

## **State of Alabama Independent Living (SAIL) Services**

**Satellite Conference and Live Webcast  
Thursday September 20, 2007  
2:00 - 4:00 p.m. (Central Time)**

**Produced by the Alabama Department of Public Health  
Video Communications and Distance Learning Division**

## **Faculty**

**Karen Coffey**  
Coordinator

State of Alabama Independent Living Program  
Alabama Department of Rehabilitation Services

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Regional Coordinator

Ticket To Work (Medicaid Infrastructure Grant)  
Alabama Department of Rehabilitation Services

**Joseph Lambert**

Senior Benefits Planning

Work Incentives Coordinator

Alabama Department of Rehabilitation Services

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Social Security Disability Programs Specialist  
Alabama Department of Rehabilitation Services

## **SAIL Services Homebound Program**

- **Purpose**
  - To enable individuals with severe traumatic brain injury and/or quadriplegia due to spinal cord injury to remain in their own homes

## **Funding**

- **100% State Funding (General Fund/Special Education Trust Fund)**
- **Additional funding through Alabama Impaired Driver's Trust Fund**
- **Level funding since 1984**
- **Approximately 700 participants served yearly**

## **SAIL Homebound Staff**

- **Staff in seven regional offices include**
  - **Rehabilitation Counselor**
  - **Registered Nurse**
  - **Administrative Assistant**

## **Referral Process**

- **Referrals can be made directly to counselor or nurse by telephone, memo, or letter**

### **Eligibility Criteria**

- Individual has a significant medical disability, and
- Resides in their own home, and
- Is dependent on others for the following activities of daily life
  - Bowel and/or bladder
  - Feeding self
  - Preparing all meals
  - Checking for skin integrity
  - Bathing self
  - Dressing self
  - Taking medications
  - Transferring from bed to chair

### **Eligibility Criteria**

- 16 years of age or older
- Has insufficient income/resources to meet the cost of SAIL Homebound services, and
- Is under the care of a responsible person who is free for employment, and
- Would require institutionalization without SAIL Homebound, and
- Is a resident of the state of Alabama

**SAIL Homebound is not an entitlement program**

**Services are based on need and availability of funds**

### **Services**

- Guidance and counseling
- Skilled nursing management
- Limited attendant care
- Medical equipment
- Medical supplies
- Medication
- Limited home modifications for accessibility

### **SAIL Services Medicaid Waiver Program**

- Purpose
  - To provide services which allow severely disabled individuals to remain in their home and community instead of residing in a long- term care facility

### **Funding**

- State funds are expended with 70% reimbursement from the *Alabama Medicaid Agency*

### **Staffing**

- **Rehabilitation Counselors and Registered Nurses are certified Case Managers for the SAIL Waiver program and are located in the seven regional offices**

### **Eligibility Criteria**

- **18 years of age or older**
- **Resident of the State of Alabama**
- **Onset of Medical condition must be prior to age 60 (and not associated with aging)**
- **Medically eligible as determined by medicaid**

### **Eligibility Criteria**

- **Financially eligible as determined by Medicaid**
- **Restricted in activities of daily living**
- **Final SAIL Waiver eligibility is determined by the Alabama Medicaid Agency**

### **Referral Process**

- **Referrals can be made directly to case managers by telephone, memo, or letter.**

### **Services**

- **Case management**
- **Personal care (a limited amount)**
- **Medical Supplies (a limited amount)**
- **Assistive Technology (a lifetime cap)**
- **Environmental Accessibility Adaptation (a lifetime cap)**
- **Personal Emergency Response System (PERS)**
- **Personal Assistant Services**

### **SAIL Services Independent Living Support Program**

- **PURPOSE**
  - **A federally funded program designed to assist eligible individuals with severe disabilities in living as independently as possible**

### **Funding**

- **100% Federal Funds**
- **Is NOT FUNDED through the *Impaired Driver's Trust Fund***

### **Staffing**

- **Independent Living Specialists are located in the seven regional offices**

### **Eligibility Criteria**

- **Evidence of a severe disability**
  - not limited to TBI/SCI
- **Limited in their ability to live independently**
- **Expected to improve their ability to live independently following provision of services**

### **Referrals**

- **Referrals can be made directly to the independent living specialist. A referral form is available through the independent living specialist**

### **Services Provided**

- **Advocacy**
- **Information and Referral**
- **Peer Support**
- **Independent Living Skills Training**

### **Olmstead Decision 1999**

- **On June 22, 1999, the United States Supreme Court held in *Olmstead v. L.C.* that the unnecessary segregation of individuals with disabilities in institutions may constitute discrimination based on disability**

### **Olmstead Decision 1999**

- The court ruled that the Americans with Disabilities Act may require states to provide community-based services rather than institutional placements for individuals with disabilities

### **Olmstead Decision 1999**

- In a 6-3 opinion written by Justice Ruth Bader Ginsburg, the court affirmed a ruling by the United States Court of Appeals for the Eleventh Circuit, saying that, “Unjustified isolation of individuals with disabilities is properly regarded as discrimination based on disability.”

### **Grants**

- Maximizing Opportunities for Customized Competitive Employment (MOCCE) – U.S. DOL
- Ticket to Work/ Medicaid Infrastructure Grant – CMS
- Alabama Customized Employment Grant – U.S. DOL

### **MOCCE**

- Barriers
  - Fear of losing benefits
  - Disability too severe
  - Need for retraining
  - Transportation
  - Lack of jobs in rural areas
  - Disability related health issues

### **Upcoming Programs**

**Family Planning Protocol:  
Updates and Changes  
Monday, September 24, 2007  
2:00 - 4:00 p.m. (Central Time)**

**Workplace Violence  
Friday, September 28, 2007  
9:00-11:00 a.m. (Central Time)**

### **Upcoming Programs**

**Short Term Birth Interval: Counseling  
Family Planning Patients  
Thursday October 4, 2007  
2:00 - 4:00 p.m. (Central Time)**

**Mosquito Abatement in Louisiana  
Post Katrina and Rita  
Thursday October 11, 2007  
12:00 -1:30 p.m. (Central Time)**