

# PLAN FIRST

For Family Planning

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## PLAN FIRST IS AN ALABAMA MEDICAID PROGRAM

- Also known as 1115 Family Planning Waiver.
- The waiver allowed...
  - Addition of the care coordination component
  - Extended FP eligibility to women 19-55 and men 21 and older
- The goal was to:
  - Decrease unintended pregnancies
  - Improve access to FP services
  - Reduce Medicaid costs
  - Utilize care coordination

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## METHOD MANAGEMENT



The management of the birth control method is directed by the Nurse Practitioner and the Collaborating Physician.

Under LIMITED circumstances, the Clinic RN is allowed to provide contraception supplies.

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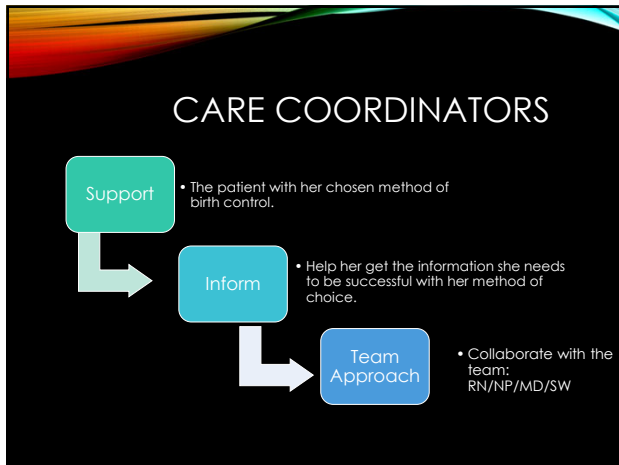
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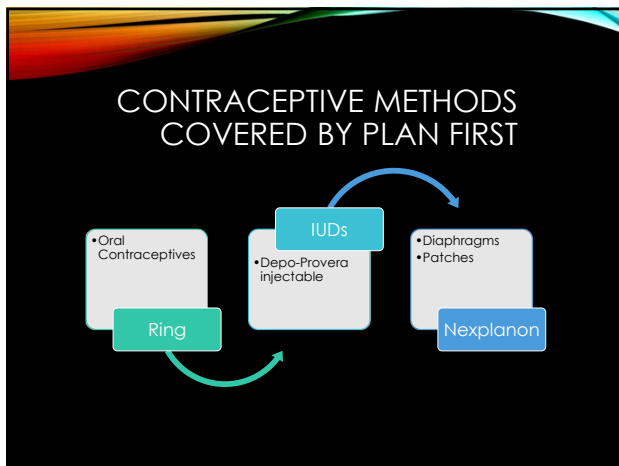
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## YOU NEED TO KNOW ABOUT STERILIZATION PROCEDURES...

Referral provider  
does not need to  
be enrolled in Plan  
First

Counseling Services  
will be performed  
by MD, NP, RN

Once Sterilized,  
patient will be  
terminated from the  
program

Reversal is NOT  
covered

The Consent form  
MUST be signed at  
least 30 days before  
the procedure

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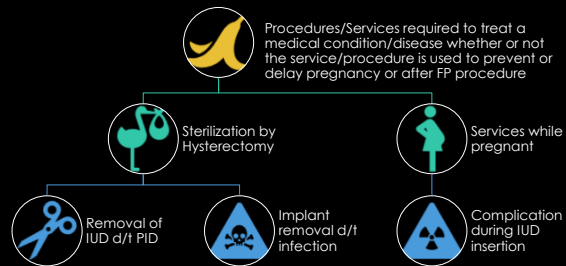
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## SERVICES NOT COVERED AS FAMILY PLANNING BY PLAN FIRST...



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## SERVICES NOT COVERED AS FAMILY PLANNING BY PLAN FIRST

- Colposcopy/Biopsy of the Cervix
- Ovary Removal d/t Tumors
- Mammograms/Breast exam for masses

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