

Obesity Task Force Meeting Agenda
Wednesday, May 12, 2010
AL Power Company WaterCourse Building
Clanton, AL

1. Welcome and Introductions and updates

Bonnie Spear

a. We are very pleased that the Birmingham YMCA will be included in the next round of community based implementation of the Diabetes Prevention Project. This CDC funding also allows the YMCA to reach out to the DPCP state representatives. Contact Lisa Jones at Birmingham YMCA for more details (lisajones@mcabhm.org)

b. Robert Wood Johnson's (RWJ) Active Living Research: Building Evidence to Prevention Childhood Obesity Grant announcement was shared. The letter of intent is due July 1, 2011. This program supports research to inform policy and environmental strategies for increasing physical activity amount children and adolescents. <http://www.rwjf.org>

c. Michael Jackson had shoulder surgery and will be out of touch for a while.

d. The CDC publication, "Recommendations for Improving Health through Transportation Policy" is now available. It gives specific recommendations for including public health issues with transportation issues. The full report is at: www.cdc.gov/transportation.

e. The White House released their Childhood Obesity Task Force report: *Solving the Problem of Childhood Obesity within a Generation*. The report is available at www.LetsMove.gov.

f. A recent publication shows state obesity prevalence data. To read the article, search: Singh GK, Kogan MD, vanDyke PC. Changes in State-Specific childhood Obesity and overweight prevalence in the US: 2003-2007. Arch ped adol med.

2. BITE grant

Choona Lang

Building Health Christian Communities: Relay for Health and Wellness was one of the recipients of OTF Bite grants. (The OTF selected the communities to receive this grant from the National Chronic Disease Directors.) Ms. Lang provided an overview of their activities and provided copies of the training manual. The manual covers how to

plan, implement, and evaluate programs to be successful in faith based health and wellness programs. They started in a local community (Montgomery) and expanded into neighboring communities/ counties. The OTF is very pleased with the progress they have made with the small funding source. More details on all of the BITE Grants will be posted on the OTF web page soon.

3. Alabama Statewide Comprehensive Outdoor Recreation Plan

Tracy Delaney from the South Central Alabama Development Commission presented an overview of the Alabama State Trail Plan Summary. She provided information on the resident assessment and utilization of trails in Alabama as well as an overview of trails for use by people in Alabama. She explained the Alabama Statewide Comprehensive Outdoor Recreation Plan which provides outdoor recreation priorities and survey results from Alabama residents. The agency is working to develop a web site where all of this information would be housed, so people could have easy access at finding things to do locally. Of interest to most people at the meeting was that the second highest interest of Alabamians was to visit historical sites. She provided a summary of both reports.

4. Jefferson ARRA grant update Teri Chafin, DMD

Dr. Chafin provided an overview of how the RWJ and CDC funding sources are being used in Jefferson County to reducing obesity and smoking. Dr. Chafin provided a presentation of all the different components of their intervention. There are 34 municipalities and 12 school systems involved in addition to many organizations. Several of assessments could be used in other communities, and have statewide implications. We look forward to the Jeff Co team providing technical assistance to other communities in the state to implement similar activities.

5. Student Committee Discussion Heather Whitley

Dr. Whitley presented the letter to be sent to faculty about recruiting students as members of the OTF. The Task Force members agreed we would need to give direction and serve as mentors to the students and faculty to ensure the group is meeting the TF needs, and that the students get a good experience from the involvement.

6. Committee Priorities

Bonnie reviewed the outcome of the online assessment of priorities. The ppt presentation is attached to the minutes. A discussion followed on the activities that the OTF could begin to address.

- a. The group encouraged a county survey to provide information about the public health and medical community. A suggestion was

to begin with one county and then develop a prototype for other (including students) that we could gradually work on this. This would become a resource guide. This was deferred to the OTF board for further discussion.

- b. A suggestion for an annual webinar to promote worksite wellness would help give worksites the opportunity to learn from others. Currently there does not seem to be one lead organization to help coordinate/ share all the worksite wellness efforts.
- c. A request to develop a worksite wellness resource was made. This resource could serve as basic information on what needs to be included when addressing a wellness program. (There are manuals for cost available currently.)
- d. To revisit/ review and update if needed the anthropometric guidelines on the OTF page and better publicize them recommendation was made.
- e. The OTF members felt the Task Force should advocate for a central a collection system for heights and weights. (This will be discussed with Dept of Ed and the quality PE policy.)
- f. A request to develop handouts on how to have healthy vending at the worksite was made. This would include reviewing the school publication that has recently been updated by Action for Healthy Kids.

With no further discussion, the meeting was adjourned