

State Obesity Task Force (OTF) Minutes  
December 18, 2008  
AL Power Company WaterCourse Office  
Clanton, AL

Mim Gaines welcomed members. The summary of events describing approaches used by members of the Obesity Task Force in addressing children's obesity was reviewed. A handout was provided listing accomplishments.

The NPA Division was awarded the BITE grant from Chronic Disease Directors. An application will be emailed to partners. Coral Gubler, Penny Edwards, Alice Brumbach, Molly Pettyjohn, Jessica Hardy, and Clarrissa McIntosh volunteered to serve as the review committee selecting the 5 communities to receive the \$3000 dollar award.

Al Keith provided an overview of the Music Therapy Program designed to teach asthma management. For more information on "Asthma Blues"© and Al's music healing program go to "<http://www.ctkclinical.com/>".

Tony D'Apice and Sally Palmer introduced Mimi Mouse. Channing Bete customized materials for the "Get 10", emergency preparedness public education program. Mimi Mouse (great Disney World designed costume) is housed at ADPH. Mimi is available, at no charge, to visit schools or other community type programs for small children. Mimi is going to work with us in eating better. Sally Palmer requested Task Force members to share ideas on revisions to the materials. Go to <http://store.channingbete.com/onlinestore/storeitem.html?vid=20050104004&iid=176084&icode=84306&item=Mimi+Mouse+Learns+Healthy+Habits!+DVD> to see the existing program. Contact Sally Palmer at the Health Department at 334-206-5300 for any comments or desire to help with this project.

John Plaster provided information on the work accomplished through the Rural Studios in Greensboro, AL. John and his team are looking for partners as they update, add to, and renovate an entire community park area. Members expressed much interest in the work and were interested in updates.

Michael Jackson provided a leadership skills training for the OTF members by providing advocacy tips.

Mim Gaines led the group discussion on the comments from the Southern Obesity Summit. A handout with the summary of comments was provided. As a result, the following OTF members agreed to review the current structure and goals set: Lynne Zaris, Mark Trippel, AL Keith, Molly Killman, Myrtle Goore, and Michael Jackson.

**IF YOU ARE INTERESTED IN PARTICIPATING ON THIS COMMITTEE OR WOULD LIKE TO PROVIDE COMMENTS, PLEASE CONTACT MICHAEL JACKSON OR MARK TRIPPLE.**

This will be done between January and February 2009. This committee will present its recommendations to the entire Task Force at the February meeting. This time will give the committee time to review the plan - recognizing its strengths and weaknesses- and move forward. This restructure can/ will/ should include new leadership roles as well.

Committee Updates:

**DATA:** Dr. Linda Knol, OTF Data Committee, met with Stuart Lockwood and a dentist at Jefferson County Health Department. The Jefferson County staff are working on a repeat dental screening that includes height and weight of all kindergarten and 3rd grade children in Jefferson County. They are interested in partnerships with OTF. Dr. Knol suggested that they continue to share their data with the taskforce through Richard Sinsky.

Dr. Knol met with the Dean of Nursing Research at Alabama. He is talking with Auburn about how the data for the governor's KidCheck Program can be store housed and disseminated. There may be potential for additional data for the OTF. Dr. Knol will follow up with this possibility. Bibb County was the first and they now have more than 10 years of obesity data.

Youth and Family:

Community:

Medical:

Advocay: