



## **Virtual Young Teen Asthma & Wellness Camp**

**Join us for Summer 2026! All-virtual model and  
Leader-in-Training session for older teens!**

In partnership with the *Asthma & Allergy Foundation of America (AAFA/HEAL)*, the Virtual YTA&WC helps teens ages 11-15 learn how to better manage their asthma and incorporate healthy habits into their daily lives. Our program makes asthma education fun through the use of games, music from *Asthma Blues®*, cooking, crafts, technology, and more. Thanks to our generous supporters, **campers participate at no cost** to their families. Leaders in Training (High School Students) may earn stipends. Camp dates (tentative): **Virtual Camp: June 22-26, 2026.**

**Leader-In-Training Virtual Orientation (high school age leaders) Monday June 1**

Website [www.youngteenasthma.org](http://www.youngteenasthma.org) and [www.AlabamaAsthmaAmbassadors.org](http://www.AlabamaAsthmaAmbassadors.org)  
Interested? Complete the link or scan the QR code or email Dr. Ellen Buckner at

[ebbuckner@gmail.com](mailto:ebbuckner@gmail.com)

<https://www.surveymonkey.com/r/YTAWC2026>

