist the pastor (he's my dad)

### **Hobbies and Interests**

- **Leadership opportunities**
  - None at this time
- **Driving**
  - I want to learn
- **Computer activities**
  - Improve technology skills

### **References**

- **Teachers**
  - Karron Standridge, Brian Kirk, Jeremy Penny, Cindy Seaver
- **Pastors**
  - Rev. Ron Echols
- **Employers**
  - Dawon Zielinski at Publix

### **References**

- **Scout Leaders**
  - None at this time
- **Friends and References**
  - Frances Duggins, Dawon Zielinski, and Jeff Lawson

### **H.O.P.E. Meeting #1**

- **Objective**
  - To identify areas of interest that Josh needed additional help to accomplish them

### **Josh's Results H.O.P.E. Meeting #1**

- **Seeking an employment opportunity that would be more meaningful and could provide benefits**
- **A greater independence in personal care was desirable**
  - Shower in the home was not accessible

### **Josh's Results H.O.P.E. Meeting #1**

- **Needed a way to increase response time (reflexes), in order to pass the driver's license test**

### **Outcomes from First Meeting**

- **Shower was completely renovated and a new shower was installed to give total accessibility for Josh's independence**
- **Following the first meeting, Josh decided to pursue employment that would be more in line with HIS goals**

### **Outcomes from First Meeting**

- **He is now working full time at the Veterans Administration Hospital**
  - His supervisor told us that "there is NO job or position that Josh could NOT DO. . . if he so desires!"

### **Outcomes**

- A teacher from Oneonta High School offered the use of an adaptive golf cart with hand controls for Josh to practice driving
- Another person invited a friend with an adaptive van to attend the next meeting so Josh could see the “how-to’s” of driving an accessible van

### **Outcomes**

- Swimming at Lakeshore Foundation was also suggested to increase coordination and strength

### **What’s He Up To Now?**

- In February Josh was unable to attend the Full Life Ahead weekend because he began working full-time and was unable to get off work!

### **HOPE**

- Allow your children / clients to pursue their dreams
- As caring people, we should help others in pursuing their hopes and dreams

### **David**

- Engineer
- College degree
- Elected Baldwin County Board member
- Married
- Hobbies: cars

### **Results of Full Life Ahead HOPE Planning**

### **Life-long Dream**

- **Jurdy has always wanted to build her own accessible log cabin**
- **Sometimes we just have to think “outside the box”**

### **H.O.P.E. Points**

- **Sometimes the best solutions are those that others may think are out of the ordinary**
- **Un-ordinary can become extraordinary**
- **Out of the box ideas can sometimes be the most powerful solutions!**