# Asthma RPM Program

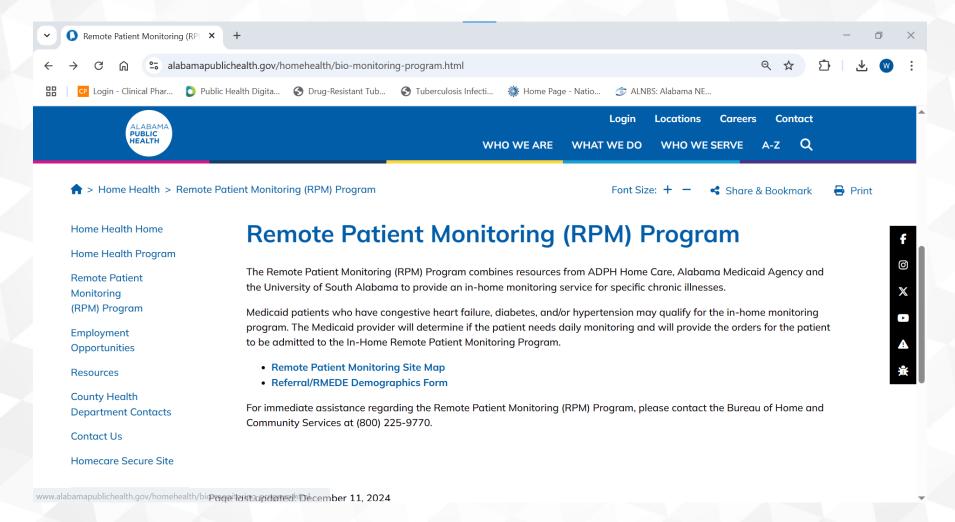Wes Stubblefield, MD, MPH, FAAP

# Remote Patient Monitoring (RPM)

- Monitoring certain chronic diseases from a patient's home
  - Congestive heart failure
  - Diabetes
  - High blood pressure
  - Gestational diabetes
  - COPD
  - Obesity
  - **Pediatric asthma**

# Who is eligible?

- Patients must be covered by Alabama Medicaid
  - Full Medicaid only, no secondary insurance

# ADPH RPM Home

# Referral process

- Referrals:
  - Medicaid provider
    - Referral form (RMEDE)
  - Usually faxed to local RPM office
  - Can be emailed if encryption can be ensured due to PHI



alabama**publichealth**.gov

# Referral process

- Self-referral
- Family members
  - (800) 225-9770

# Monitoring Site Map

## ADPH Remote Patient-Monitoring Sites 2024

**Decatur Remote Site**
256-301-6720
3821 Highway South
Decatur, AL 35603

**Dothan Remote Site**
334-678-2805
1781 E. Cottonwood Road
Dothan, AL 36301

**Gadsden Remote Site**
256-439-2587
709 E. Broad Street
Gadsden, AL 35903

**Linden Remote Site**
334-295-2432
303 Industrial Drive
Linden, AL 36748

**Prattville Remote Site**
334-358-2354
219 North Court Street
Prattville, AL 36066

**Sheffield Remote Site**
256-383-1234
1000 S. Jackson Highway
Sheffield, AL 35660

**Sylacauga Remote Site**
256-207-3710
311 N. Elm Avenue
Sylacauga, AL 35150

**Tuscaloosa Remote Site**
205-554-4520
2350 Hargrove Road E.
Tuscaloosa, AL 35405



**REMOTE PATIENT-MONITORING SITES**
- Remote Site
- Contiguous County
- No Services Offered

# Next Steps

- Provider must agree to participate
  - Providers set the custom parameters appropriate to the patient
- Family/patient must also agree to participate

# Assessment

- Initial evaluation is face-to-face with an ADPH RPM nurse
  - Provide education and instruction
- If certain criteria are met, an ACHN care manager may be assigned as well
- Subsequent face-to-face visits with RPM are only mandatory at yearly check-ins
  - Sooner if needed
- No specific equipment is needed
  - RPM may assist with patient/family needs

# Monitoring

- Patient/family inputs information either into the IVR (interactive voice response) or via app directly into RMEDE
  - Real Time Medical Electronic Data Exchange (USA)
  - App (iPhone/Android)

- If a present threshold is violated, an alert is created
  - Notifies RPM nurse to connect with the patient

# Monitoring

- Periodic graph reports of patient data are sent to the provider monthly for ongoing patient improvement tracking.

# Success stories

# Questions?