

Supplemental Reference Documents

Report – Challenges and Successes in Implementing the Chronic Disease Self-Management Program

This report summarizes the results of five telefocus groups conducted to assess the experiences of Mater Trainers in implementing the CDSMP for the national aging network. The study is part of a larger initiative by the Administration on Aging (AoA) to encourage implementation of evidence-based prevention programs in the aging network. The objectives of this qualitative research study were to assess the opportunities and barriers in implementing the program in a community setting; identify the benefits of the program to those involved; define implementation barriers and how to overcome them; and define the policy implications in terms of making this program and other evidence-based programs more widely available on a national level through community aging service providers.

<http://www.healthyagingprograms.com/resources/CDSMPFinalReport.pdf>

Partners on the PATH: Replication Report

This report was written as part of AoA Evidence-Based Prevention Initiative. This Replication Report is intended to provide other community agencies with a brief overview of the steps they can take to adopt an evidence-based program using your tools and products, and drawing upon the lessons you learned throughout your implementation process.

<http://www.healthyagingprograms.com/resources/PATH%20Replication%20Report.pdf>

Florida CDSMP Practice Guidelines

The Practice Guidelines were developed by the Florida Department of Health, Bureau of Chronic Disease Prevention and Health Promotion, Arthritis Prevention and Education Program. The guidelines steps to offering the Chronic Disease Self-Management Program in your community. There is information on training, recruiting, and sample forms.